

**Local Professional Network (LPN) for Pharmacy Shropshire and Staffordshire
Mental Health Work Group
Notes of meeting held on 21st October 2014
Management Room 22, Harplands Hospital, Stoke-on-Trent, ST4 6TH**

	Issue	Notes	Actions
1.	In attendance	Mani Hussain, (MH), Andy Pickard (AP), Diane Thompson – Chair (DT), Linda Podmore (notes)	
	Apologies	Gill Hall, Louise Jackson, Lucy Heath, Cathy Riley, Lindsey Fairbrother	
2.	Notes of Last Meeting (23.09.14)	Accepted as an accurate record of meeting.	
3.	Matters arising		
	Ready Reckoners	Diane confirmed that she has ordered the “Ready Reckoners” (free of charge – POMH member)	
	Distribution of folders - MH toolkit and Handy Charts	The group discussed the logistics of sending the folders out to 375 pharmacists. AP suggested sending them from Heron House for North and South Staffordshire and from William Farr for Shropshire. Each pharmacist will receive a letter (via Goldfax) to inform them that a folder will be sent to them. The CPPE could also send notification to the LPC via email and add information to their website and monthly LPC newsletters to raise awareness and promote the use of the folders. A carefully coordinated public relations approach was discussed in relation to the launch and distribution of the folders. The group suggested a press release via the LPN, to	DT and LJ to add information to raise awareness/promote the use of the folders to MH Trust websites, Medicines Optimisation Newsletters and Service User/Carer Groups MH to contact NHS England (Sarah Dakin) to arrange a press release.

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	Everybody Matters leaflets Folder Launch Dementia	<p>include quotes from hospital and community pharmacists, to promote the shared approach, promote Mental Health and to raise the profile of pharmacists.</p> <p>AP added that a Health Promotion campaign is being organised for March 2015 around Mental Health, this would be a good time to promote the folders</p> <p>These will be printed to coincide with the launch.</p> <p>The group agreed to discuss the launch of the toolkit and handy charts in more detail at the next meeting. The group discussed the possibility of sending the packs out in November 2014 so that pharmacists can familiarise themselves with it prior to the official launch. It was acknowledged that timing is key in order for the launch to be successful.</p> <p>DT added that the Stafford event could be arranged in the new year to coincide with the launch.</p> <p>LJ is meeting with Carol Bain over the next few weeks in relation to the Dementia Friendly Initiative.</p>	<p>LJ to provide an update/cost at the next meeting.</p> <p>LP to add to the next meeting agenda.</p>
3.1	Feedback from the learning events	<p>Both events received positive comments, good feedback and were well attended.</p> <p>The group reviewed and discussed the collated feedback from the Stoke event.</p> <p>Some feedback was given relating to Clozapine. It was suggested that a message could be added to the back of the</p>	<p>DT to summarise the feedback from the Shrewsbury event and circulate to the group for information.</p>

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		<p>prescription or notes added to the GP computer to raise awareness for patient safety in the future. A discharge letter listing all the patient's medications for them to hand to their GP was also suggested. MH added that these suggestions would be relatively easy and straight forward to implement (by email) to all GP's. It is important to understand how information is communicated to GP's.</p> <p>MH asked the group for their thoughts/opinions on the use of a Clozapine card (small credit card sized) for patients to carry with them. DT added that there is a leaflet and detailed handbook available. DT acknowledged that it was a good idea but added that the Lithium cards are not well used and she wasn't sure how well a Clozapine card would be received.</p>	<p>DT and LJ to confirm how communications are sent to GP's for MH Trusts.</p> <p>DT agreed to ask patients on Clozapine in South Staffordshire (approximately 350) if they thought a card would be useful for them to have (simple survey)</p>
3.2	Mental Health Toolkit – next steps and printing costs	<p>LJ has received a quote for the printing of the handy charts - £1,310.40 (inc VAT) for 375. This excludes the A4 ring binder folder which cost £2.12 each from NHS Logistics, total cost of £2,105.40.</p> <p>Linda has asked "Impressions Design & Print Ltd" for a quote for the folders – awaiting a reply.</p> <p>The group agreed that the cost is expensive; MH added that some funding is available from the drug companies to help with the costs.</p>	
3.3	Template to support new medicines review for patients with Mental Health conditions	<p>LJ is still working on this.</p> <p>Key points will be added to the MUR which could be used as a checklist for guidance during consultations.</p>	LJ to provide an update at the next meeting

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		<p>DT added that a “Drug Attitude Inventory” is currently being piloted for patients on discharge in South Staffordshire. The idea is to identify patients who may have adherence problems; this could be a way of identifying patients for referral to community pharmacists.</p> <p>MH added that a recent “Minor ailment Study” has shown that out of 126 patients asked, 16 sought further advice and only 3 went back to their GP. The way any data is collected needs to be carefully considered (must be validated). The group agreed that a basic, simple question for the patient is the best way of obtaining more subjective data.</p>	DT to check when the pilot ends and to provide feedback from the Community Services meeting at the next LNP meeting
3.4	What do GP’s want from MUR’s?	<p>The proposed changes to pharmacy contracts are now in place. There is a 70% target to complete MUR’s. The group debated if this does/does not include mental health patients MUR’s on discharge.</p> <p>The group agreed to remove this item from the agenda – action complete</p>	AP to clarify at the next meeting
3.5	<p>New Services</p> <p>a) New Medicines service for vulnerable patients with MH need i.e. targeted MUR</p> <p>b) Additional pharmacist support for vulnerable patients i.e. contact if do not collect</p>	<p>Pharmacists are offering additional support by encouraging patients to sign up for the repeat dispensing service i.e. prescriptions every 6 months (for suitable patients). This has been added to all pharmacy and GP contracts to raise the profile of the service and to develop and enhance links between care workers, patients and pharmacists.</p> <p>MH added that this could be developed further for a select group of vulnerable patients who are at risk of re-admittance to include 1:1 interaction with pharmacists and patients and a monthly review programme. Month one could be to build rapport with the patient, month 2 to offer healthy living support</p>	AP to clarify at the next meeting

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	medicines	etc. This could be a bolt on service commissioned by Public Health	
3.6	Service of administration of depot antipsychotics from community pharmacy	To be discussed in further detail at the next meeting.	MH to gather feedback from Erica and to check if on formulary.
3.7	Areas for Development in the Future	<p><u>Develop links with Choices and user groups to reduce stigma for people with MH needs.</u> Remains on-going</p> <p><u>Link with Making Every Contact Count to support patients managing their health</u> The concept is that the community pharmacist will add value to the contact.</p> <p><u>Assess levels of stigma/attitudes relating to patients with mental health needs across pharmacy staff</u> MH informed the group that he and Louise have met with Ian Maidment (Pharmacy Lecturer at Aston University) recently. A diploma student at the university is undertaking a study around stigma and looking at pharmacist's attitude to MH patients.</p>	MH to provide feedback to the group as the study progresses.
4.	Long Acting Injection – Pharmacy Project	Deferred until the next meeting	LP to add to the next meeting agenda
5.	Nalmefene Project	Deferred until the next meeting for further discussion. MH added that the funding is with Public Health (links via Lucy and NICE). Peter and Gill Hall are involved with a small project locally and may be able to provide some further information.	LP to add to the next meeting agenda

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		The contract has been awarded to ADS, they will engage with stakeholders and pharmacists.	
6.	Any Other Business	LJ has emailed Susan Abell (partnership Trust representative) regarding her attendance at the LPN meetings. It was suggested that it might be more beneficial for Susan to attend the Pharmacy Interface Group or the Self Care Group.	LJ to contact Susan Abell
5.	Date & Time of Next Meeting	25 November 10am to 12 noon <i>Deadline for Agenda Items – 17.11.14</i>	Management Room 22, Harplands Hospital, ST4 6TH
		20 January 2015 10am to 12 noon <i>Deadline for Agenda Items – 12.01.15</i>	Room 3, Mellor House, St George's Hospital, Stafford, ST16 3SR
		24th February 2015 10am to 12 noon <i>Deadline for Agenda Items – 16.02.15</i>	Management Room 22, Harplands Hospital, ST4 6TH