

How can we prevent young people in Millom developing Diabetes in adulthood?



Research design

- Combined Qualitative and Quantative approach
- Primary data gathering
- Secondary data – local, area, regional & national data sources
- Content and cross-tabulation analysis

Locality Stakeholders



- Millom School
- John Ruskin School
- Students
- Parents/Families
- Public Health
- Health (locality)
- Health (specialist)
- Third Sector
- Community

Problem



Solving

Planning, time and practical considerations

- Access to the students – safely & ethically
- COVID restrictions
- Will they engage sufficiently, honestly and genuinely
- Capacity for all stakeholders

Ethical Implications

- Participant anonymity
- Child protection & safety (YRs 8 & 9)
- Data ownership
- Professional standards



Solutions

- Parental consent through schools, working alongside Head and Head of year and online through PowerPoint presentations, google & Microsoft forms
- Paused, restarted, paused, restarted – project delayed, now moving forward again with stakeholders reengaged
- Delays have enabled better engagement with students through Youth Health Champions Programme
- Limited capacity but commitment is still there