

# 6. Adult mental health: secure care pathway

## 2020/21 Objectives

By 2020/21, NHS England should lead a comprehensive programme of work to increase access to high quality care that prevents avoidable admissions and supports recovery for people who have severe mental health problems and significant risk or safety issues in the least restrictive setting as close to home as possible.

This should seek to address existing fragmented pathways in secure care, increase provision of community-based services and trial new co-commissioning funding and service models.

By 2020/21, NHS England will invest to increase funding to improve pathways in and out of mental health secure care, with a focus on expanding community-based services for people who require them. This is intended to prevent avoidable admissions and support 'step down' and ongoing recovery in the community as soon as appropriate for the individual and as close to home as possible.

To deliver this, the mental health secure care programme will:

- Trial new models of care within the secure care pathway, and underpin this with a comprehensive support package and longer-term planning to scale up what works.
- Identify an optimal secure care pathway, including community-based interventions, informed by the experience of people in secure services and carers, and the appropriate use of evidence-based interventions, in collaboration with colleagues from the National Offender

Management Service and the Ministry of Justice.

- Scope the needs of those using mental health secure services, both currently and predicted into the future, clarifying demand and capacity.
- Map existing service provision and gaps across the pathway, as well as good practice and exemplar services, with an emphasis upon preventing admissions and long term recovery.
- In partnership with others, promote the implementation of personalised recovery-focused care planning in secure in-patient services.

The first comprehensive individual-level and provider-level data collection and analysis of current use of secure care services will report in summer 2016. This will inform numeric targets and trajectories relating to the aims of this five-year programme.

## Delivering the objectives: Workforce requirements

To support the objective to transform pathways in and out of secure care, a workforce strategy setting out multi-disciplinary skills and capacity

requirements will be produced based on development of community service models, and demand modelling, noted above.

## Delivering the objectives: Investment and savings

Additional funding to support transformation of secure services totals **£94 million** over the period from 2017/18 to 2020/21.

The table below shows the breakdown of national and local funding:

Funding type	2016/17 £m	2017/18 £m	2018/19 £m	2019/20 £m	2020/21 £m
<b>CCG baseline allocations</b>					
Secure care pathway					58.0
<b>National programmes (indicative)</b>					
Secure services transition fund		1.0	5.0	30.0	

### Key

Local Funding
National Funding

£36 million funding to support the objective above is held centrally from 2017/18 to 2019/20, to support a targeted approach to trialling the development of community based support for preventing avoidable admissions and enabling step-down from secure in-patient services. The allocation of these funds to specific localities will be determined through a bidding process in 2017/18, including evaluation activity.

In 2020/21, £58 million funding will be disseminated by NHS England in order to mainstream the approach and deliver at scale

across the country. It is expected that some areas should be able to start realising savings through reducing spot-purchasing of secure bed capacity and improved management of out of area placements within year. However, further evaluation of models of community care, including a baseline audit and demand modelling, are required to support quantification of potential savings, and none have been included in costing in this year.

## Delivering the objectives: Data, payment and other system levers

**Data and metrics** on spend, access, quality and recovery outcomes will be developed through the trial and evaluation of community-based services, with substantive input from experts by experience, carers and clinicians.

NHS England will work in partnership with regulatory and other arms-length NHS bodies to ensure sustained cross-system support to embed good quality community services within the secure care pathway.

NHS England is trialling new provider-led commissioning approach for medium and low

secure services, incentivising least restrictive care, closer to home. The outcome of this 12-month trial will to inform methods of local commissioning of the secure care pathway, to further test before 2020 (see chapter 9).

There has been considerable work already on **payment for outcomes** in secure in-patient care. This will be consolidated and built upon to ensure payment models for the full care pathway incentivise recovery focused care and support for recovery outcomes.