



Introduction from Paul Bytheway, System Sponsor for the TWB LGBT+ Network



I am pleased to announce the launch of the 2022 LGBT+ History Month Calendar. The resources in the calendar have been developed to help support members of the LGBT+ community, we have a mix of past and present webinars as well as reflection exercises, research and information. There are also resources to support health and well-being which has been especially relevant during the last two years. As well as this, we have various meetings in place for Staff Equality Networks, if you do wish to join any please contact: corporatehub@mpft.nhs.uk



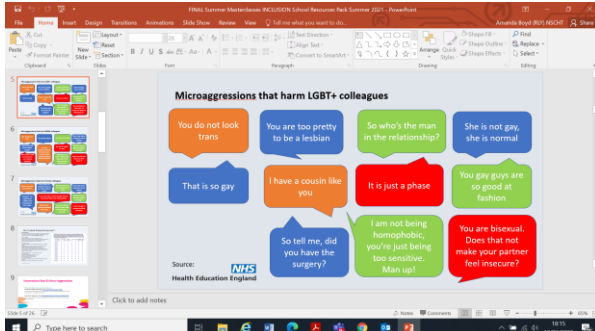
LGBT+ History 2022 Month Calendar

This year's theme: Politics In Art: 'The Arc Is Long'

<https://lgbtplushistorymonth.co.uk/>

Keep the national team updated on what we're doing on social media using this year's hashtags: #LGBTHM22, #LGBTplusHM #educateOUTprejudice

Date	Activity	Graphics/ Comments/Resources
<p>Tuesday 1st February</p>	<p>Make a pledge to be a champion of LGBT+ inclusion and to proudly wear the NHS Rainbow Badge pin.</p> <p>To pledge your support and sign up, please follow the link for your organisation below:</p> <p>North Staffordshire Combined Healthcare NHS Trust</p> <p>NHS Rainbow Badge North Staffordshire Combined Healthcare Trust NHS</p> <p>University Hospital of North Midlands NHS Trust</p> <p>NHS Rainbow badge University Hospitals of North Midlands NHS Trust</p> <p>Midlands Partnership NHS Foundation Trust</p> <p>https://forms.office.com/Pages/ResponsePage.aspx?id=V2N9w4v1a0K2qN-BZqhu1_3lbEUDT4RLgok5liHCWrNUQ08yMUVaWUtDRThLMzJHQVRSOEEzR1VPUS4u</p>	<div data-bbox="956 573 1321 770" data-label="Image"> </div> <div data-bbox="871 1016 1390 1048" data-label="Text"> <p>Follow LGBT+ History Month on Twitter</p> </div>
<p>Wednesday 2nd February</p>	<p>Read and consider the meaning behind 'Ally', a poem specially commissioned by MPFT's Equality and Inclusion team to mark Pride month in 2021.</p> <p>A poem by Mel Wardle Woodend Staffordshire Poet Laureate 2019-2021</p>	<div data-bbox="1046 1559 1262 1845" data-label="Image"> </div>

	<p>Tune in to Soho Radio today at 1pm to the LGBT+ History Month Show</p> <p>Home - Soho Radio (sohoradiolondon.com)</p> <p>Clare Lynch and Philip Baldwin will be hosting the LGBT History Month Show. Their guests are:</p> <p>Michael Cashman, MBE, Actor/Writer, Labour Peer, ex MEP, Chair NEC, LGBT+ global enjoy 2014-16, Stonewall co-founder</p> <p>Roxy Bourdillon, Editor at Diva Magazine</p> <p>Alix Maddison from the “Not a Phase” charity</p> <p>Matthew Hodson, Executive Director at aidsmap</p> <p>Ben Hunte, Senior Reporter @Vice (LGBT/Race)</p> <p>Adapted from Twitter: @philipcbaldwin</p>	 <p>Join Philip Baldwin & Clare Lynch for THE LGBT+ HISTORY MONTH SHOW Wednesday 2nd February at 1pm</p> <p>@sohoradio @philipcbaldwin @clarelynchred</p>
<p>Thursday 3rd February</p>	<p>Dates for your diary – TWB LGBT+ Staff Equality Network Meetings:</p> <ul style="list-style-type: none"> • Wednesday 25th May, 2-4 • Wednesday 29th June, 2-4 • Wednesday 24th August, 2-4 • Wednesday 12th October, 2-4 • Wednesday 30th November, 2-4 	
<p>Friday 4th February</p>	<p>Learn TODAY about how the little that you say and do can have a negative impact on colleagues & friends from the LGBT+ and other communities.</p> <p>Unconscious Bias & Microaggressions Video from a Live Webinar held at TWB Inclusion School, 27th May 2021</p>	<p>https://youtu.be/6qP3YYqArGA</p> 

Calling all Royal College of Surgeons members

LGBTQ+ Conference

For the first time in 700 years the RCS has organised a conference for LGBTQ+ members which aims to increase diversity in the college. Taking place on Friday 25 March, the event is intended for LGBTQ+ surgeons, members of the extended surgical care team and those interested in championing diversity in surgery.



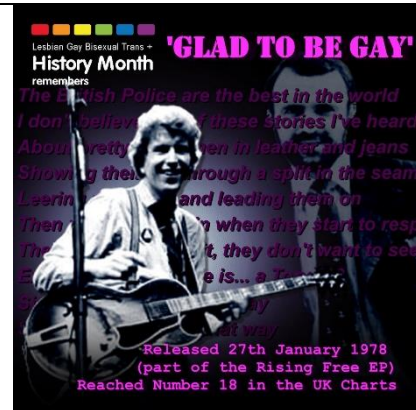
[LGBTQ+ conference and drinks reception Tickets, Fri 25 Mar 2022 at 09:30 | Eventbrite](#)

Saturday 5th February

Take a Listen

“Glad to be Gay” was written by Tom Robinson for London Gay pride 1976. BBC Radio 1 refused to broadcast to broadcast the song on its Top 40 chart – much has changed!!

Adapted from the LGBTQ+ History month Twitter feed.

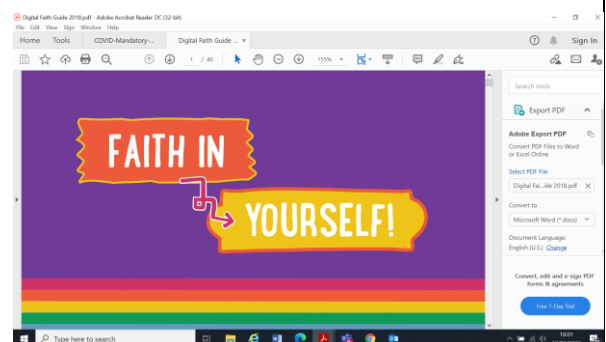






[Tom Robinson Band - \(Sing If You're\) Glad To Be Gay \(7" version 1978\) - YouTube](#)




Sunday 6th February

Faith in Yourself – a resource containing stories, advice and information from an array of voices from LGBTQ+ people of faith of all ages & backgrounds and their allies.



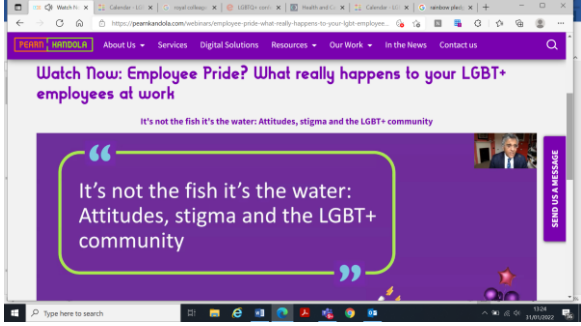
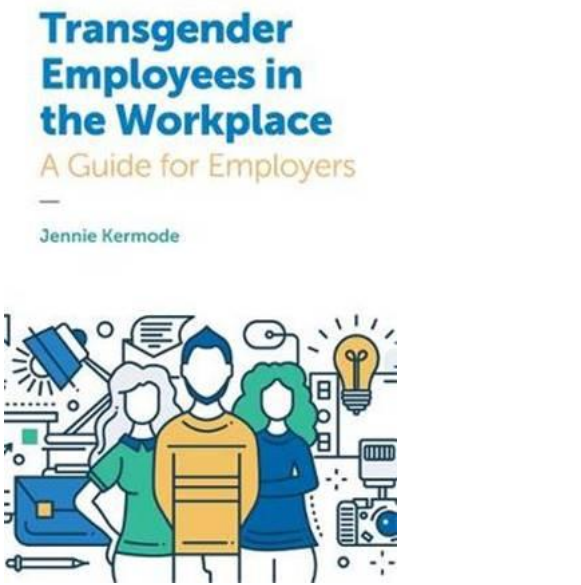
[See Digital Faith Guide 2018](#)


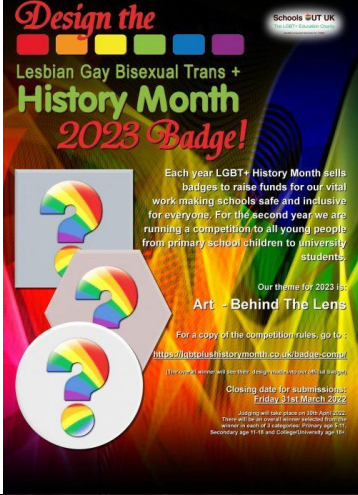





<p>Monday 7th February</p>	<p>Take a look at the Voices and Visibility: Uncovering Hidden Histories website and wallchart</p> <p>https://lgbtplushistorymonth.co.uk/resources/lgbt-history-month/wallchart/</p>	
<p>Tuesday 8th February</p>	<p>See the February schedule for the Staffordshire LGBT+ Support Group & Proud Parents</p> <p>https://www.proudparentscommunity.co.uk/</p>	
<p>Wednesday 9th February</p>	<p>Find out more about Embedding and empowering LGBTQ+ staff networks.</p> <p>NHS Employers Webinar Wednesday 15th December 2021</p> <p>https://www.nhsemployers.org/events/embedding-and-empowering-lgbtq-staff-networks</p>	
<p>Thursday 10th February</p>	<p>Learn more about Health Inequalities</p> <p>Hidden Figures: LGBT Health Inequalities in the UK</p> <p>The Government's National LGBT Survey, released in 2018, overwhelmingly demonstrates that there are still significant barriers faced by LGBT people in the UK today. The survey confirmed that growing up LGBT in an intolerant society, experiencing prejudice and rejection, can exacerbate health inequalities and have a negative impact on health outcomes compared to the general population.</p>	<p>See Health Inequalities Report in Zip File</p> 


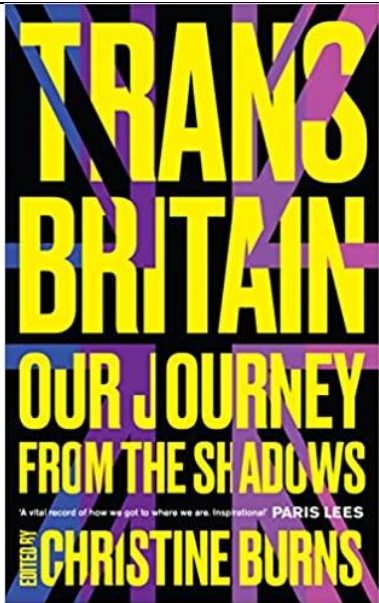
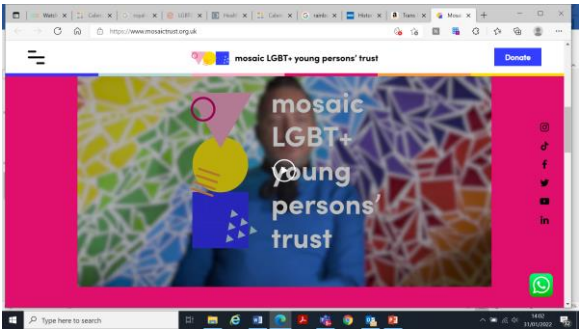
<p>Friday 11th February</p>	<p>'Microaggressions show up day in and day out, like a constant and unwelcome companion' Susan Cousins</p> <p>Read more from Susan on the psychological impact of microaggressions, in this article from The Psychologist: https://lnkd.in/eQxdk_D7</p> <p>Source: The British Psychological Society on LinkedIn</p>	
<p>Saturday 12th February</p>	<p>Have your say.....</p> <p>Pink News are running a survey on how trans lives are portrayed in the media.</p> <p>What kinds of stories and content would you like to see about trans lives in the future?</p> <p>What trans role models most inspire you?</p> <p>Survey 100% anonymous</p> <p>Have your say: Trans representation: have your say Page 1 of 2 Crowdsignal.com (survey.fm)</p> <p>Adapted from Twitter @PinkNews</p>	
	<p>Calling all Comic lovers, book tickets for 5pm</p> <p>Out of the Page, Out of the Closet</p> <p>An expert panel come together to discuss evolving histories, legacies, and politics of LGBTQ+ identity in comics and graphic novels.</p> <p>LGBT Foundation Event</p>	 <p>Out of the Page, Out of the Closet Tickets, Sat 12 Feb 2022 at 17:00 Eventbrite</p>
<p>Sunday 13th February</p>	<p>Join presenter Stephanie Hirst (she/her), guest Ali Hannon</p>	

	<p>(they/them) and our very own Steven Taylor (he/him), Inclusion & Diversity Consultant at Inclusive Employers, as we get an open and honest insight into the true experiences of trans and non-binary people in the workplace.</p>	 <p>Podcast: Trans and non-binary experiences in the workplace - Inclusive Employers</p>
<p>Monday 14th February</p>	<p>On Valentines Day</p> <p>Visit the on line exhibition at the British Museum of 15 items related to LGBT desire, love and identity.</p>	<p>Desire, love, identity: LGBTQ histories trail</p>  <p>Desire, love, identity: LGBTQ histories British Museum</p>
<p>Tuesday 15th February</p>	<p>Take a look at recent national findings on Inclusive Leadership.</p> <p>In August 2021, the Health and Care LGBTQ+ Leaders Network conducted a short survey to help us to determine what the current picture of inclusive leadership looks like and what that means for our network members.</p>	 <p>Inclusive leadership survey findings NHS Confederation</p>
<p>Wednesday 16th February</p>	<p>Understand a little more about..</p> <p>Politics in Art: the LGBTQ+ History Month theme for 2022</p> <p>Addison Barnett, Head of Inclusion and Diversity Services (South) at Inclusive Employers, explores this year's LGBTQ+ History Month theme.</p>	 <p>Politics in Art: LGBTQ+ History Month Inclusive Employers</p>

<p>Thursday 17th February</p>	<p>Listen to our Winter Inclusion School March 2022 – All of Us and LGBT+, Mind, Body and Spirit</p> <p>Hosted by, Paul Bytheway, Chief Operating Officer, University Hospitals of North Midlands in conversation with special guests:</p> <ul style="list-style-type: none"> • Dr Michael Brady, National Adviser on LGBT+, NHSE/I • DC Vikki Pendleton, Staffordshire Police, CID North & LGBT Network Co-Chair • Jenny Harvey, Branch Secretary, UNISON Staffordshire Community Health 	 <p>GMT20210322-134016_Recording.m4a</p> 
<p>Friday 18th February</p>	<p>Watch Professor Binna Kandola, OBE from last year's LGBT+ History Month explore "Attitudes, stigma and the LGBT+ community"</p>	 <p>Watch Now: Employee Pride? What really happens to your LGBT+ employees at work - Pearn Kandola</p>
<p>Saturday 19th February</p>	<p>Reading list this Saturday..</p> <p>Jennie Kermode who has written a number of books she has researched with the Trans community to help develop practice and understanding https://www.waterstones.com/authors/jennie-kermode/3578224</p>	

<p>Sunday 20th February</p>	<p>Watch a 4 min video</p> <p>The Naz and Matt Foundation work to raise awareness and challenge faith-based homophobia, biphobia and transphobia. Watch their short (4 min) video The Search for Sunrise sharing their story: https://youtu.be/ur0fyKP9Em4</p>	
<p>Monday 21st February</p>	<p>Take a look at the Design the LGBT+ History Month 2023 Badge competition.</p> <p>An activity idea for children during the half term holidays.</p> <p>https://lgbtplushistorymonth.co.uk/badge-comp/</p>	
<p>Tuesday 22nd February</p>	<p>Research Opportunity</p> <p>Intersex equality and diversity action learning sets.</p> <p>The University of Huddersfield are undertaking a research project investigating intersex equality and diversity. Through action learning sets, they are looking to engage stakeholders in healthcare, social work, law enforcement and allied professions to think about how these sectors can address intersex erasure. Email Sean Saifa Wall at s.wall@hud.ac.uk if you are interested in taking part</p>	

<p>Wednesday 23rd February</p>	<p>Consider Pronouns</p> <p>If a person chooses to tell you their pronouns (in their signature line or otherwise), they are simply letting you know how you can refer to them, without you having to make any assumptions. When we write policies, guidelines and protocols we should also use ‘they’ when referring to others and not binary alternatives such as ‘she/her/hers’ or ‘he/him/his’ as we want to get it right for everyone.</p> <p>Read this personal reflection on why pronouns matter for NHS staff and their patients.</p> <p>Why pronouns matter NHS Confederation</p>	
<p>Thursday 24th February</p>	<p>Rugby legend Gareth Thomas</p> <p>In 2009 Gareth became the first active professional rugby player to come out as gay, and many hailed this as one of the bravest decisions ever in sport. The following year he was voted the most influential gay person in the UK in The Independent On Sunday, and was also given the Stonewall Hero of the Year award.</p> <p>More recently he has spoken about his HIV diagnosis:</p> <p>"Many people live in fear and shame of having HIV, but I refuse to be one of them now. We need to break the stigma once and for all. "I'm speaking out because I want to help others and make a difference."</p> <p>The day following this announcement he completed a 140 mile triathlon, which helped to show that people living with HIV are not “frail and weak”. The Terence Higgins Trust also saw an immediate rise in people accessing self-test kits, and information from their website and telephone service.</p>	

<p>Friday 25th February</p>	<p>Take a look at resources on the History of the Rainbow Flag</p> <ul style="list-style-type: none"> • Changes to the flag • Gilbert Baker, 1978 • History of the pride flag • The one mile long flag • And more 	 <p>History University Hospitals of North Midlands NHS Trust</p>
<p>Saturday 26th February</p>	<p>Reading list this Saturday..</p> <p><i>Trans Britain</i> chronicles the journey in the words of those who were there to witness a marginalised community grow into the visible phenomenon we recognise today: activists, film-makers, broadcasters, parents, an actress, a rock musician and a priest, among many others.</p> <p>Trans Britain, Christine Burns (ed) https://www.amazon.co.uk/Trans-Britain-Our-Journey-Shadows/dp/1783524715</p>	
<p>Sunday 27th February</p>	<p>Interfaith discussion –</p> <ul style="list-style-type: none"> • 2 videos by Mosaic LGBT+ young persons Trust which are discussions between different people of different faiths - really enlightening. Access these at:- <ul style="list-style-type: none"> • https://www.youtube.com/watch?v=ISxsb_yrhp84 • https://www.youtube.com/watch?v=I_oBszNJ3aE 	

**Monday 28th
February**

Have you made your Pledge yet?

Make a pledge to be a champion of LGBT+ inclusion and to proudly wear the NHS Rainbow Badge pin.

To pledge your support and sign up, please follow the link for your organisation below:

**North Staffordshire Combined
Healthcare NHS Trust**

[NHS Rainbow Badge North
Staffordshire Combined Healthcare
Trust NHS](#)

**University Hospital of North
Midlands NHS Trust**

[NHS Rainbow badge | University
Hospitals of North Midlands NHS
Trust](#)

**Midlands Partnership NHS
Foundation Trust**

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JHQVRSOEEzR1VPUS4u](https://forms.office.com/Pages/ResponsePage.aspx?id=V2N9w4v1a0K2gN-BZqhu1_3IbEUDT4RLgok5IiHCWrNUQ08yMUVaWUtDRThLMzJHQVRSOEEzR1VPUS4u)

**Add links for other Trusts –links for
UHNM & MPFT needed**

