

Positive and Proactive Care

Priory Healthcare Strategy

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Overview of Priory Healthcare Services

- Secure Units-MSU/LSU and Locked Rehabilitation
 - Complex Care Units-MH and LD
 - Acute Psychiatric Units
 - Addiction Services
 - Eating Disorder Services-In patient and day therapy
 - Neuro Disability and Rehabilitation
 - CAMHS
 - PICU's both Adult and CAMHS
 - Autism and Asperger Services
 - Wellbeing Centres
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- 1,675 beds across 50 units in Priory Healthcare Division
 - 6,750 beds across 300 sites in Priory Group

Priory Healthcare Strategy to Reduce Restrictive Practice

- **Healthcare Division PMVA Steering Group** - has been meeting with representatives from each region since August 2013, chaired by Secure & PD Service Line Director and attended by the Director of Quality and Director of Safety – the groups remit has now broadened and name changed to Healthcare Reducing Restrictive Practice Steering Group.
- **Monitoring of Incidents Resulting in Physical Intervention down to ward level monthly since Jan 2014** – this is available to sites via the incident analysis report - actions requested monthly if a site has more than 25% of its incidents resulting in physical intervention. Restraint data by incident type: violence, self harm.
- **Investment in Training** - Specific intensive training including DBT, KUF and RAID to whole teams to effect change.
- **Board level Support** – Sian Wicks, Chief Nursing Officer, Priory Group.

Priory Healthcare Strategy to Reduce Restrictive Practice

- **Divisional Restraints Audit Completed to Establish Baseline and Qualitative Information in relation to physical intervention** – highlighted the need to ensure Service User and Staff debrief takes place after every incident.
- **Prevention and Management of Disturbed and Violent Behaviour (Adults) Policy** – amended in line with Positive and proactive care principles.
- **Trend graphs for each site are produced monthly to track trends over time** – 6 months data used – some sites now showing clear downward trends for incidents and restraint.
- **Restraint training** - has not included prone restraint techniques for over 2 years, staff are taught to disengage if SU goes to prone position and alternative techniques to administer IM medication. Conflict Resolution module added from April 2014. No pain compliance techniques. External Audit of site level training

Priory Healthcare Strategy to Reduce Restrictive Practice

- **Reducing Restrictive Practice Self-assessments** – Template piloted on the women's EUPD service -to be completed by every ward as the first divisional audit of 2015. All wards will be required to have a Restrictive Practice reduction action plan.
- **Positive Behavioural Support Steering Group** – Site champions, 4 regional groups. Creation of a PBS FFG e learning module, which all staff must complete annually. Face to face training to compliment this from external training provider.
- **Development of a Priory Advanced Statement Template** – for all sites to use to ensure consistency and quality of documents.

Priory Healthcare Strategy to Reduce Restrictive Practice

- **Safewards Initiative** - To promote adoption across the Priory Acute Psychiatric Units
- **Patient Experience embedded within PMVA Training** – DVD sourced and added to training materials
- **Focus on De-escalation and Conflict Management** - to form bulk of the PMVA face to face training
- **Improve Relational Security and meaningful engagement of Service Users** – via monitoring SU meaningful activity weekly hours, common therapy protocols across service lines, audit of therapist face to face time and SU satisfaction surveys