



**Greater Manchester  
and Eastern Cheshire**  
Strategic Clinical Networks



## Greater Manchester and Eastern Cheshire Reducing Preterm Birth Special Interest Group Study Day **#ReducingPretermBirth**



@GMEC\_SCN  
@GM\_ICP



Friday 3 March 2023

**8:30am for a 9:00am start – 12noon with lunch**



Bolton Stadium Hotel, De Havilland Way, Bolton, BL6 6SF

**Macron/Wanderers Suite** with ample free onsite parking available (carpark A – hotel carpark). For direction, visit <https://www.boltonstadiumhotel.co.uk/location> and for public transport links, please visit <https://tfgm.com/>

### **Our aim/purpose of the day**

For our colleagues in maternity and obstetrics together to update on the programme of work around the prevention and management of preterm birth.

### **Target audience**

Obstetricians (trainees and consultants) midwives and trainees, ultra-sonographers, and all maternity service support professionals involved in the care of women and their families.

### **Queries**

Should you have any queries, please email Events and Engagement Manager  
[michelle.davies9@england.nhs.uk](mailto:michelle.davies9@england.nhs.uk)  
[michelle.davies9@nhs.net](mailto:michelle.davies9@nhs.net)

<b>8:30 – 9:00am</b>	<b>Registration and arrival with refreshments in Macron/Wanderers Suite</b>	
9:00 – 9:10am	Welcome and introductions	Dr Ghazia Saleemi, Clinical Lead for Maternity SCN, Preterm Birth Lead
9:10 – 9:30am	Launch of the NW Regional Management of Preterm Birth Guideline	Dr Ghazia Saleemi
9:30 – 10:00am	The role of cervical length screening in twins	Dr Andrew Sharp, Senior Clinical Lecturer in Obstetrics, Women's & Children's Health, University of Liverpool
10:00 – 10:30am	Case study presentation   Shared learning discussion	Dr Purnima Gondane Sweetman, Consultant Obstetrician Gynaecologist, Lead for Preterm Prevention Clinic & Lead for Paediatric & Adolescent Gynaecology, Tameside and Glossop Integrated Care NHS FT
<b>10:30 – 10:45am</b>	<b>Refreshment break</b>	
10:45 – 11:30am	Caesarean section and preterm birth   Imaging the scar and predicting outcome	Professor Anna David, Consultant in Obstetrics & Maternal/Fetal Medicine, University College London Hospitals NHS FT
11:30 – 11:50am	Supporting women and their families	Sarah Thomas, Preterm Labour Clinic Midwife, Manchester University NHS FT (Saint Mary's, Wythenshawe)
11:50 – 12noon	Questions, closing remarks and lunch	Dr Ghazia Saleemi



Dr Saleemi studied at the University of Dundee and qualified in 2000. She completed her specialist training in the Mersey region and was appointed as a Consultant at Wythenshawe Hospital in Manchester in 2016.

Dr Saleemi has a special interest in Pre-term labour and has set up this service at Wythenshawe. She also has a specialist interest in multiple pregnancies and runs specialist clinics for these pregnancies and also sees other high-risk pregnancies in her Obstetric clinic.

Dr Saleemi is the clinical lead for Preterm birth for GMEC and the Clinical Lead for Strategic Clinical Network for GMEC.



Andrew is an academic obstetrician with an interest in fetal medicine and complex pregnancies.

His main clinical and research interests include preterm birth, multiple pregnancy and fetal growth restriction.

He is the clinical lead for multiple pregnancy and fetal growth at Liverpool Women's Hospital.

Andrew's formative research experiences were on placental function and this has been carried forwards into his work on fetal growth restriction including the randomised controlled trial of sildenafil for severe early-onset growth restriction: STRIDER UK.

He is an investigator on the Wellcome Trust funded birth cohort Children Growing Up in Liverpool and Civic Data Cooperative data linkage initiative.

Andrew is leading the PLANES study for small for gestational age babies and am a co-applicant on the TRUFFLE-2 and FERN studies. You can follow Andrew on twitter **@asharpliverpool**



Dr Purnima Gondane Sweetman graduated from Government medical college and hospital, Nagpur University in 1990, postgraduate with diploma in 1991 and practiced in India up until 1995.

In 1995 her career progression took her to the Sultanate of Oman until 2002.

Before starting her career in the UK, she attended as clinical observer in Urogynaecology and Infertility in 2002.

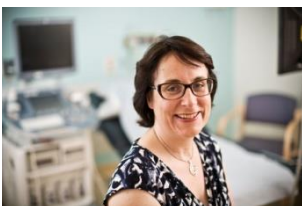
Since 2004 to present (2023) she has practiced in the United Kingdom, for the last 9 years and 8 months as a Consultant in Obstetrics and Gynaecologist.

2005 admitted as member of the Royal College of Obstetricians and Gynaecologists.

2017 Awarded Fellowship of the Royal College of Obstetricians and Gynaecologists.

30 years' experience in Obstetrics and Gynaecology in 3 Countries (India, Oman and UK).

Languages spoken - English, Hindi, Urdu, Marathi, Arabic.



Professor Anna David is consultant in obstetrics and maternal/fetal medicine at UCLH. Joining University College London (UCL) in 2000 from Queen Charlotte's Hospital, Professor David was awarded a PhD for her work on fetal gene therapy for treatment of early onset genetic disease in

2005. She then trained in maternal fetal medicine at UCLH under Professor Charles Rodeck. In 2008 she was awarded a prestigious UK HEFCE/Department of Health funded senior clinical lectureship in women's health at UCL and UCLH when she took up a consultant post.

Anna offers a range of diagnostic and therapeutic services in the fetal medicine unit at UCLH. She specialises in cases where the baby has a structural anomaly, a genetic condition or when the baby's growth is poor (fetal growth restriction). She set up the preterm birth clinical service at UCLH in 2008, which is now one of the busiest in the UK, providing continuity of care in a nurturing environment. The comprehensive service offers pre-conceptual counselling, a wide range of cerclage and other treatments and predictive tests. Recently the team have been exploring the relationship between Caesarean section and preterm birth, and have developed ultrasound methods to assess the scar position in relation to the cervix. She is research lead at the Centre for Prenatal Therapy, the team who performed the first fetal surgery for spina bifida in the UK in 2018.

Professor David is director of the EGA Institute for Women's Health, UCL. Her team are developing new treatments for fetal growth restriction using maternal gene therapy, and novel imaging to assess placental function. She has won awards for her mentorship of academic trainees and colleagues, and is a fellow of the Royal College of Obstetricians and Gynaecologists. You can follow Professor David on twitter [\*\*@PrenatalTherapy\*\*](#)



Sarah Thomas is the Preterm Specialist Midwife at Wythenshawe Hospital. Sarah studied Midwifery at Oxford Brookes University and qualified in 2008. She began her career as a Midwife at the John Radcliffe Hospital in Oxford, rotating between Delivery Suite and the Silver Star Unit which was founded and lead by Professor Chris Redman. This is where Sarah's interest in high risk pregnancy and preterm labour prevention began.

In 2012 Sarah moved to London and worked as a Midwife at the Chelsea and Westminster Hospital. In 2013 she became the first Research Midwife at the trust, working alongside Professor Mark Johnson and Miss Vasso Terzidou. She supported the set-up of the trusts first research clinic which later became Chelsea and Westminster's preterm birth clinic.

During her time in London, Sarah worked on a variety of NIHR research studies such as PRISM, OPPTIMUM, MAVRIC, EmPOWER and EMPIRE. She also worked closely with a team of clinical research fellows at Imperial College London supporting their work into the vaginal microbiome and its role in preterm birth. In addition to her professional contribution to research, Sarah was a control participant in numerous obstetric studies while expecting her first child in 2016.

Following a relocation back to the northwest, Sarah commenced her role as a Research Midwife at Manchester Foundation Trust in 2019).