

Why have I been given this leaflet?

The medicines you are taking are named on the front cover of this leaflet.

These tablets are good for your medical condition. However, if your body becomes short of fluid (dehydration), this medicine can sometimes stop your kidneys from working as they should.

The most common reasons for becoming dehydrated are:

- **Vomiting**
- **Diarrhoea**
- **High temperatures or fevers**
- **Not being able to drink normally**

If you do develop diarrhoea, vomiting or high fevers, try to drink more.



What should I do with my medicines if I become dehydrated?

If you:

- are not able to drink a normal amount of fluid,
- develop diarrhoea or vomiting or
- develop fevers,

you **should temporarily stop taking the medicine** named on the front of the leaflet. This is to help protect your kidneys.

Once you are better and can drink normally, you **should restart** your medicine. For most people this is within 48 hours.

If you remain unwell for longer than this, contact your doctor. It is important to seek medical advice if your symptoms last for more than 48 hours.



Is there anything else I should do when I am dehydrated?

You **can** take paracetamol for pain relief or for a high temperature.

Avoid anti-inflammatory drugs (a type of pain killer) whilst you're dehydrated. Examples of these medicines are Ibuprofen, Diclofenac or Naproxen.

To find out more about dehydration and your kidneys, see the NHS Choices website at www.nhs.uk

