

Transition and primary care

– How engaged are general practitioners in the process?

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Method:

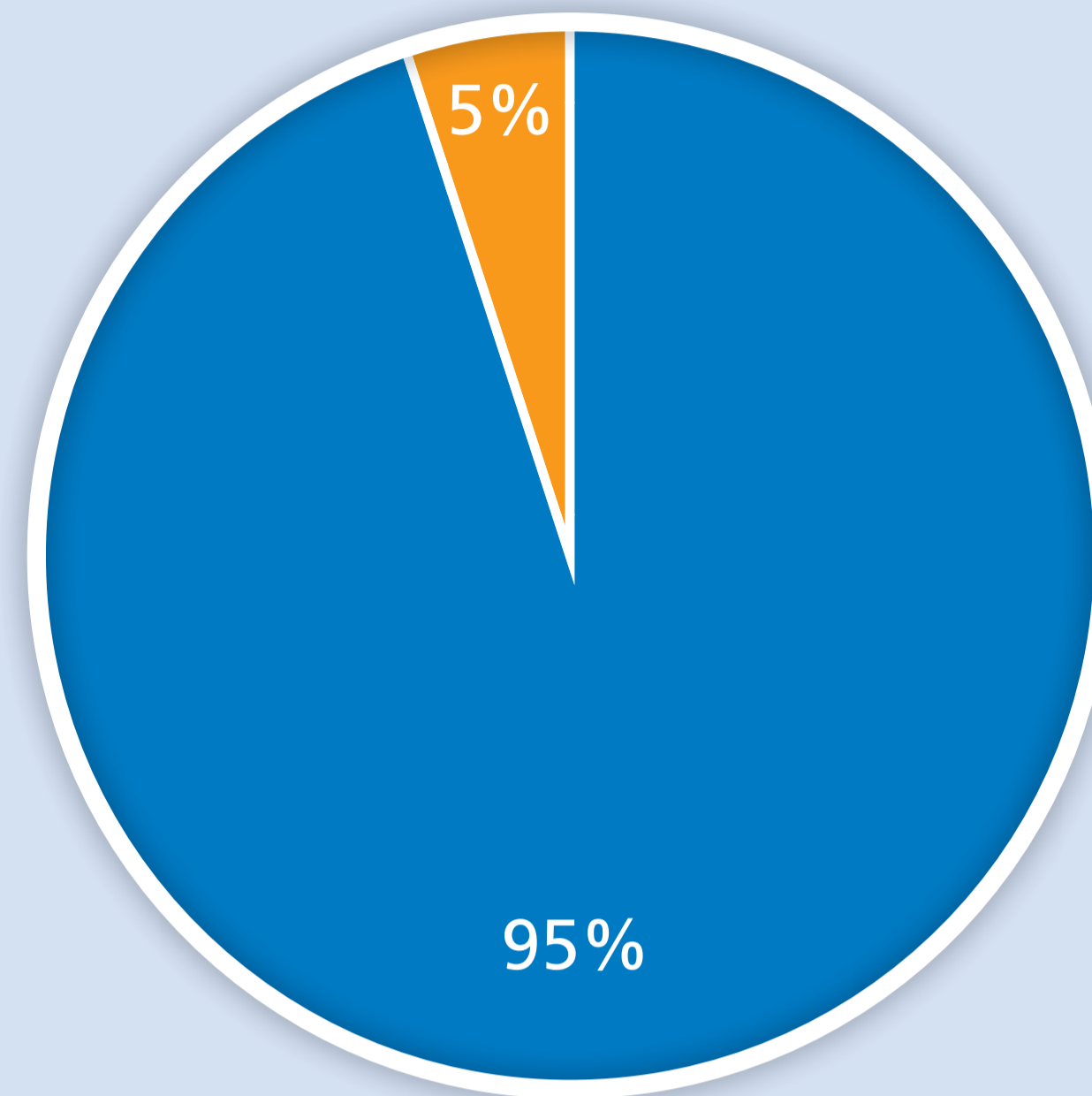
- Five question survey disseminated via clinical commissioning groups to all GPs in East Midlands
- Also asked "How best to engage with primary care to contribute to the transition process?"
- Followed up by online survey in December 2014
- Total of 55 responses (anonymous)

Key:

- Yes
- No
- To a certain extent
- Maybe

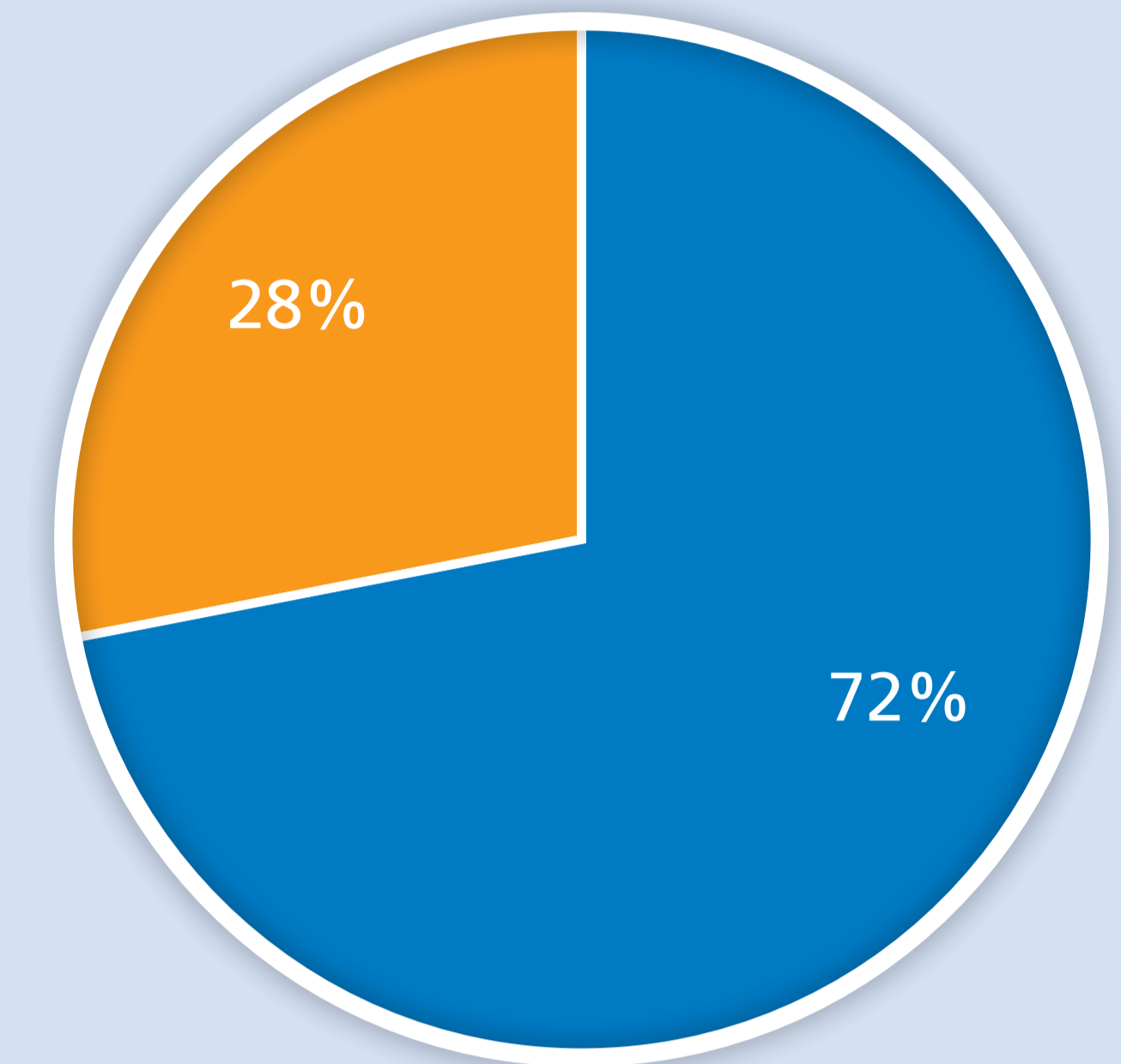
Question 1:

Is transition important?



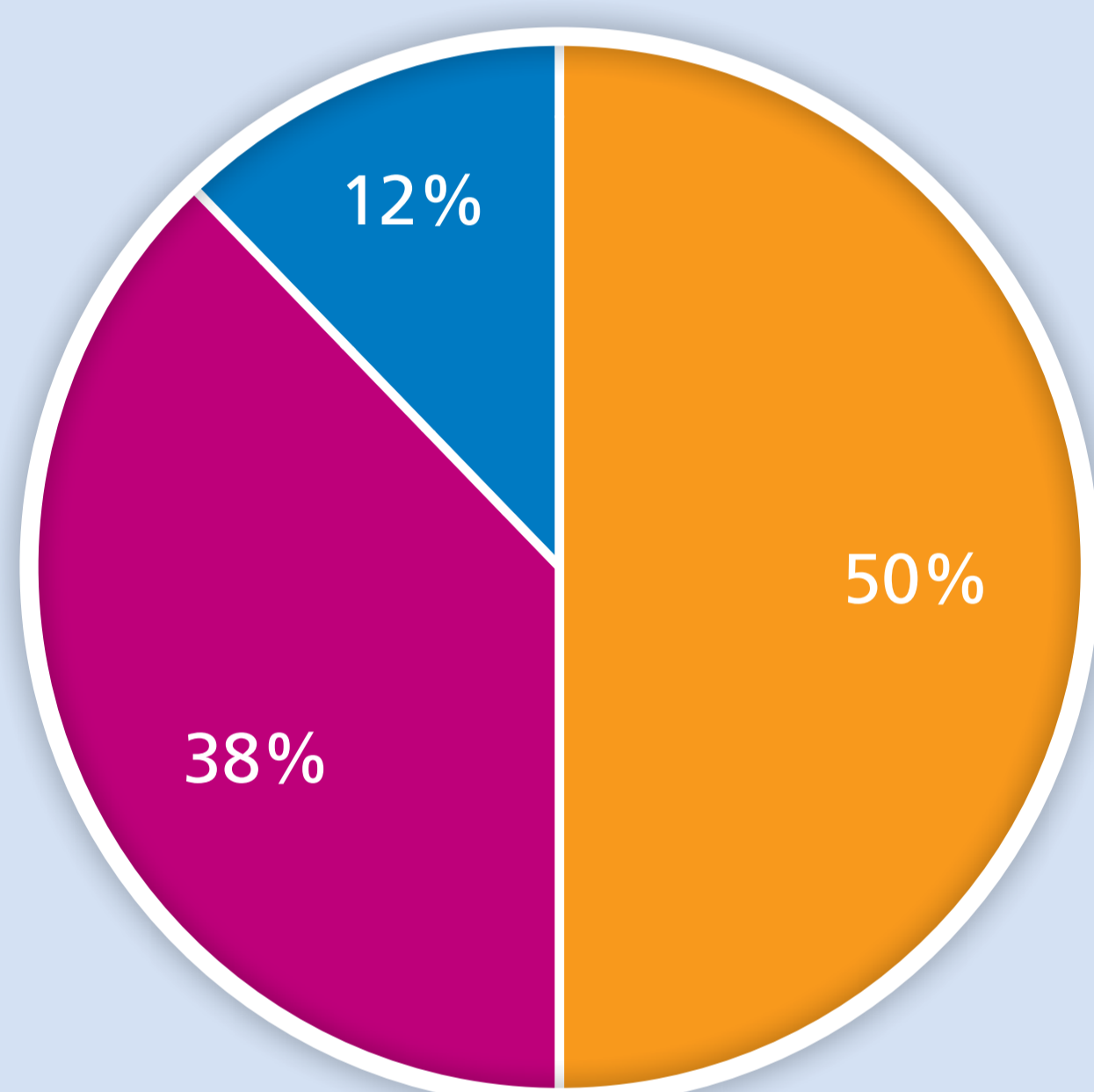
Question 2:

Does primary care have an important role?



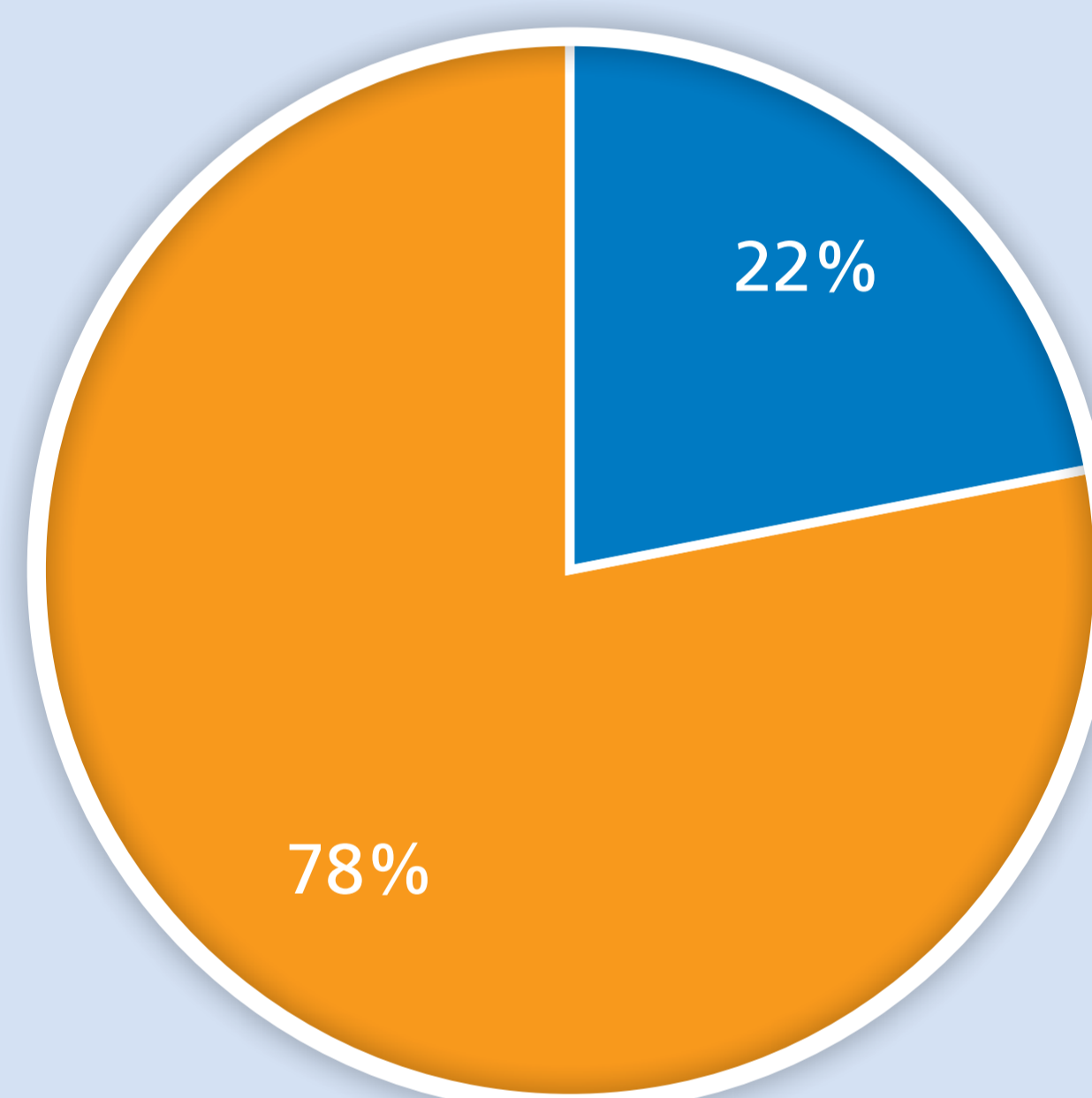
Question 3:

Are you as a GP involved appropriately?



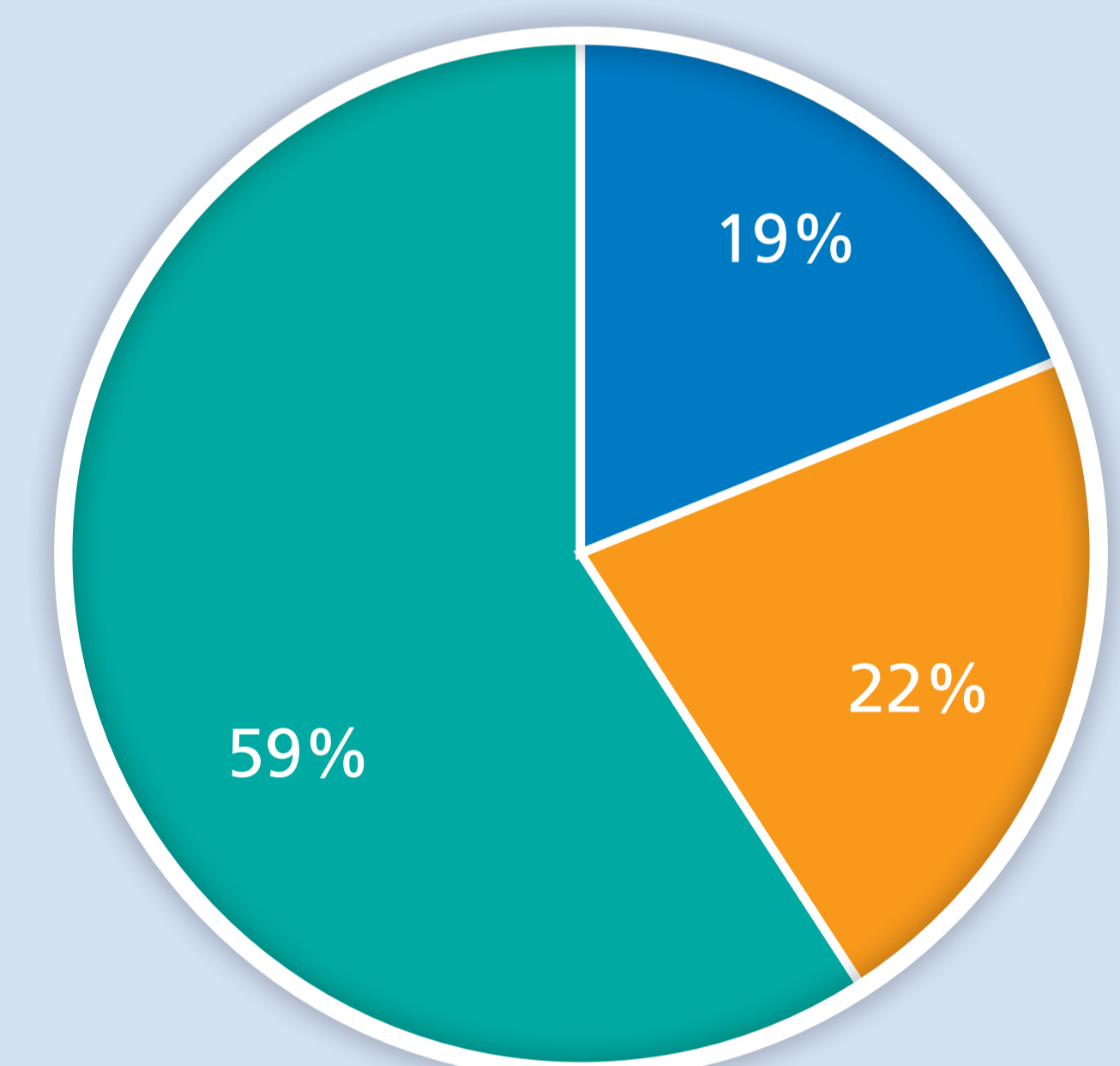
Question 4(a):

Do you have a young persons lead who could lead on transition in your practice?



Question 4(b):

If no practice lead, do you see the benefit of having one?



In summary:

- Majority of GPs recognise importance of transition
- Primary care has an important role in transition
- GPs do not feel appropriately involved in transition
- Most GP practices do not have a young person/transition lead but many see the benefit in having one

The way forward:

- The GP is involved in the transition plan
- The GP is the link to further primary care services e.g. university/college healthcare teams
- The young person can choose to share their transition plan with their GP
- The GP has contact details for the transition team or leading professional when identified
- Young people are encouraged to access primary care to discuss transition and transfer and their role in the young persons ongoing care
- Primary care should be informed if young people are failing to engage with adult services around the transition period

Some comments:

- "Patients can get lost in the system and continuity of care is essential"
- "We want the young person to continue to engage with services, not be disillusioned with change"
- "Transition is important but badly done"
- "It is essentially an administrative function!! Can't see how GP involvement helps"
- "GP involvement is [of] paramount importance as [it] may be best placed to co-ordinate care"
- "Need to be more involved in the process"
- "How many doctors does it take to change a light bulb?"
- "...provided this is not an opportunity for acute care to "dump" further work in primary [care] and ease their workload"
- "More communication between the sectors?"
- "Why can't the hospitals come up with a smooth transition"

