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|  | **DESCRIPTION** | **OBSERVE** | **PRACTICE WITH OT** | **PRACTICE ON OWN** | **COMPLETED** |
| Stroke specific competencies  **Communication** |  | Observer to initial & date every time | | | **Signed by Band 5 & Supervisor** |
| To be able to communicate effectively with patients/family/carers and other agencies ie Social services |  |  |  |  |  |
| To be able to contribute effectively in MDT/ hand overs |  |  |  |  |  |
| To be able to lead a family meeting/ case conference confidently and effectively and complete the required documentation. |  |  |  |  |  |
| To be able to write a formal report.  . | Home visit  Access visits  Discharge summaries |  |  |  |  |
| To be able to use SOAP notes effectively in line with trust policy. |  |  |  |  |  |
| To be aware of and use effectively the Stroke Occupational Therapy documentation | Neuro screening, initial interview sheets, Health and social reports, use of hand over books, SSNAP, Rehab review sheets, Green discharge sheets. And any other documentsation used by each area. |  |  |  |  |
| **Assessment and Treatment Planning** |  |  |  |  |  |
| To be able to carry out an Initial assessment of a stroke/neurologically impaired patient and complete the relevant paperwork. | Clinical reasoning |  |  |  |  |
| To be able to assess Cognition functionally and identify areas of deficit. |  |  |  |  |  |
| To be able to formally assess cognition using standardized assessments and interpret the results.  (To be able to identify which is the appropriate assessment to use) | MOCA, BUTT, |  |  |  |  |
| To be able to complete an upper limb assessment and identify areas of weakness and identify appropriate treatment techniques. | PROM/AROM  Strength  Sensation  Proprioception |  |  |  |  |
| To be able to asses for a specialist wheelchair and pressure relieving cushion and refer appropriately. | 9L with additional support.  Rea Assist |  |  |  |  |
| To be able to identify an appropriate treatment plan and implement it for pts with cognitive and/or physical deficits. |  |  |  |  |  |
| To be able to set SMART goals. |  |  |  |  |  |
| To be able to re-assess, review and upgrade a treatment plan effectively and in a timely manner. |  |  |  |  |  |
| To be able to analyse activity and identify the impact stroke impairments may have upon function. |  |  |  |  |  |
| To be able to show evidence of being able to use learned knowledge in different situations. | Problem solving skills  Knowledge from different clinical areas.  Transference of skills |  |  |  |  |
| To be able to demonstrate how to carry out washing and dressing with a stroke patient using appropriate therapeutic handling. | Needing Assist of 2  Needing Assist of 1  Supervision |  |  |  |  |
| To be aware of and explain the difference between assistance and facilitation. |  |  |  |  |  |
| To be able to demonstrate how to carry out upper limb treatment with a stroke patient using appropriate therapeutic handling. |  |  |  |  |  |
| Effectively manage a full caseload as agreed with supervisor. | Use of supervision  Prioritization  Tiara inputting  Completion of notes with-in expected time scales. |  |  |  |  |
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