

10 years of asking about asthma



- ▶ Support the #AskAboutAsthma campaign and share locally
- ▶ Sign up for the #AAA conference and webinars
- ▶ Remind yourself of the 4 asks:

1



Get an asthma
action plan in place

2



Understand how to use
inhalers correctly

3



Schedule an asthma review
- every year and after
every attack

4



Ask about the impact of
outdoor and indoor
air pollution

Scan the QR code or search
'NHS London Ask About
Asthma Campaign'.

