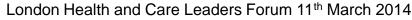


### Citizen Empowerment and Personalisation Jay Stickland – Senior Assistant Director Royal Borough of Greenwich



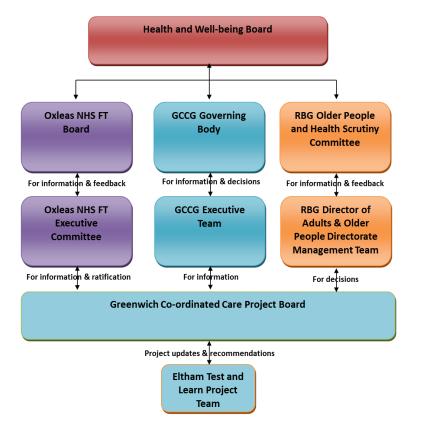






THE NHS CONSTITUTION the NHS belongs to us all



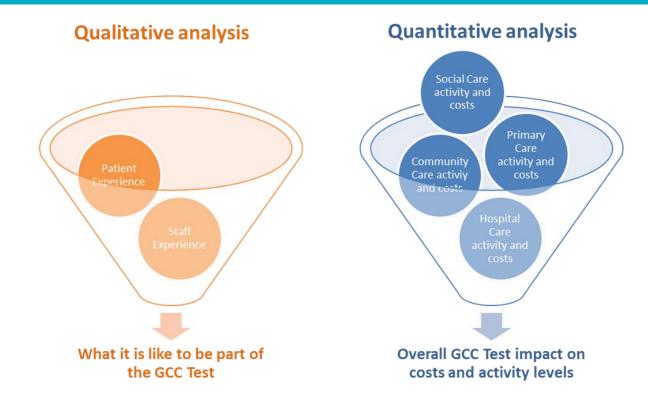


#### Project Board Members

| PhilipProvenzano        | Institute of Public Care               |
|-------------------------|--|
| JaniceLucas             | Institute of Public Care               |
| JayStickland            | Royal Borough of Greenwich             |
| Rachel Karn             | Royal Borough of Greenwich             |
| Ajibola Awogboro        | Royal Borough of Greenwich             |
| Maggie Rastall          | Royal Borough of Greenwich             |
| Estelle Frost           | Oxleas NHS Trust                       |
| LisaThompson            | Oxleas NHS Trust                       |
| Jane Wells              | Oxleas NHS Trust                       |
| Helen Smith             | Oxleas NHS Trust                       |
| Dr Rebecca Rosen        | Greenwich Clinical Commissioning Group |
| Langley Gifford         | Greenwich Clinical Commissioning Group |
| Pauline O'Hare          | Greenwich Action for Voluntary Service |
| Nike Arowobusoye        | RBG – Public Health                    |
| Rosaline Mitchell       | Healthwatch                            |
| Leceia Gordon-Mackenzie | Healthwatch                            |
| Gillian Johnson         | Delivery support manager NHISQ         |
|                         |  |



## Greenwich Coordinated Care – Test & Learn Evaluation of Impact



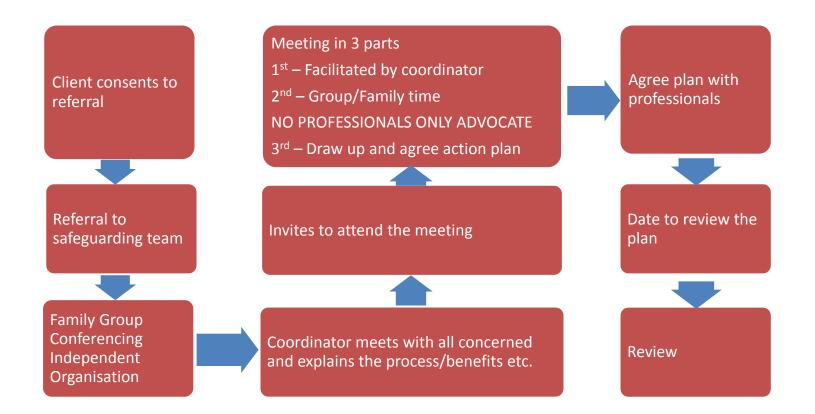


#### Family group conference and restorative justice

- Opening the circle of communication and involving others improves accountability, ownership and promises better outcomes
- Service users being empowered to remain in their own homes rather than respite or residential care
- Service users with learning disability being empowered to live a more independent life

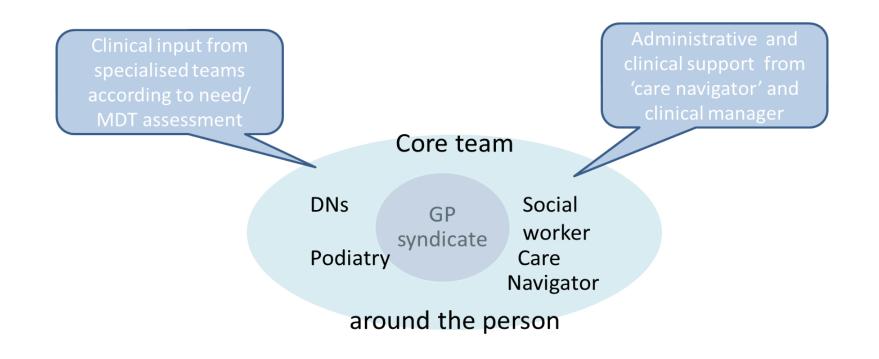


#### **Restorative Interventions**





#### **Greenwich Test and Learn Site**





Greenwich Coordinated Care : Action Plan Eltham Locality Date of Meeting:

| Name                    | DOB                        | FWi no.                  | NHS no. |           | Preferred contact Lea |      | sional Ca  | Navigator    |
|-------------------------|----------------------------|--------------------------|---------|-----------|-----------------------|------|------------|--------------|
|                         |                            |                          |         |           | details for person    |      |            |              |
|                         |                            |                          |         | -         |                       |      |            |              |
|                         |                            |                          |         | GP:       |                       |      |            |              |
|                         |                            |                          |         | Surgery:  |                       |      |            |              |
| Reason for Referral:    |                            |                          |         |           |                       |      |            |              |
|                         |                            |                          |         |           |                       |      |            |              |
|                         |                            |                          |         |           |                       |      |            |              |
| Person's presenting is  | sues - What "I" would I    | ike to hannen            |         |           |                       |      |            |              |
| T CISON S presenting is |                            |                          |         |           |                       |      |            |              |
|                         |                            |                          |         |           |                       |      |            |              |
|                         |                            |                          |         |           |                       |      |            |              |
| Summary of health a     | nd social care ( including | g medical history)       |         |           |                       |      |            |              |
|                         |                            |                          |         |           |                       |      |            |              |
|                         |                            |                          |         |           |                       |      |            |              |
|                         |                            |                          |         |           |                       |      |            |              |
| GCCMeeting update       |                            |                          |         |           |                       |      |            |              |
|                         |                            |                          |         |           |                       |      |            |              |
|                         |                            |                          |         |           |                       |      |            |              |
| Actions by Care Navig   | ator to data               |                          |         |           |                       |      |            |              |
| Actions by care Navig   |                            |                          |         |           |                       |      |            |              |
|                         |                            |                          |         |           |                       |      |            |              |
|                         |                            |                          |         |           |                       |      |            |              |
| Desired outcomes        | By when                    | Responsible professional | Contac  | t details | Progress - c          | late | Outcomes   |              |
|                         |                            |                          |         |           |                       |      | Achieved I | lot achieved |
|                         |                            |                          |         |           |                       |      |            |              |
|                         |                            |                          |         |           |                       |      |            |              |
|                         |                            |                          |         |           |                       |      |            |              |
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|                         |                            |                          |         |           |                       |      |            |              |
| 1                       |                            |                          |         |           |                       |      |            |              |



Greenwich Coordinated Care : Action Plan Eltham Locality Date of Meeting:

| My Name  | Date of birth | My preferred contact details | My lead professional | My Care Navigator and their contact |  |
|----------|---------------|------------------------------|----------------------|-------------------------------------|--|
|          |               |                              |                      | number                              |  |
|          |               |                              |                      |                                     |  |
|          |               |                              |                      |                                     |  |
| <b>-</b> |               |                              | •                    |                                     |  |

| Desired outcomes | By when | By who | Their contact details | Progress - date | Outcomes              |  |
|------------------|---------|--------|-----------------------|-----------------|-----------------------|--|
|                  |         |        |                       |                 | Achieved Not achieved |  |
|                  |         |        |                       |                 |                       |  |
|                  |         |        |                       |                 |                       |  |
|                  |         |        |                       |                 |                       |  |
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|                  |         |        |                       |                 |                       |  |
|                  |         |        |                       |                 |                       |  |
|                  |         |        |                       |                 |                       |  |

I agree with this plan to coordinate my care and support across different types of services. I understand that this will mean that the people involved in my care will share information about me so that they can work together to help me live the life I want to the best of my ability in the best way possible. I understand that I will always be informed of what will happen next and that if I have any questions about my plan then I can contact my Care Navigator.

Signed: Date:



Citizen empowerment & personalisation Health and care as if people matter

#### Jeremy Taylor, 11 March 2014

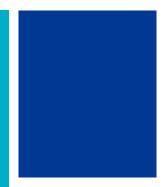


London Health and Care Leaders Forum, 11th March 2014





the NHS belongs to us all









### What matters?

- Access
- Information
- Communication
- Involvement
- Family and friends
- Privacy, confidentiality and dignity
- Support for self-care and independence
- Personalised service, coordination and continuity
- Practical support
- Emotional support

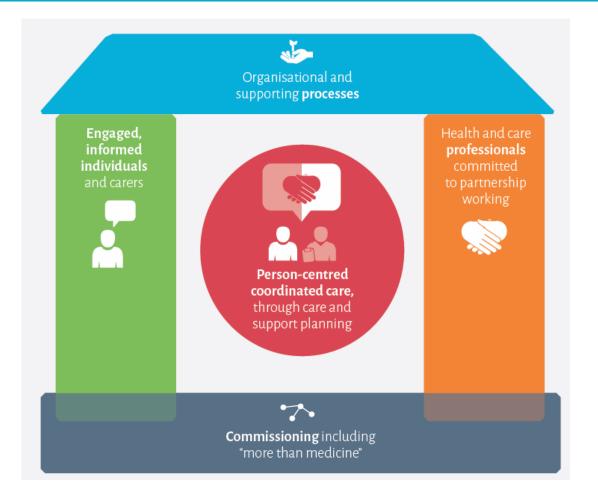


#### What matters?

- I want to see a doctor
- I want a service I can trust
- I want to know what's going on
- I want to be treated as a person
- I want a say
- I don't want to be passed from pillar to post
- I don't want to repeat my story every time
- I want to be in control
- I want to be looked after
- I'm in pain. I'm exhausted
- I'm not happy about the care my Mum is getting



#### The house of care





### Changing models of care

#### From

- Patients as recipients
- Primarily medical
- Professionals designing services
- Mobilising doctors, nurses and drugs
- Treatment plans
- Clinical outcomes
- Hospital focus

#### То

- People as partners and managers of their health
- Increasingly social
- Co-design of services
- Mobilising citizens and communities
- Participative care and support planning
- Quality of life outcomes
- Out of hospital focus



#### A care system in which people matter

- People have rights
- People define success
- People are partners
- People are managers
- People are leaders
- We are all part of the workforce
- No decisions about us without us



# Citizen Empowerment – perspectives from a patient and former carer

#### **Helen Davies**

(Chair of Improving the Cancer Experience PPI group at St George's Hospital, and member of Pan London Cancer User Partnership)

11<sup>th</sup> March 2014





Need for advice and support to manage the consequences of treatment and challenges of LTCs

- Holistic Needs Assessment / use of tools like 'Concerns Thermometer'
- Proactively asking how we're coping (not just from medical point of view) and sign-posting sources of support
- Referring to (or advising on) social care or third sector providers of financial, employment-related, and practical help

NB: asking for help isn't admitting defeat – and can go hand in hand with 'thinking positive'





Importance of genuine integration within and across services

- Clinical Nurse Specialists / Key Workers / Care Navigators
- 'No wrong door' principle (instead of 'not my problem' approach.....)
- Support and training for frontline staff and non-clinicians
- Recognising the importance of those who care for and about the 'patient' - and investing in their support