
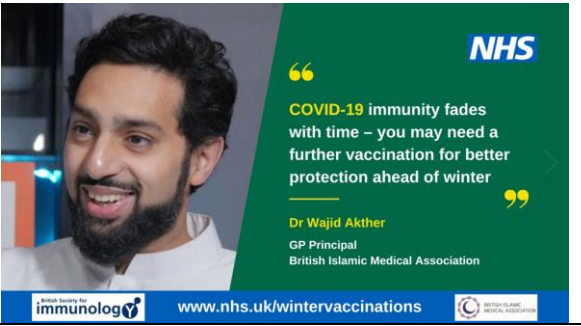










COVID-19 NHS social cards – 4 November 2022

	Image	Recommended text
1		<p>For years, vaccinations have helped to protect babies, children, mothers-to-be, young people and adults against many diseases, such as measles, mumps, polio and some types of meningitis. Find out more about #flu and #COVID vaccines at www.nhs.uk/wintervaccinations</p>
2		<p>To protect ourselves against newer #COVID variants we may need to top up our immunity with a #booster as you may not be fully protected over time. Find out more about getting your #COVIDVaccine at www.nhs.uk/wintervaccinations</p>
3		<p>The NHS is inviting people for their #COVID booster vaccine as protection from previous doses reduces with #FluVaccine. You can book vaccines by following the instructions in your letter or by calling 119.</p>
4		<p>Vaccinations have been keeping mothers and babies safe for years. Evidence shows COVID-19, flu and whooping cough vaccines will not harm you or your baby, nor impact your fertility in the future. Find out more about vaccinations during pregnancy at nhs.uk</p>
5		<p>The best way to protect you and your baby from #COVID and #flu is by getting your vaccinations. You and your baby can't catch a virus from having COVID or flu vaccines. If you have any questions or concerns, you can contact @BIMA, @britsocimm or your midwife.</p>

6	 <p>NHS</p> <p>“ Getting vaccinated doesn't impact on your fertility ”</p> <p>Dr Uzma Haque - GP</p> <p>British Society for immunology www.nhs.uk/wintervaccinations BRITISH ISLAMIC MEDICAL ASSOCIATION</p>	<p>If you're planning for a baby, you don't need to put off your vaccinations. Evidence shows #FluVaccine and #COVIDVaccine used in England won't affect your fertility – no matter which gender you are. Speak with your GP practice, @BIMA or @britsocimm for more information.</p>
7	 <p>NHS</p> <p>“ Vaccinations help to train your body to defend you against different diseases ”</p> <p>Dr Samara Afzal - GP</p> <p>British Society for immunology www.nhs.uk/wintervaccinations BRITISH ISLAMIC MEDICAL ASSOCIATION</p>	<p>Vaccines help our immune system to remember what to do when our body comes into contact with specific infections. Making antibodies and special cells to get rid of bugs, bacteria and viruses help to protect us from getting seriously ill. Find out more @britsocimm</p>
8	 <p>NHS</p> <p>“ The flu and COVID-19 vaccines are safe and effective and won't give you the virus ”</p> <p>Dr Shahed Ahmad National Clinical Director for Cardiovascular Disease Prevention</p> <p>British Society for immunology www.nhs.uk/wintervaccinations BRITISH ISLAMIC MEDICAL ASSOCIATION</p>	<p>You can't catch #COVID from having the vaccine. You can't catch the #flu virus from having your flu jab. Find out why and how vaccines work @britsocimm</p>
	 <p>NHS</p> <p>“ You can get COVID-19 more than once and any immunity you build up reduces over time. You still need your COVID-19 vaccine to boost immunity. ”</p> <p>Dr Adnan Mahmood - GP</p> <p>British Society for immunology www.nhs.uk/booster BRITISH ISLAMIC MEDICAL ASSOCIATION</p>	<p>Vaccinations are the most effective and safest way to boost your immunity against #COVID. It's not too late to book your first, second or booster doses at www.nhs.uk/booster</p>
	 <p>NHS</p> <p>“ Both the COVID-19 and adult flu vaccines don't include pork or animal products. Muslim jurists have said these are permissible and suitable for a halal diet. ”</p> <p>Imam Yunus Dudhwala Head of Chaplaincy Barts Health NHS Trust, London</p> <p>British Society for immunology www.nhs.uk/wintervaccinations BRITISH ISLAMIC MEDICAL ASSOCIATION</p>	<p>If you have any questions or concerns about getting your COVID-19 or flu vaccinations, you can speak with your local Imam or contact your GP practice, @BIMA or @britsocimm</p>



NHS

“It’s your right to be protected against **COVID-19**. The vaccine is free and you don’t need to have a GP or show identification.”

Dr Bnar Talabani MBE
Kidney & transplant doctor & immunology scientist

British Society for Immunology **www.nhs.uk/wintervaccinations** British Islamic Medical Association

It’s your right to have your vaccinations to keep you safe from COVID-19. Your details will be kept completely confidential and will not be shared with others. Find out more @britsocimm or book your vaccine at www.nhs.uk/wintervaccinations



NHS

“The NHS will contact you if you need a booster to top up your protection against **COVID-19**”

Dr Sohail Munshi
GP, Senior Clinical Adviser Vaccinations and Immunisations Programme

British Society for Immunology **www.nhs.uk/booster** British Islamic Medical Association

Millions of people with many different medical conditions have been safely vaccinated against COVID-19. Some of us need additional booster vaccines to top up our immunity. Find out more about getting your booster vaccine at www.nhs.uk/booster