Better Care Fund - Health and Social care integration

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Integrated Discharge Team

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Transforming our services - Putting patients first - Valuing our people - Health and wellbeing
Our Area….Hartlepool

If Hartlepool was a Village of 100 People...

The People:

- Children Under 5: 6
- Children Aged 5 - 18: 17
- People Aged 19 - 65: 60
- People Aged 66 - 80: 13
- People Aged Over 80: 4
- Children Under 5
- Children Aged 5 - 18
- People Aged 19 - 65
- People Aged 66 - 80
- People Aged Over 80

- Long Term Unemployed: 2
- Adults who are Obese: 33
- Over 18’s who Smoke: 23
- People (65+) receiving Self Directed Support: 1
- People living in ‘most deprived’ quintile: 45
- Difference in life expectancy from highest to lowest quintile (years) - Men: 10.7
- Difference in life expectancy from highest to lowest quintile (years) - Women: 8.6
- People with Heart Disease: 5
- People with a severe Mental Illness: 1
- Annual Cost per Capita: £1,342
- Person with Dementia: 1
- People with a limiting Long Term Illness: 23
- People who Binge Drink on a Weekly Basis: 33
- People who Binge Drink on a Monthly Basis: 12
- People Diagnosed with Diabetes: 6
- People with Asthma: 2
- People with Cancer: 6
- People with raised Blood Pressure: 17
- People who have had a Stroke: 2

The General Health:
Most affluent region in Northern Europe is in UK

9/10 poorest regions in terms of per capita GDP are in UK

3rd poorest is Durham and Tees Valley
NESTA-Celebrating the Success a catalyst for change

Personalised Care plans ‘My choice my voice’
Reduction in DToC (not a target)
Trusted assessor roles developed and tested
Culture of trust and respect
Voluntary & Community enterprise sector central to our future success
Integration, Innovation, Collaboration
TEAMWORK
Integrated Systems

Integrated Decision making

Crisis Management

Enhanced Patient journey

ISPA
Integrated Single Point of Access
Why does working in partnership work?
This is just the start!...
Integration

Aligned targets  Training strengthening skills
Coordinated Care  Local housing
Multi-disciplinary teams
Prevention
Collaborative leadership  Service User
Primary Care
Joined-up IT

Seamless   Workforce
Put the Person in control  Move away from metrics
Continuity of Services  Involving the Voluntary Sector
Health and Social Care
Community engagement
The Better Care Programme overview

• The Better Care Fund (BCF), now in its fourth year, is the only mandatory national programme for integrating health and social care

• The BCF is a partnership programme that represents a collaboration between NHS England, the Department of Health and Social Care, Ministry of Housing, Communities and Local Government, and the Local Government Association (LGA)

• Aims to break down organisational barriers so health and social care can deliver the right care, in the right place, at the right time, so that people can:
  • Manage their own health and wellbeing
  • Live independently in their communities for as long as possible
  • Be at the centre of their care and support to ensure improved experience and better quality of life.
National Impact of the Better Care Fund

Impact on joint working for integration of care

Positive impact on local relationships and joint working

Year on year increase in voluntary pooling of funds

93% of Health and Wellbeing Boards (HWBs) agreed that the BCF has improved joint working between health and social care in 2017-18 (90% in 16-17)

91% of HWB agreed that the BCF had positive impact on integration of health and social care in 2017-18 (88% in 16-17)

Year on year increase in voluntary pooling of funds:

- 2015/16 (£m): £1.5m
- 2016/17 (£m): £1.9m
- 2017/18 (£m): £2.1m
- 2018/19 (£m): £2.1m

BCF voluntary pooling
Nationally, delayed transfers of care figures reduced by 29% in the period between December 2016 - June 2018.

The National Audit Office’s report calls attention to the BCF for having ‘considerable success’ in tackling the issue of ‘treating older patients who no longer need to be in acute hospital’

Nationally, Residential admissions showed an improvement. Avoiding permanent placements in residential and nursing homes is a good measure of delaying dependency.
How the Better Care Fund has been used

**Impact on local systems’ planning**

The Care Quality Commission report praises the BCF for ‘showing what is possible when health and social care organisations are able to commission services from a unified budget’.

### 2017-19 BCF Scheme spend by scheme type

<table>
<thead>
<tr>
<th>Scheme Type</th>
<th>Spend 2017-19</th>
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<tbody>
<tr>
<td>Intermediate care services</td>
<td>9.5%</td>
</tr>
<tr>
<td>Integrated care planning</td>
<td>8.1%</td>
</tr>
<tr>
<td>Residential placements</td>
<td>7.6%</td>
</tr>
<tr>
<td>Personalised healthcare at home</td>
<td>7.1%</td>
</tr>
<tr>
<td>High Impact Change Model for Managing Transfer of Care</td>
<td>5.6%</td>
</tr>
<tr>
<td>DFG - Adaptations</td>
<td>5.3%</td>
</tr>
<tr>
<td>Primary prevention / Early Intervention</td>
<td>2.7%</td>
</tr>
<tr>
<td>Carers services</td>
<td>2.5%</td>
</tr>
<tr>
<td>Care navigation / coordination</td>
<td>1.8%</td>
</tr>
<tr>
<td>Assistive Technologies</td>
<td>1.2%</td>
</tr>
<tr>
<td>Healthcare services to Care Homes</td>
<td>0.8%</td>
</tr>
<tr>
<td>DFG - Other Housing</td>
<td>0.4%</td>
</tr>
<tr>
<td>Wellbeing centres</td>
<td>0.2%</td>
</tr>
</tbody>
</table>

- A significant proportion of planned schemes are integrated approaches, traversing the “interface” between health and social care.
- ‘Intermediate care services’, ‘Integrated care planning’, ‘Residential placements’ and ‘Personalised healthcare at home’ were the top 4 standard scheme types in terms of proportion of planned spend.

A proportion of schemes were not assigned standard scheme-type categories. These include a range of schemes across integrated approaches and core adult social care, for example meeting care act duty.
BCF Support Programme

We are continuing to deliver a broad programme of support, including:

- Devolved regional support funding
- Better Care Advisory /Multidisciplinary team consultancy support and peer reviews
- National thematic workshops and masterclasses
- Regional networking events
- Weekly Integration and Better Care Fund e-bulletin
- The Better Care Exchange – collaboration platform
- Refreshing series of How to guides on integrated care
- Integrated care learning syllabus and CPD programme
- Integration handbook
- Integration videos.
Learning from targeted support on discharge

As part of the Better Care Support Offer we commissioned Newton Europe to help areas identify key factors causing delays to people’s discharge from hospital.

TOP 10 REASONS FOR DELAY

Of the 27% fit but waiting to be discharged, 37% were waiting for an ongoing service (e.g. for a package of care or for a bed), and 37% of them were waiting for a decision about their ongoing care (e.g. through an assessment).
Better Care Support programme

How many people wait to be discharged from hospital?

- Across 14 systems, we looked at 10,400 patients occupying hospital beds. On average, across the systems, 27% of these had been declared medically fit for discharge, but were still in hospital.

- This means that, not only are they at risk of losing muscle mass, mobility, independence, confidence and contracting infection, but they are also occupying a bed that is needed for others with acute illnesses or injury.
The case reviews we conducted with practitioners in all systems indicated that between 32% and 54% of people are discharged to a less than optimal setting, with a less than optimal level of care.

This has a significant impact on outcomes, staff, resources and budgets.

The evidence from this work suggests that outcomes for delayed patients have not improved since the ‘Efficiency opportunities through health and social care integration’ report produced by the LGA and Newton in 2016. This indicates an entrenched problem with discharge decision-making across the sector.
Next steps

Better Care Fund Review


Social Care Green Paper

Will include section on Integration and BCF

NHS Long term Plan

Will set out next steps on the BCF and integration of NHS and social care

Spending Review

Long term approach to local government funding.
Discussion
Any questions?

For more information contact us at England.bettercaresupport@nhs.net