



UK Health
Security
Agency



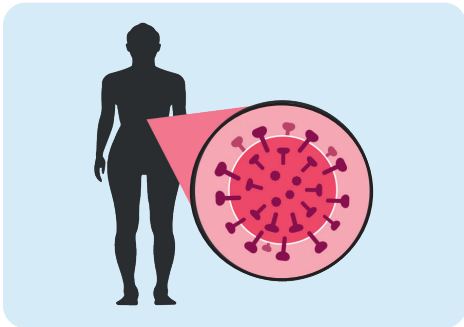
Easy read guide to the HPV vaccination



This leaflet is to give you information about how the HPV vaccine can help people stop getting cancer



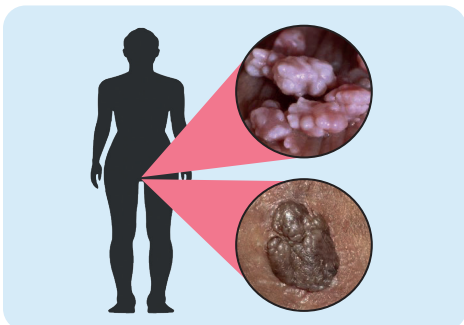
What is the HPV virus?



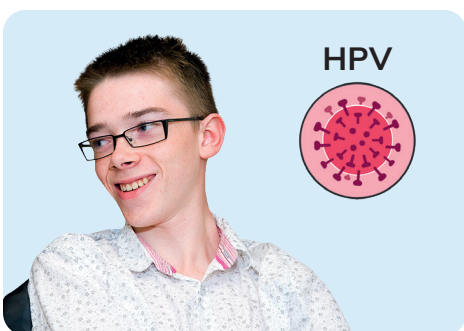
Human papilloma virus is also known as HPV. HPV is a common virus lots of people get



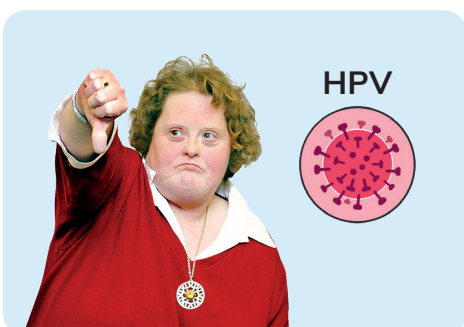
There is a vaccine that young people can get to help stop them getting HPV



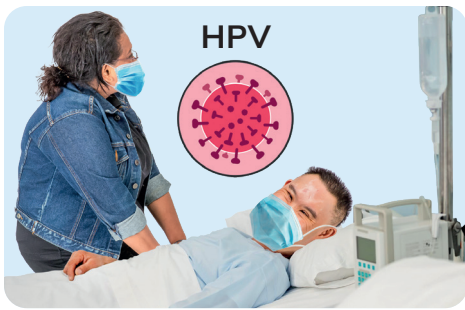
There are different types of HPV infections that can cause different symptoms like warts on your genitals or cancer



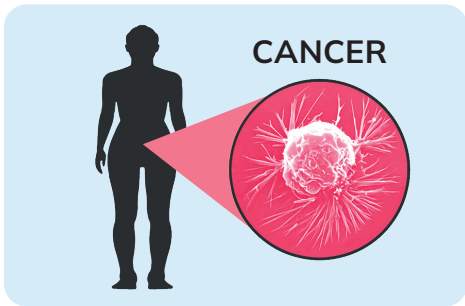
Some types of HPV do not cause any symptoms and it can go away by itself but sometimes it doesn't



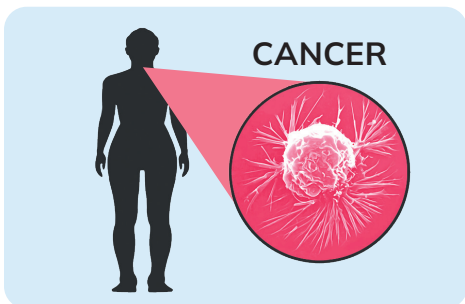
A lot of people that have not had the vaccine will get HPV so it is very important to have it



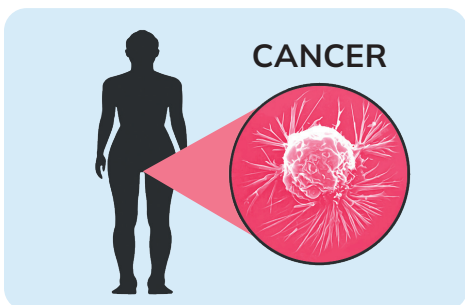
Having HPV means you are more likely to get some types of cancers



Cervical cancer
(this is a cancer in the lower part of the womb)



Some mouth and throat cancers

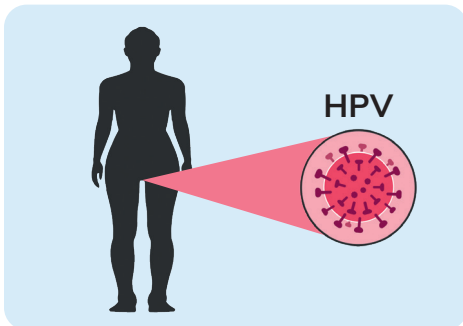


Some cancers in the bum and genital areas



The HPV vaccine helps to stop you getting the HPV virus

How do people get HPV infection?



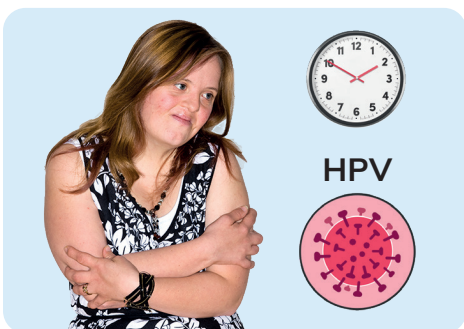
HPV is on the skin in and around the whole genital area, this is where your penis or vagina are



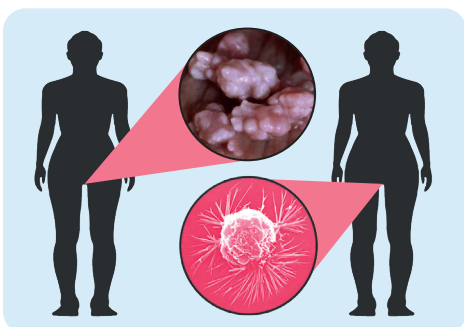
Using condoms when having sex will not always stop you from getting HPV



But using condoms does still protect you from other infections so you should still use one when having sex



Some HPV infections can get better on their own



But other HPV infections do not clear up and can lead to cancer and others can cause warts on your genitals

The HPV vaccine



The HPV vaccine has been given to children all over the world to help stop this virus from spreading and causing cancers and genital warts



The HPV vaccine is offered to everyone once they are in year 8 or are around 13 years old



The HPV vaccine helps protect both boys and girls from cancers that HPV makes you more likely to get

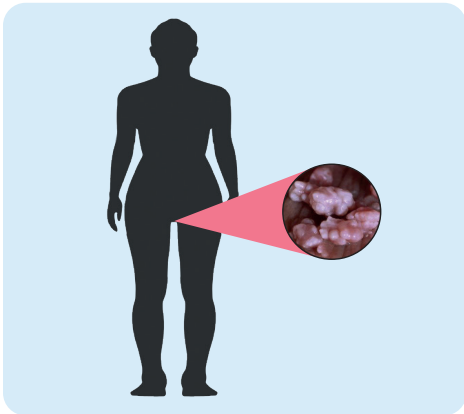
But the HPV vaccine does not stop you getting other infections which you can get when you have sex. So it is still important to have safe sex

www.choicesupport.org.uk/uploads/documents/Love-Sex-and-Relationships-BOC-Easy-Read-Policy-and-Guidelines-Feb-2017.pdf

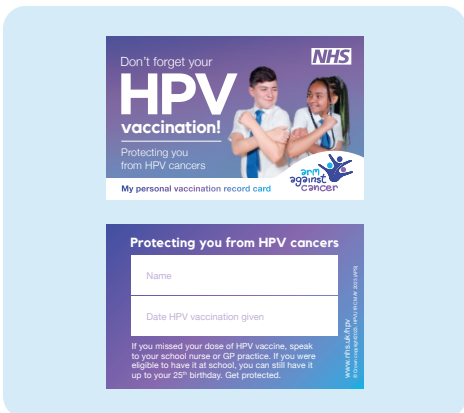
What difference has the HPV vaccine made so far?



The HPV vaccine has saved lots of lives in the UK so far by stopping people getting some types of cancer



It has also meant that a lot less young people get genital warts

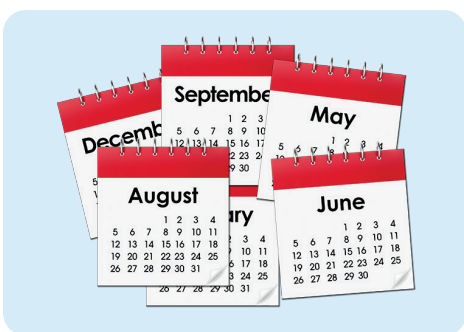


You will be given a record card after your first dose of vaccine. Keep it in a safe place

Having the HPV vaccine



The vaccine is given in your arm



The vaccine is given to people from the age of 12 and 13 (in school year 8)



Some people will need to have three doses of the vaccine to give them the best protection. Your doctor or practice nurse will tell you if you need to have more doses



The vaccine should be given before you start having sex with others to give you the best protection



But even if you are already having sex you should still have the vaccine to help stop you getting HPV

The vaccine



The name of the vaccine is Gardasil 9

I missed my vaccine, can I still have it?



Yes. If you missed your vaccine at school, you should try and have it as soon as possible



Contact your school nurse, the people at your school who give vaccines (sometimes they are called an immunisation team) or your doctor (GP) practice to get an appointment

25
years
old



You can have the vaccine up until you are 25 years old

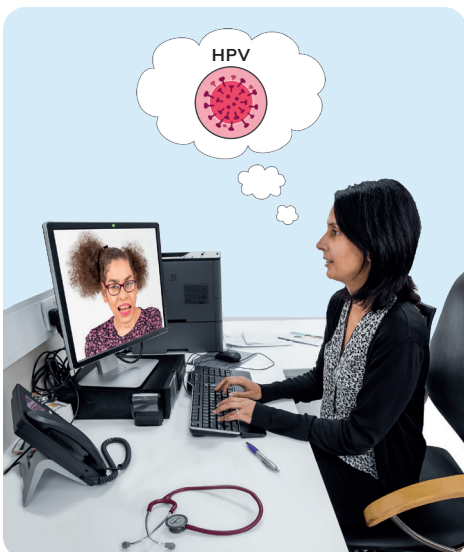
People who have had the vaccine and have a cervix will still need to go for cervical screening (checking the lower part of your womb)



All people with a cervix aged 25 and over in England are offered cervical screening tests. This checks for HPV and types of cancer that are in the lower part of your womb

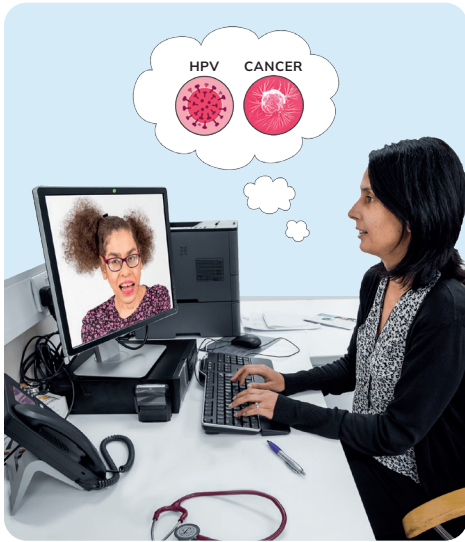


The vaccines will stop most people from getting cervical cancer so it is very important



There is a small chance you can still get cervical cancer so going to your screening check when you are invited is still very important

What about the other cancers?



If you have HPV it means you may be more likely to get other types of cancers too but there are not any screening tests for these



If you or your parents or carers are worried about any symptoms, speak to your doctor (GP)

Further information



[www.easyhealth.org.uk/
resources/412-what-is-mouth-cancer](http://www.easyhealth.org.uk/resources/412-what-is-mouth-cancer)

For more information about possible side effects of the vaccine or to see the patient information leaflet for the vaccine, visit www.nhs.uk/hpv



For more information, speak to your doctor or a health professional or visit www.nhs.uk/hpv

A complete list of what is in the Gardasil 9 vaccine is given in the Patient Information Leaflet (PIL):

[www.medicines.org.uk/emc/
product/7330/pil](http://www.medicines.org.uk/emc/product/7330/pil)

Being up to date with your routine vaccinations is important



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