Welcome

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The Five Year Forward View and London Health Commission reports

**Five Year Forward View**
- Sets out a vision for the future of the NHS
- Developed by the partner organisations that deliver and oversee health and care services
- Patient groups, clinicians and independent experts have provided their advice to create a collective view of how the health service needs to change
- The purpose of the Five Year Forward View is to articulate why change is needed, what that change might look like and how we can achieve it.
- It describes various models of care which could be provided in the future, defining the actions required at local and national level to support delivery.

**Better Health for London**
- Set up by the Mayor as an independent commission in September 2013 and chaired by Lord Ara Darzi
- It proposes tough measures to combat the threats posed by tobacco, alcohol, obesity, lack of exercise and pollution, which harm millions of people.
- Together the proposals amount to the biggest public health drive in the world
- Sets out 10 ambitions and 64 recommendations to improve the health and wellbeing of Londoners
- The report says how the recommendations aim to make London the healthiest major global city – cities with over 5 million inhabitants – within 10 years
The London Health Commission report belongs to Londoners

- **Londoners Involved in the Commission**: 15,000
- **Roadshows Across The Capital**: 250
- **Roadshows Across The Capital**: 51
- **Oral Hearing Sessions**: 9

**Report For London**: 1
Video: Imagine a Healthy London

- The London Health Commission engaged with over 15,000 Londoners and here's just a few of their thoughts on a healthier London.
  https://www.youtube.com/watch?v=Oc0w_VKv1cA
## 10 ambitions for London

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<th>Our aspirations for London</th>
<th>Our ambition for London</th>
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<td><strong>1.</strong> Give all London’s children a healthy, happy start to life</td>
<td>Ensure that all of London’s children are school ready at age five. Halve the number of children who are obese by the time they leave primary school and reverse the trend in those who are overweight.</td>
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<td><strong>2.</strong> Get London fitter with better food, more exercise and healthier living</td>
<td>Boost the number of active Londoners to 80% by supporting them to walk, jog, run or cycle to school or work.</td>
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<td><strong>3.</strong> Make work a healthy place to be in London</td>
<td>Gain 1.5 million working days a year by improving employee health and wellbeing in London.</td>
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<td><strong>4.</strong> Help Londoners to kick unhealthy habits</td>
<td>Have the lowest smoking rate of any city over 5 million inhabitants.</td>
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<td><strong>5.</strong> Care for the most mentally ill in London so they live longer, healthier lives</td>
<td>Reduce the gap in life expectancy between adults with severe and enduring mental illness and the rest of the population by 10%.</td>
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Our aspirations for London | Our ambition for London
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6 | Enable Londoners to do more to look after themselves | Increase the proportion of people who feel supported to manage their long-term condition to top quartile nationally
7 | Every Londoner to be able to see a GP when they need to and at a time that suits them | General practice in London to be open 8 am to 8 pm and delivered in modern purpose-built/designated facilities
8 | Create the best health and care services of any world city, throughout London and on every day | Have the lowest death rates in the world for the top three killers; cancer, heart diseases and respiratory illness; and close the gap in death rates between those admitted to hospital on weekdays and those admitted at the weekends
9 | Fully engage and involve Londoners in the future health of their city | Year on year improvements in inpatient experience for trusts outside the top quintile nationally
10 | Put London at the centre of the global revolution in digital health | Create 50,000 new jobs in the digital health sector