

# My Healthcare Passport

Date Completed   
Date Reviewed



East Kent Hospitals Charity

People who care for my health please read

# Guide notes for using the passport:

This Passport has been designed for use with people with learning disabilities in hospital, but can be used for other people and other situations.

The use of the passport is important for identifying possible problems quickly.

In Hospital it should be given to patients when they come into A&E, pre-assessments and outpatients by hospital staff.

Patient and Carers should complete the passport and share the information with the health professional.

This information can then be shared with each health professional in the Hospital.

There are many other hospital passports which East Kent Hospitals will accept.

We are testing this passport and would like your feedback. Have you used it? What was good about it? What would you change about it? Ring Daniel Marsden on [07786171008](tel:07786171008) email [daniel.marsden@nhs.net](mailto:daniel.marsden@nhs.net)

To download a new copy, go to [www.ekhft.nhs.uk/learningdisabilities](http://www.ekhft.nhs.uk/learningdisabilities)

## **Further patient information leaflets**

In addition to this leaflet, East Kent Hospitals has a wide variety of other patient information leaflets covering conditions, services, and clinical procedures carried out by the Trust. For a full listing please go to [www.ekhft.nhs.uk/patientinformation](http://www.ekhft.nhs.uk/patientinformation). Or contact a member of staff.


# My Information



Attach photo here

<b>Name</b>	
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<b>I like to be called</b>	
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 <b>Date of Birth</b>	
--	--

 <b>Address</b>	
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<b>Mental capacity assessment?</b>	
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<b>NHS Number</b>	
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<b>Social Services Number</b>	
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# My Information



If you would like to find out more about me

Family Member Name



Address



Telephone Number

For further information please contact

Name

They are my

Care worker

Carer

Friend

Family

Support worker



Telephone Number

Lasting Power of Attorney

Yes

No

If Yes, Health and Welfare

Property and Financial

# My Information



## My GP

	GP Name	
	Address	
	Telephone	

## My Spirituality

I have a Faith

Yes

No

This means I would like

## My Allergies and Medication

I am allergic to



## My Disabilities or Impairments



This person can help  
with paperwork

## My Medications

Name:	How often:
Dose:	Route/Form:
Name:	How often:
Dose:	Route/Form:
Name:	How often:
Dose:	Route/Form:
Name:	How often:
Dose:	Route/Form:
Name:	How often:
Dose:	Route/Form:
Name:	How often:
Dose:	Route/Form:

## Notes on Medication



(Fear of needles, challenging behaviour etc)



Recent Medical History (such as the last time I was in hospital, were there any issues or long-term conditions?)

A large, empty rectangular area with a light blue gradient, intended for the user to provide their medical history information.



## Discharge / Going Home

I'll need a discharge planning meeting

Yes

No

If a Discharge Planning or Best Interests Meeting is needed, I want these people to help me and attend the meeting



Is there specific aftercare required?

# More about me

## How I would like you to communicate with me

- Involving someone else
- Easy Read information
- Communication Book
- Pictures
- Drawing
- Signing/Makaton
- Signing and talking
- Speaking directly to me
- Look me in the face

# More about me

- Smiling Kindly
- Speaking Louder
- Gentle Tone
- Use Simple Language

Notes

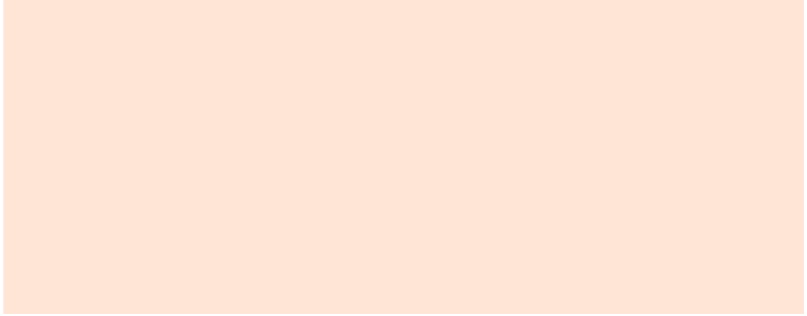


Something important to me

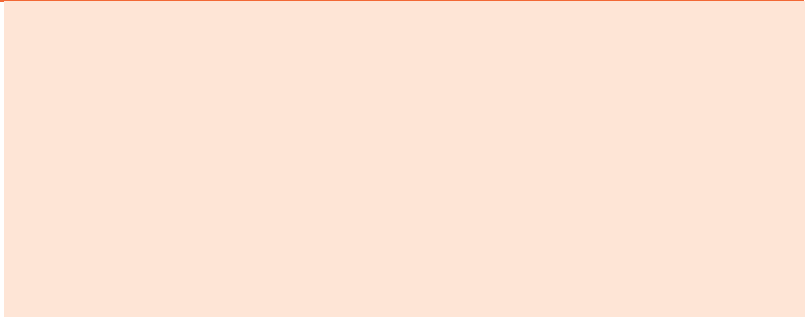


# More about me

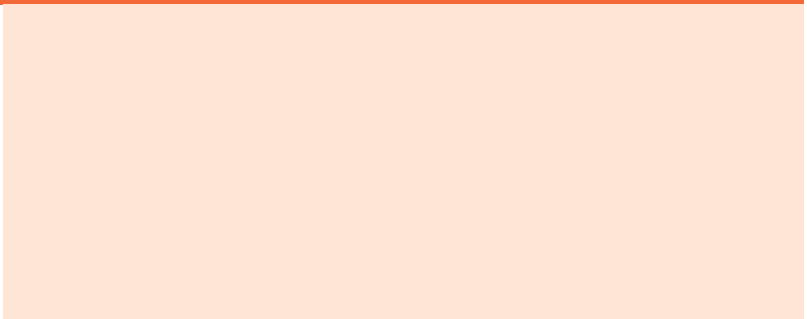
How I communicate with you for: **wants and needs**



How I communicate with you for: **hunger and thirst**

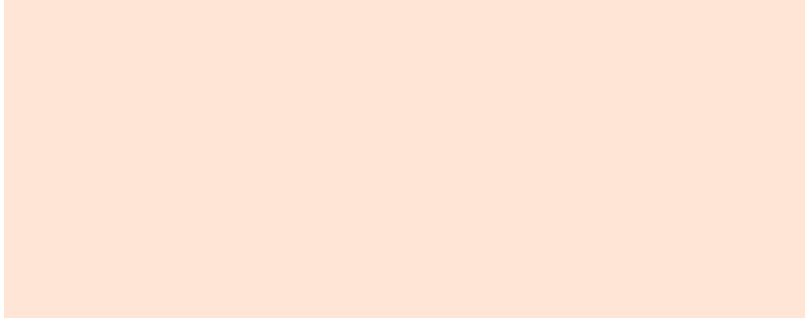


How I communicate with you for: **pain**

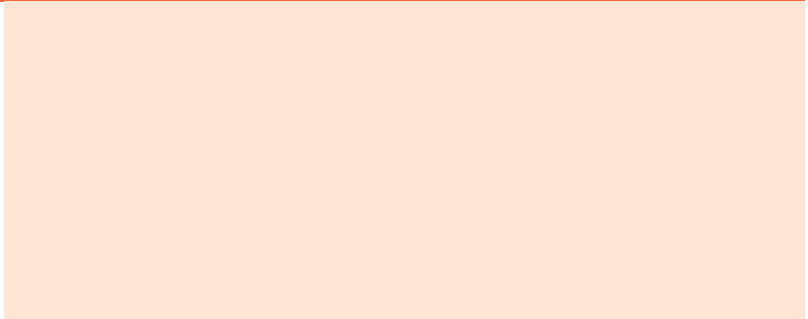


# More about me

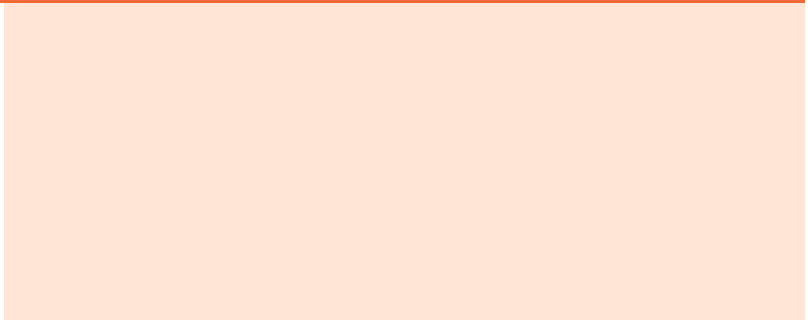
How I communicate with you if I am happy



How I communicate with you if I am sad



How I communicate with you if I need the toilet



# More about me

Things I like to do  
that would help  
me to be happy in  
hospital



A large, empty rectangular area with a light orange background, intended for writing or drawing responses to the question above.

Things I don't like  
that would make  
me sad in hospital



A large, empty rectangular area with a light orange background, intended for writing or drawing responses to the question above.

# More about me

What support is needed with dressing and undressing

What support is needed walking around

What support is needed getting in and out of bed

What support is needed eating and drinking

Please state any dietary requirements

# More about me

What support is needed for sitting

What support is needed for standing

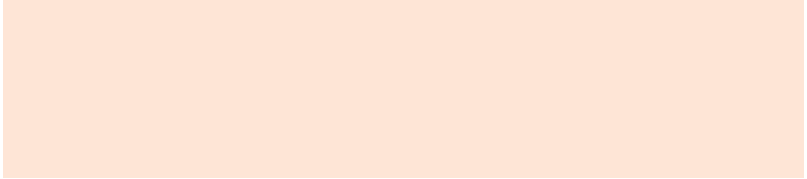
Do you need support from a mobility aid?

What support is needed with personal care

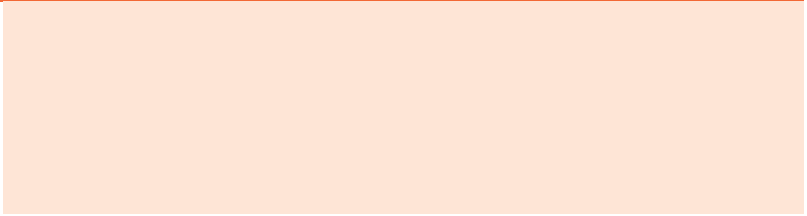


# More about me

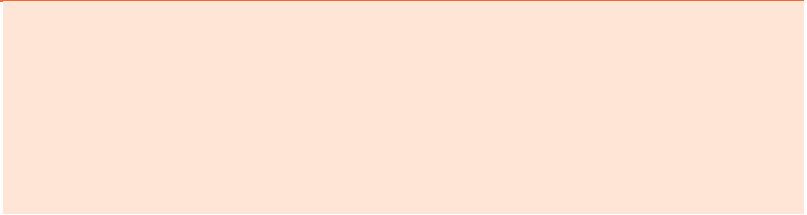
What support is needed with **brushing your teeth**



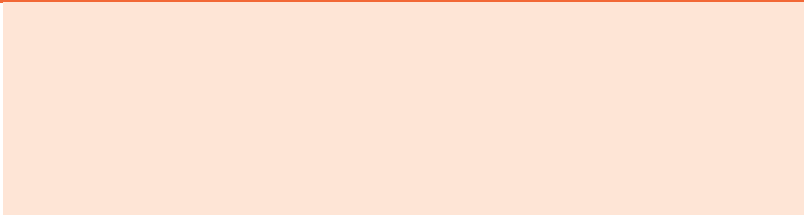
What support is needed with **sleeping**



What support is needed **using the toilet**



What support is needed with **bathing/washing hair**



# My Carers/Care Workers

I currently have

hours a day one to one care

Which is

hours a week

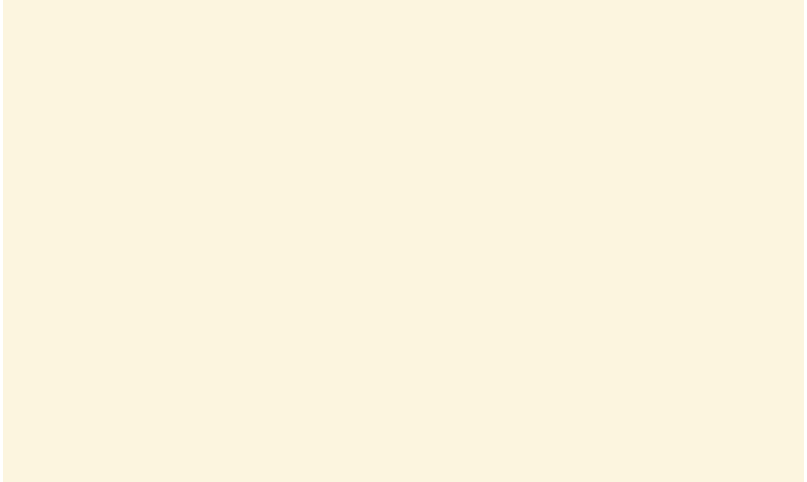
These would be best used in hospital at

If I was in hospital again these things helped me

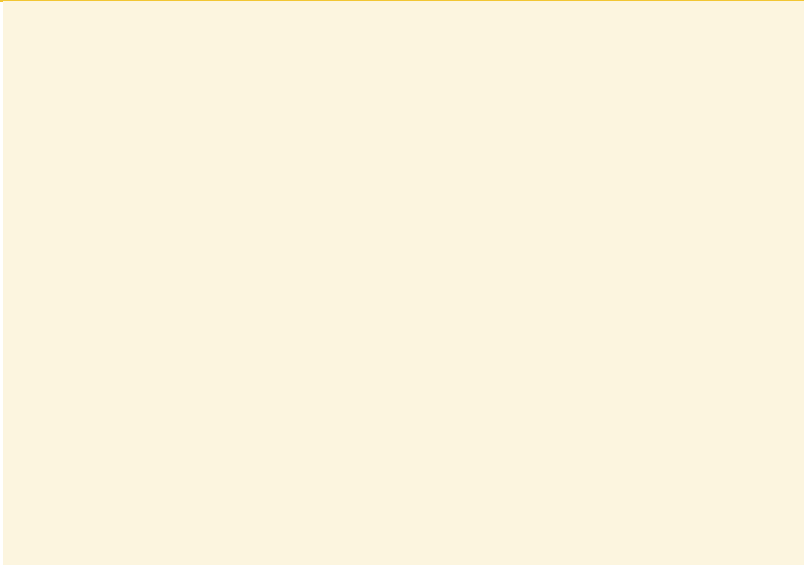
Please Comment

# My Carers/Care Workers

Other agencies/professionals that are working with me



Additional Information



East Kent Hospitals University NHS Foundation Trust would like to thank everyone for their contributions to this piece of work over the past 12 months. It reflects a community who are committed to working together to improve healthcare services for people with learning disabilities.

### **Would you like the information in this leaflet in another format or language?**

We value equality of access to our information and services and are therefore happy to provide the information in this leaflet in Braille, large print, or audio - upon request.

If you would like a copy of this document in your language, please contact the ward or department responsible for your care.

We have allocated parking spaces for disabled people, automatic doors, induction loops and can provide interpretation. For assistance, please contact a member of staff.

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