

## **Whooping Cough Vaccine**



The **Whooping Cough Vaccine** is also called the Pertussis vaccine.

This vaccine helps to **protect you and your baby** from Whooping Cough.

Whooping Cough is an **infection of the lungs**. It can make **babies** very **poorly** and they may need stay in hospital.





## Symptoms of Whooping Cough include:

- Coughing episodes that last for a few minutes. Coughing may be worse at night.
- Coughing up a thick mucus
- The cough may last for weeks
- Finding it hard to breathe
- Making a whoop sound between coughs this sounds like a gasp for breath
- Scan the QR code to hear the whoop sound

## protection



The Whooping Cough vaccine also **protects** against

**Diphtheria** (an infection of the nose and throat) and

**Tetanus** (a life-threatening infection)



The whooping cough vaccine can be **given from 16 weeks pregnant**.

The vaccine gives the **best protection** for your baby if it is given to you **before** you are **32 weeks** pregnant.

The vaccine can be given until your baby is born



The whooping cough vaccine is given as an **injection** into your **arm.** 

It is **recommended** every **pregnant** woman should have the whooping cough vaccine in **every pregnancy**.



Side effects from the vaccine are usually not serious.

Sometimes you can get a **lump** or **pain** where the injection was given, a **high temperature**, **headache**, feeling **tired** or **not feeling hungry**.

Not everyone gets side effects.



The Whooping Cough vaccine is safe.

It **protects** your baby from **birth until** your baby can have their own vaccine at **8 weeks old**.



The vaccine is **free**.



It is important to be protected from serious disease.

**Ask your GP or Midwife** about the vaccine and to book an appointment.