

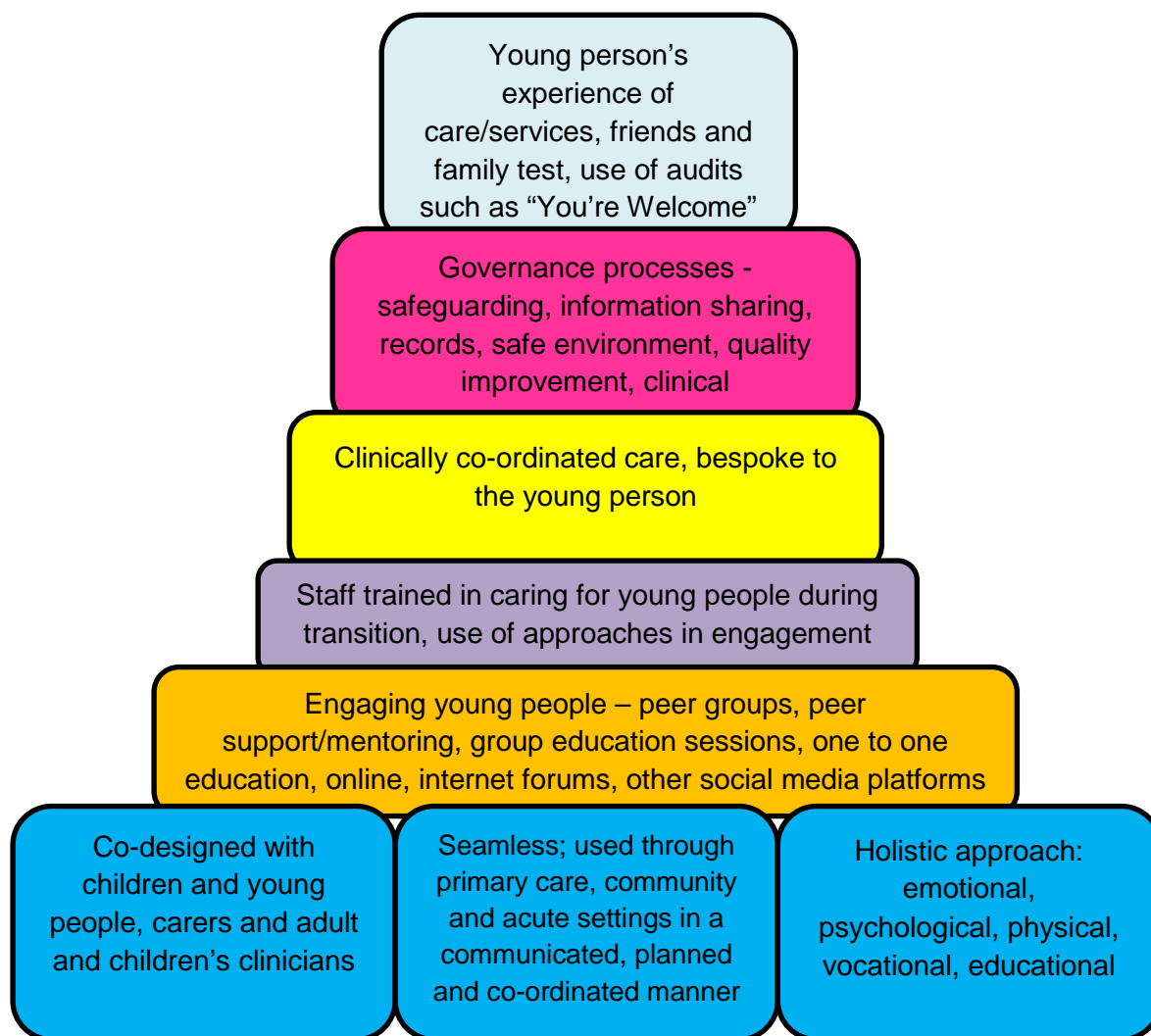
# Everybody's Business: East Midlands Best Practice Guidance for Young People Moving on from Children's Services

November 2014



## Introduction

Are you developing a commissioning specification? Have you considered the needs of young people moving into adult services? These guidelines for good practice have been written to provide commissioners and service providers across the East Midlands with a local edition of the nationally developed best practice guidance for good practice around the transitions of young people from children's to adult care.



**The above diagram represents the building blocks required for successful transition**

For the purpose of this guidance, the age for transition is used as young people aged 13-25, with consideration given to their developmental ability.

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## Guidelines to Good Practice

### Steps to develop/review a transition pathway

1. Co-designed by young people and their parent carers, with equal input from both paediatric and adult services.
2. A seamless approach; commencing in children's services and moving through into adult services if appropriate. The pathway will be shared with GPs and primary care team
3. A holistic approach, where educational, vocational, social, psychological, work, emotional and Health needs are considered.

### Engaging young people

4. A range of approaches are available for the young person to engage with, for instance, peer support, social media, online modules, one to one with the clinical team and group work.

### Staff training

5. Staff are trained in providing health care to young people.

### Co-ordinated care

6. Young people are supported by a named health care professional who will take a coordinator/key worker role throughout the transition process

### Governance arrangements

7. Both children's and adult services have a lead clinician for transition, with organisations having a named clinical lead for transition.
8. Young people receive their health care in environments that are safe, young person friendly and clinically appropriate.
9. The transition pathway is documented in a care plan approach. Care is reviewed at each key point in the transition pathway with the young person and parent carers (if appropriate).
10. Safeguarding – services to collect '*did not attend*' data from young people's appointments and put into action safeguarding policies where appropriate in order to safeguard potentially vulnerable young people.
11. Clinical incidents that occur during the transition period are reviewed and learnt from to build in continuous quality improvement.

### Young person's experience of care/services

12. Use of assessment processes such as "You're Welcome" to review young person appropriate services.
13. Awareness of services operational planning needs – services to collect data on the numbers of patients who will need their transition pathway in order to plan care delivery.
14. Use young people's patient experience reports and experience of parent carers to review output, make actions and feedback to participants.
15. Consider harder to reach groups e.g. young people with learning and sensory needs



## Links to National Documents

Date	Author	Title	Link
2014	CQC	From the Pond into the Sea	<a href="http://www.cqc.org.uk/content/teenagers-disabilities-and-long-term-health-needs-lack-appropriate-support-they-approach">http://www.cqc.org.uk/content/teenagers-disabilities-and-long-term-health-needs-lack-appropriate-support-they-approach</a>
2014	NHS England	Annex 1.Paediatric Medicine-Specialised Generic Children's Services Specification Insert	Not available on line
2014	NHS England (Still in Draft)	Generic Specification for Transition	Not available on line
2014	NICE	SCOPE ONLY - Draft Guidance	<a href="http://www.nice.org.uk/Guidance/InDevelopment/GID-TRANSITIONCHILDRENSADULTSSERVICES">http://www.nice.org.uk/Guidance/InDevelopment/GID-TRANSITIONCHILDRENSADULTSSERVICES</a>
2014	University Hospital Southampton	Ready, Steady, Go	<a href="http://www.uhs.nhs.uk/OurServices/Childhealth/TransitiontoadultcareReadySteadyGo/Transitiontoadultcare.aspx">http://www.uhs.nhs.uk/OurServices/Childhealth/TransitiontoadultcareReadySteadyGo/Transitiontoadultcare.aspx</a>
2013	RCN	Lost in Transition	<a href="http://www.rcn.org.uk/_data/assets/pdf_file/0010/157879/003227_WEB.pdf">http://www.rcn.org.uk/_data/assets/pdf_file/0010/157879/003227_WEB.pdf</a>
2011	DH	You're Welcome. Quality Criteria for Young Persons Friendly Services	<a href="https://www.gov.uk/government/publications/quality-criteria-for-young-people-friendly-health-services">https://www.gov.uk/government/publications/quality-criteria-for-young-people-friendly-health-services</a>
2010	Professor Sir Ian Kennedy	Getting it right for children and young people. Overcoming cultural barriers in the NHS so as to meet their needs	<a href="https://www.gov.uk/government/publications/getting-it-right-for-children-and-young-people-overcoming-cultural-barriers-in-the-nhs-so-as-to-meet-their-needs">https://www.gov.uk/government/publications/getting-it-right-for-children-and-young-people-overcoming-cultural-barriers-in-the-nhs-so-as-to-meet-their-needs</a>
2008	DH	Moving on Well	<a href="http://www.bacdis.org.uk/policy/documents/transition_moving-on-well.pdf">http://www.bacdis.org.uk/policy/documents/transition_moving-on-well.pdf</a>
2008	Royal College of Physicians of Edinburgh Transition Steering Group	Think transition developing the essential link between paediatric and adult care	<a href="http://www.cen.scot.nhs.uk/files/16o-think-transition-edinburgh.pdf">http://www.cen.scot.nhs.uk/files/16o-think-transition-edinburgh.pdf</a>
2006	DH	Transition: getting it right for young people - Improving the transition of young people with long term conditions from children's to adult health services	<a href="https://www.bspar.org.uk/DocStore/FileLibrary/PDFs/Transition-%20getting%20it%20right%20for%20young%20people%20-%2023rd%20March%202006.pdf">https://www.bspar.org.uk/DocStore/FileLibrary/PDFs/Transition-%20getting%20it%20right%20for%20young%20people%20-%2023rd%20March%202006.pdf</a>
2003	DH	National Service Framework hospital standards	<a href="http://www.nhs.uk/nhsengland/aboutnhservices/documents/nsf%20children%20in%20hospitalaldh_4067251%5B1%5D.pdf">http://www.nhs.uk/nhsengland/aboutnhservices/documents/nsf%20children%20in%20hospitalaldh_4067251%5B1%5D.pdf</a>

