

# Children & Young Person's Mental Health Service Information Passport

**Illustrative example: Forensic Case**



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# **Children & Young Person's Mental Health Service Information Passport**

## **Template for use**

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Prepared by: NHS England in collaboration with national participation partners GIFT for children and young people, and YoungMinds for parents and carers

Classification: OFFICIAL

The National Health Service Commissioning Board was established on 1 October 2012 as an executive non-departmental public body. Since 1 April 2013, the National Health Service Commissioning Board has used the name NHS England for operational purposes.

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## Children and Young Person's Mental Health Service Passport

### Private and Confidential

The aim of this passport is to help Leon to own and communicate their story when moving between different services. The passport provides a summary of Leon's needs and risks in relation to his mental health and offending behaviour. This passport has been created collaboratively with Leon and mental health services. The mental health services have briefed Leon on interim support available when issuing this passport. The service and Leon have ensured that any clinical information is also within the patient record, and that any extra details on personal preferences will be clearly shown.

Client Name: Leon Smith

Client NHS number: 123456789

Address: Wetherby YO1

Other Address (for example university address with term dates) N/A

Date discharged from Service: Transition plan for release November 2015

Name of therapist: P Smith, psychiatrist

Name of Service: P Sing Psychologist

Contact information: P Smith Wetherby YO1 01924 123456

Title	Guidance
About Leon	Leon has spent his last year in detention at Wetherby YO1. During that time he has enjoyed some gardening work and looking after the animals at the specialist unit. Leon has been able to participate in some education and has learned to cook some meals: he is hopeful to work in a café once back in the community.
Main statement	<p>Main issues: Leon was referred to CAMHS in November 2014 by his caseworker because of an index offence of sexual assault. An assessment of his needs found that risks could be minimised by undertaking work on boundaries and increasing prosocial and meaningful activity. Leon understands boundaries in relationships. Leon has built skills in areas of daily living and also for possible future employment. He has found activities that provide him with opportunities for prosocial involvement in the future.</p> <p>Leon will continue to need support and direction from appropriate adults and services, a careful transition to the community will be required. A plan for structured monitoring and supporting through the process of transition will be required.</p> <p>An assessment of risk should be undertaken in 6 months to ensure that any change has been successfully managed and any new issues incorporated into the assessment.</p>
History	Key events

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	<p><b>Diagnosis:</b> Leon has a diagnosed Learning disability (mild) he responds well to clear boundaries and direction. Leon works well with developmentally appropriate information: any work should be tailored to his level of understanding.</p> <p><b>Presentation:</b></p> <ul style="list-style-type: none"> <li>• Leon presents as younger than his chronological years, he works well with simple clear information and instruction.</li> <li>• Leon can find it difficult to process complex information.</li> <li>• Leon can present as sexually inappropriate (wanting to touch others) he is able to respond to directions not to do so, boundaries should be reinforced with Leon.</li> <li>• Leon has little family support, he will benefit from structured visits and guidance from his YOT worker and allocated social worker.</li> <li>• Mental health will give full report and advice for transition. Dr Smith and Dr Singh will liaise accordingly.</li> </ul>
Therapy history	Leon has engaged in comprehensive assessment and 24 intervention sessions with clinicians from forensic mental health. He has had positive outcomes. There is some remaining work required to support safe transition and reassessment of risks in a new environment (transfer to community).
Specific Needs	<p><b>Appointments:</b></p> <ul style="list-style-type: none"> <li>• Clear regular planned dates should be given to Leon. Swapping dates and times is likely to be confusing for Leon and negatively influence engagement.</li> <li>• Venue for appointments should be consistent, possibly at YOT. Swapping venues causes Leon anxiety.</li> <li>• Appointments at home accommodation would likely increase his vulnerability from others by highlighting his use of services and compromising privacy issues.</li> </ul>
Proposed / suggested support	<p>Leon requires structured regular and predictable support. Support during transition is required to minimize reoffending. Support is required to ensure Leon can access people and services in a timely fashion. Structured activity and positive reinforcement of previous sessions should be provided (advice can be given to receiving agencies by current clinicians) A reassessment of risks will be required in 6 months time.</p> <p>Leon would like all agencies to be aware of the positive progress he has made and the plans to help him maintain this.</p>

Signed: P Smith

Signed: P Singh

Date Passport Issued: 01.09.2015