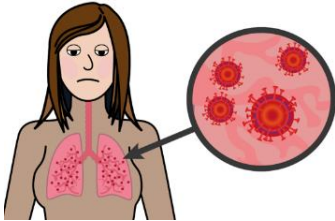# Pneumococcal Vaccination

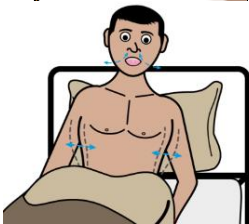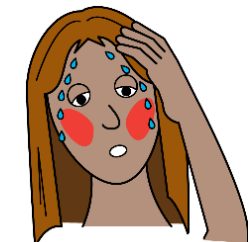**Pneumonia**

The Pneumococcal Vaccine helps **protect** against pneumonia.

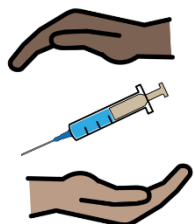Pneumonia is an **infection** in the lung.

Pneumonia can make people really **poorly**.

Symptoms of pneumonia include:

- Feeling very hot

- Sweating and shivering

- Finding it hard to breathe
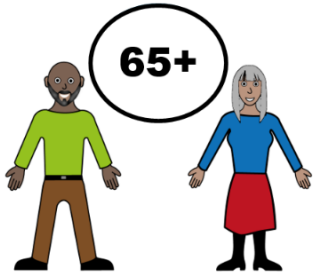
- A cough

- Not feeling hungry

protection

The pneumococcal vaccine also **protects** against

Meningitis (an infection in the brain and spinal cord) and
Sepsis (a life-threatening reaction to an infection)

65+

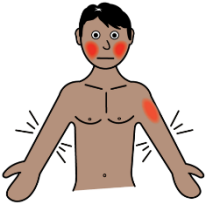**Everyone** aged **65** and over should have one dose.

Some people who are **at risk** may need **more** than one dose.

injection

You can get your Pneumococcal Vaccination **at the same time as other vaccinations**, like your Flu vaccination.
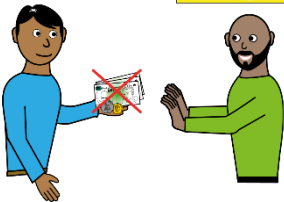
possible side effects

Side effects from the injection are usually **not serious**.

Sometimes you can get a **lump** or **pain** where the injection was given, a **fever**, feeling **tired** or **not feeling hungry**.
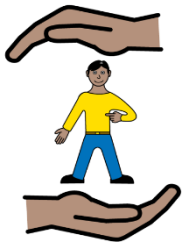
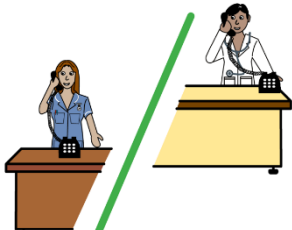Not everyone gets side effects.

free of charge

The vaccination is **free**.

safe

The Pneumococcal vaccine is **safe**

phone your GP

It is important to be protected from serious disease**.**

Phone your GP Practice to book an appointment for your vaccine.