



**STATISTICAL PRESS NOTICE  
MENTAL HEALTH COMMUNITY TEAMS ACTIVITY DATA  
2015-16 Q1**

The following statistics were published today by NHS England:

Quarterly Mental Health Community Teams Activity data for 2015-16 Quarter 1.

**The main findings for 2015-16 Quarter 1 were:**

- Early Intervention (EI) teams served 2,599 new cases of psychosis from April 2015 to June 2015.
- 97.0% of patients under adult mental illness specialties on Care Programme Approach (CPA) were followed up within 7 days of discharge from psychiatric inpatient care.
- 96.3% of admissions to psychiatric inpatient wards were gate kept by Crisis Resolution Home Treatment (CRHT) teams.
- Detailed reports with information by provider and commissioner can be found via the following link:

<http://www.england.nhs.uk/statistics/mental-health-community-teams-activity/>

## **Notes to Editors**

### **1. New cases of psychosis served by Early Intervention (EI) teams**

Early Intervention teams engage with people with a first episode of psychosis over a three-year period. The plan is to engage with 7,500 new people yearly and treat them over a period of up to three years.

### **2. Patients under adult mental illness specialties on Care Programme Approach (CPA)**

People cared for by specialist mental health teams are likely to be monitored under the Care Programme Approach (CPA). Patients on CPA usually have multiple needs and require care coordination which is usually managed by a care plan. All patients on CPA discharged from psychiatric inpatient care are to be followed up either by face to face contact or by phone within 7 days of discharge to reduce risk of suicide and social exclusion and improve care pathways. The national threshold is to follow up 95% of patients within 7 days.

### **3. Admissions to psychiatric inpatient wards gate kept by Crisis Resolution Home Treatment (CRHT) teams.**

Crisis Resolution Home Treatment (CRHT) teams offer intensive short-term support for people in mental health crisis in their own home, or suitable alternative non-NHS setting, thereby avoiding hospital admissions. All admissions to psychiatric inpatient wards are gate kept by a CRHT team by assessing the service user before admission and by being involved in all requests for admission. The national threshold is to gate keep 95% of all admissions to psychiatric inpatient wards.

### **4. Provider and Commissioner data**

Commissioner based returns reflect data on a responsible population basis, which is defined as:

- all those patients resident within the CCG boundary; plus
- all patients registered with GPs who are members of the CCG, but are resident in another CCG; minus
- All patients resident in the CCG, but registered with a GP who is a member of another CCG

Provider based returns cover patients for whom English commissioners are responsible.

### **5. Feedback Welcome**

We welcome feedback on the content and presentation of Mental Health Community Teams Activity statistics within this Statistical Press Notice and those published on the NHS England website. Please email any comments on this, or any other issues regarding the Mental Health Community Teams Activity data and statistics, to: [unify2@dh.gsi.gov.uk](mailto:unify2@dh.gsi.gov.uk)

## **Additional Information**

For press enquiries please contact the NHS England media team on 0113 825 0958 or 0113 825 0959.

Email enquiries should be directed to: [nhsengland.media@nhs.net](mailto:nhsengland.media@nhs.net)

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