

Pharmacy Blood Pressure Check Service: Top Tips for Service Delivery

Here's a concise list of 10 key tips that covers the essential aspects of ensuring a smooth and effective Community Pharmacy Blood Pressure Check Service

1	Provide a quality service in line with NG136 – Pharmacists, pharmacy technicians and pharmacy team members providing the service must be appropriately trained and familiar with the latest NICE guideline NG136 Hypertension in adults: diagnosis and management .	6	ABPM provision – Put the patient at ease and ensure they know it can't get wet and not to drive. Arrange a time for the ABPM return and for you to interpret the results. At least 14 readings are required with machines set to take two measurements per hour during waking hours.
2	Stay clinically up to date – The service specification is being reviewed (Summer 2025) so once it is released, make sure you are aware of the changes. You MUST offer ABPM where appropriate - the service includes clinic and ABPM measurements.	7	Strengthen collaboration with GP practices – Engage the GP practice team noting this service supports the PCN DES and QOF. Agree local pathways - some PCN pharmacists review patients following high ABPM measurements for example.
3	Engage patients – Ensure all your team understand the service, know the benefits and can engage eligible patients. After completing the clinic reading, explain the numbers to the patient and give advice on healthy behaviours. Give the patient a record of their BP.	8	Quality consultation records – Record accurate and concise consultations on an approved system and ensure all test results are sent to the GP practice. Where urgent follow up is needed for patients, follow the flow charts in Annexes C and D.
4	After a Clinic blood pressure clinic reading – follow Annex C in the service specification Annex-C-Clinic-BP-flowchart.pdf	9	Off site provision – If you wish to occasionally provide the service off-site, request permission from the commissioner
5	After an ABPM blood pressure reading – follow Annex D in the service specification Annex-D-ABPM-flowchart.pdf	10	Handle electronic notification issues effectively – If system failures occur, ensure paperwork is sent or emailed to general practices promptly, maintaining continuity of care.