## First dose

If your child aged under 6 years old hasn't yet had their first dose of the measles, mumps, and rubella (MMR) vaccine, we encourage you to contact their GP Practice to book an appointment. The MMR vaccine is safe, free and helps protect your child against these potentially serious illnesses. More information is available here: <a href="https://www.nhs.uk/mmr">https://www.nhs.uk/mmr</a>. If your child is up to date with their MMR vaccination, please ignore this text message.

## Second dose

If your child aged under 6 years old hasn't yet had their second dose of the measles, mumps, and rubella (MMR) vaccine, we encourage you to contact their GP Practice to book an appointment. The MMR vaccine is safe, free and helps protect your child against these potentially serious illnesses. More information is available here: <a href="https://www.nhs.uk/mmr">https://www.nhs.uk/mmr</a>. If your child is up to date with their MMR vaccinations, please ignore this text message.