# **Diabetes Strategic Clinical Network Profile 2013**

# **London Strategic Clinical Network**

The Diabetes Community Health Profiles bring together a wide range of data on diabetes in adults into a single source for the purposes of understanding the current issues across the Strategic Clinical Network. It was last updated on 24 February 2014 with minor revisions on 6 June 2014.

# Amers ham 20 6 20/s 2 20 A4140 Chipping Ongar Days 20 20 20 20 Ongar Days 20 20 20 Ongar Days 20 Ong

# Map of London Strategic Clinical Network

Contains Ordnance Survey data © Crown copyright and database right 2013

# **Key facts for London Strategic Clinical Network**

The prevalence of diagnosed diabetes among people aged 17 years and older in London Strategic Clinical Network is 5.8% compared to 6% across England.

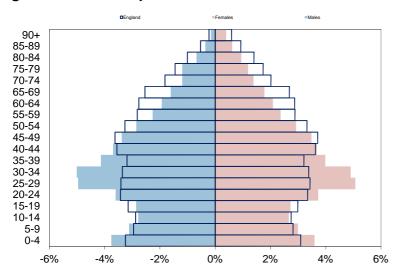
In 2012/13 London Strategic Clinical Network 57.9% of adults with diabetes had a HbA1c measurement of 59mmol/mol or less. This is lower than across England.

Across England people with diabetes were 55.4% more likely to have a myocardial infarction, 34.3% more likely to have a stroke, 73.7% more likely to have a hospital admission related to heart failure and 37.6% more likely to die than the general population.

Spending on prescriptions for items to treat diabetes in 2012/13 cost £260.78 per adult with diabetes in London Strategic Clinical Network compared to £281.52 across England.

# **Demographic Charateristics and Predictive Factors for Diabetes**

# Age Structure of Population

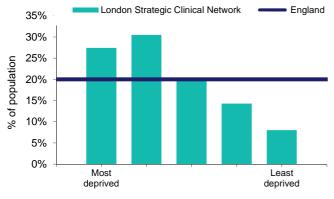


Age is a key factor in diabetes prevalence. Type 1 diabetes tends to be diagnosed in childhood but the prevalence of Type 2 diabetes increases steadily after the age of 40 years.

Diabetes prevalence is higher in areas experiencing deprivation. People living in the 20% most deprived neighbourhoods in England are 56% more likely to have diabetes than those living in the least deprived areas. It is known that people from Asian and Black ethnic groups are more likely to have diabetes and tend to develop the condition at younger ages.

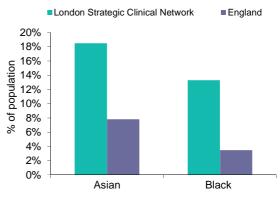
Source: 2012 Mid-year population estimates

### Deprivation



### Source: IMD2010 and 2011 Mid-year population estimates

# **Ethnicity**



Source: 2011 Census

# **Clinical Commissioning Groups**

Below is a list of the CCGs in the London Strategic Clinical Network

NHS Barking and Dagenham CCG

**NHS Barnet CCG** 

NHS Bexley CCG

NHS Brent CCG

NHS Bromley CCG

NHS Camden CCG

NHS City and Hackney CCG

NHS Croydon CCG

NHS Ealing CCG

NHS Enfield CCG

NHS Hounslow CCG

NHS Greenwich CCG

NHS Hammersmith and Fulham CCG

NHS Haringey CCG

NHS Harrow CCG

NHS Havering CCG

NHS Hillingdon CCG

NHS Islington CCG

NHS Kingston CCG

NHS Lambeth CCG

NHS Lewisham CCG

NHS Newham CCG

NHS Redbridge CCG

NHS Richmond CCG

NHS Southwark CCG

NHS Merton CCG

NHS Sutton CCG

NHS Tower Hamlets CCG

NHS Waltham Forest CCG

NHS Wandsworth CCG

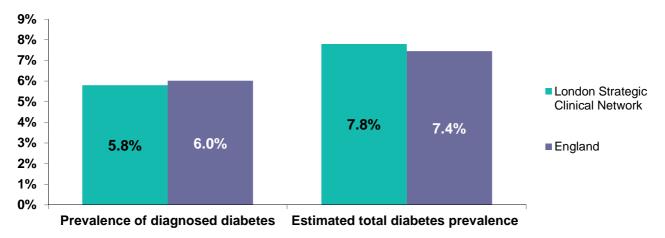
NHS West London (K&C & QPP) CCG

NHS Central London (Westminster) CCG

Note: where a CCG boundary crosses more than one strategic clinical network it has been allocated to the network in which the majority of its population lives.

# **Quantifying Diabetes**

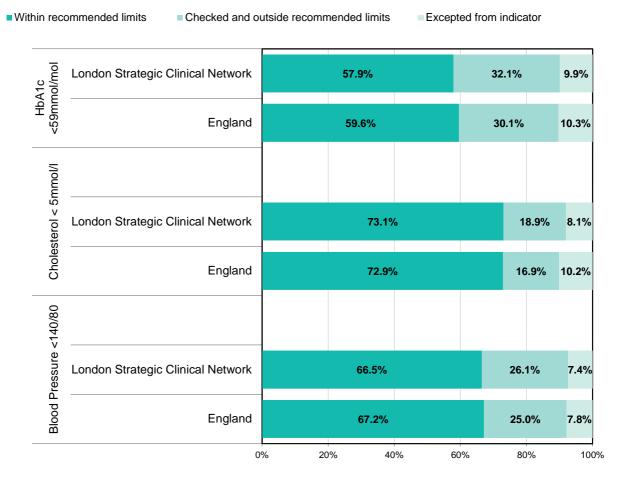
In 2012/13 there were 418,813 people aged 17 years and older diagnosed with diabetes in London Strategic Clinical Network and it is estimated there are a further 142,253 adults with undiagnosed diabetes. The chart below compares the prevalence of diabetes in London Strategic Clinical Network with England.



Source: Quality and Outcomes Framework, 2012/13 and Diabetes Prevalence Model 2012

# **Care Processes and Treatment Targets**

The chart below provides a breakdown of the key aspects of the clinical management of patients with diabetes and highlights the attainment of HbA1c, blood pressure and cholesterol targets in the 15 months ending March 2013.

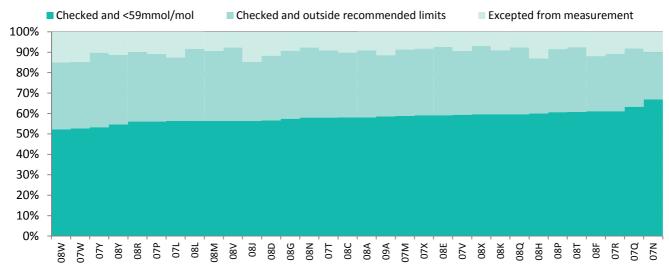


Source: Quality and Outcomes Framework, 2012/13

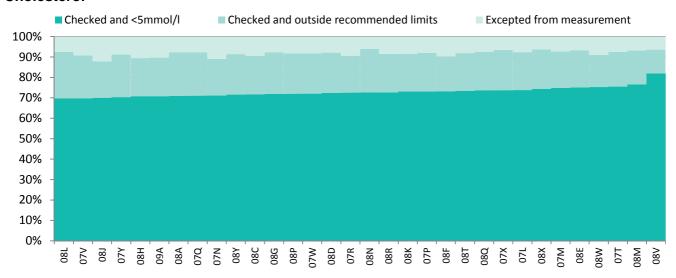
# **Clinical Commissioning Group variation**

In London Strategic Clinical Network there are 32 CCGs. The charts below show the variation in treatment targets at CCG level. At CCG level the proportion of patients whose last HbA1c was less than 59mmol/mol ranges from 52.3% to 66.9%

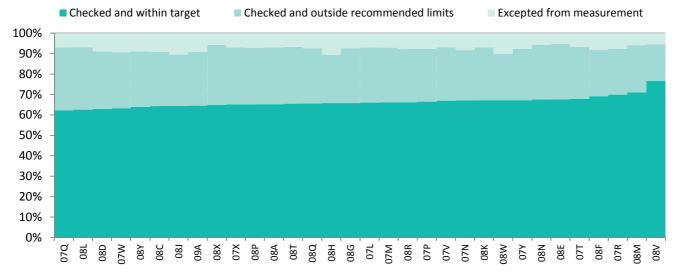
### HbA1c



### Cholesterol



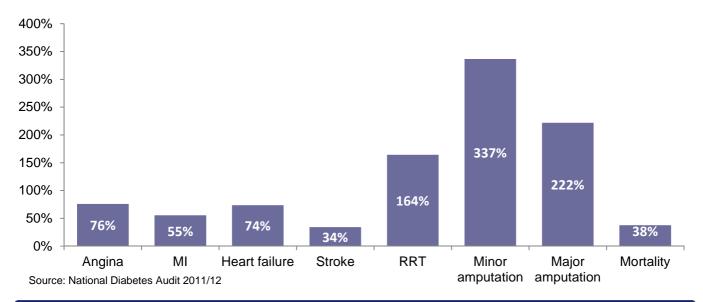
### **Blood pressure**



Source: Quality and Outcomes Framework, 2012/13

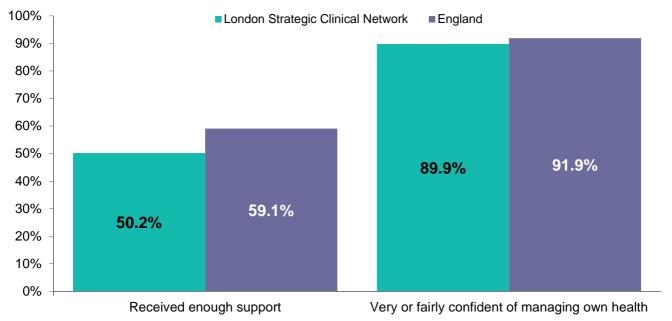
# **Prevalence of Complications**

The National Diabetes Audit collates data that identifies the additional risk of diabetic complications and mortality in people with diabetes compared to the general population. This data is not currently published in a way that allows the calculation of figures for Strategic Clinical Networks, therefore data for England is presented below.



# **Patient Perspective**

Data from the GP Patient Survey are presented in the chart below. It shows how confident all people in the survey feel about managing their own health and the percentage of all people with a long term condition that have received enough support from local organisations. All people with a long term condition includes those with any long term condition not just those with diabetes.



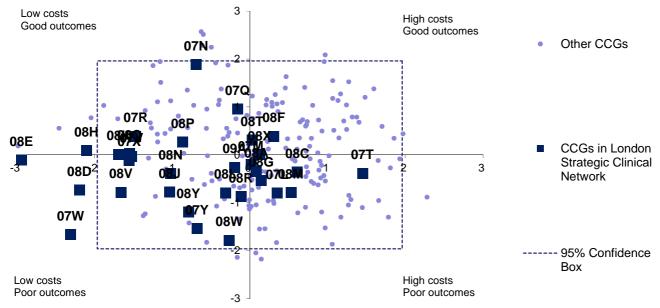
Source: GP Patient Survey Jauary - March 2013

# **Spending on Diabetes Care and Outcomes**

Quadrant analysis charts (shown below) plot spending against an outcome measure. The cost and outcome measures have been standardised to allow direct comparisons across different scales. The outcome is the percentage of patients with a HbA1c of 59mmol/mol or less. The cost data has been adjusted to take account of the number of people aged 17 years and older diagnosed with diabetes. CCGs within the dotted box do not have a statistically significant different level of spending and outcomes than England as a whole.

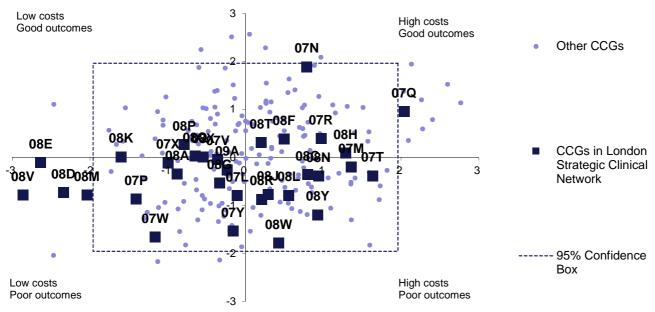
# Total spending on anti-diabetic items

The chart below shows the total standardised Net Ingredient Cost (NIC) of all prescriptions for items to treat and monitor diabetes per patient diagnosed with diabetes between April 2012 and March 2013 against the standardised proportion of people with a HbA1c measurement of 59mmol/mol or less for 2012/13.



Source: Information Centre, 2012/13 and Quality and Outcomes Framework, 2012/13

### Average cost per item for anti-diabetic items



Source: Information Centre, 2012/13 and Quality and Outcomes Framework, 2012/13

London Strategic Clinical Network spent a total of £109,608,237 on prescriptions for diabetes items between April 2012 and March 2013. This was equivilent to £261.71 per adult with diabetes. The average cost per item was £17.15 compared to £17.96 across England.