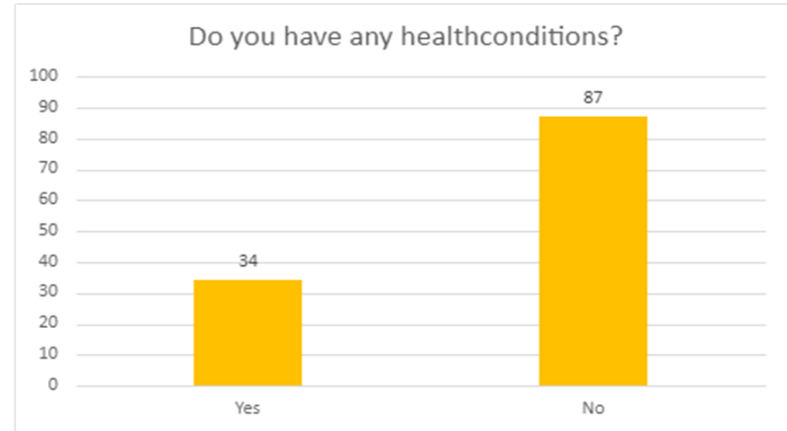
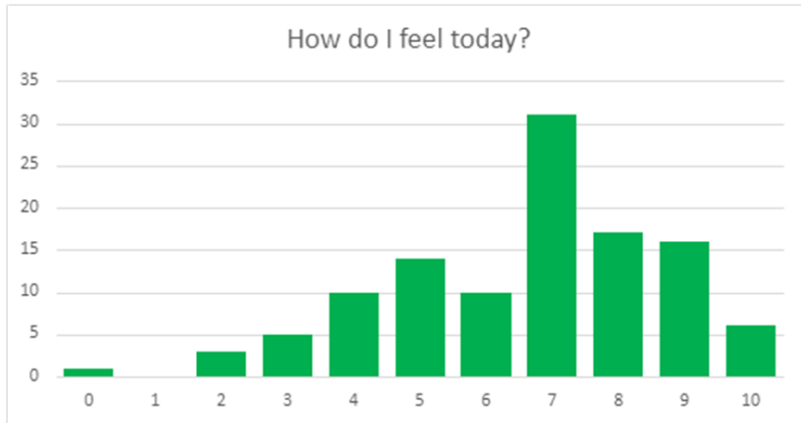


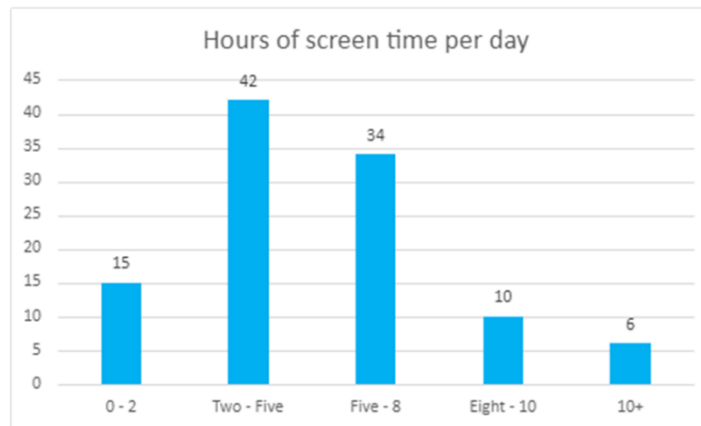
## Millom Diabetes Project Data

**Question 1** On a scale of 1 - 10, how healthy do you feel today?

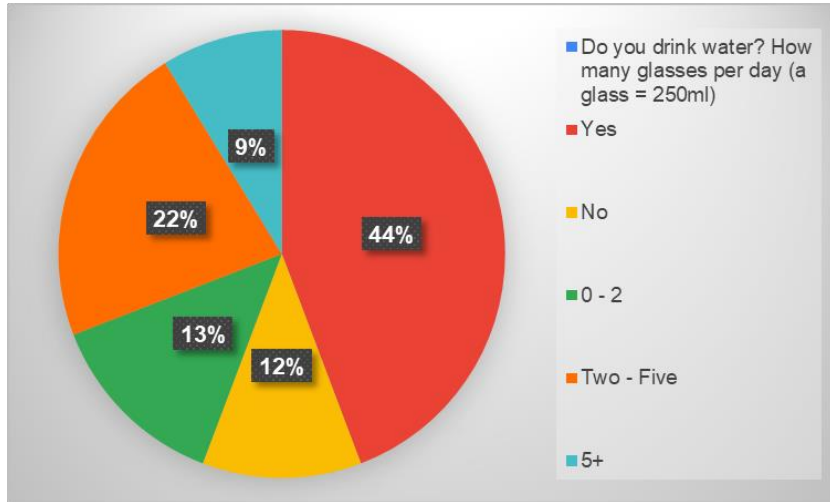
**Question 2** Do you have any health conditions? For example, Asthma



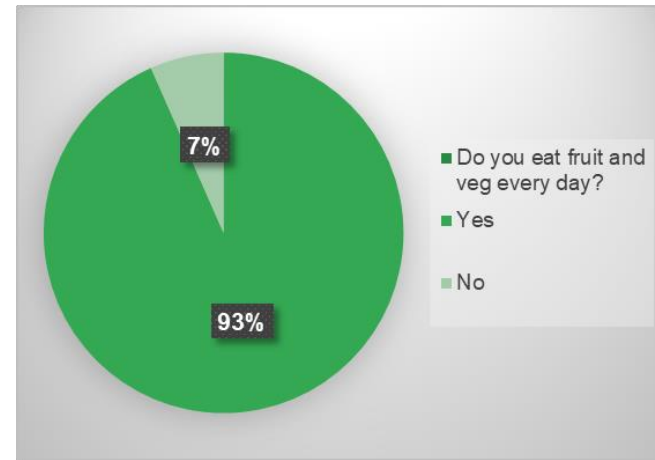
**Question 3** How many hours of screen time do you have in an average day and is that mostly in the evenings?



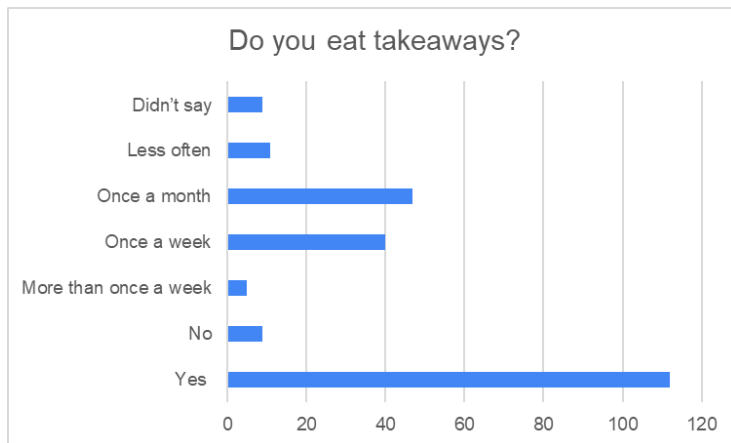
**Question 4 Do you drink water? How many glasses per day**



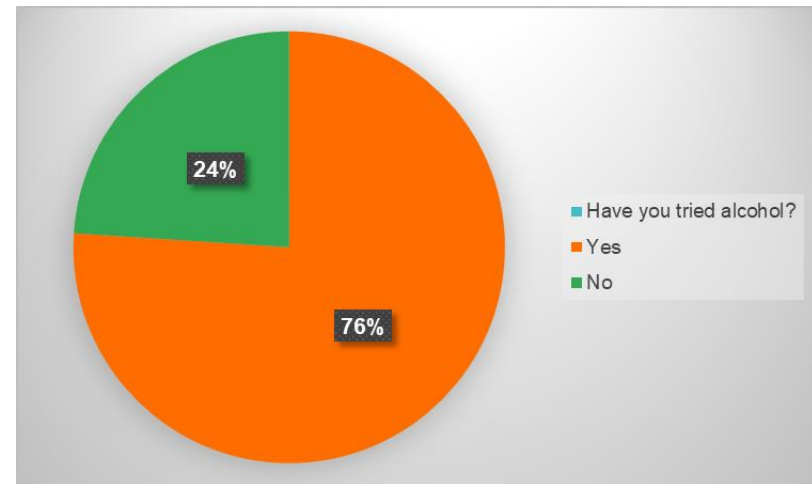
**Question 5 Do you eat fruit and veg every day?**



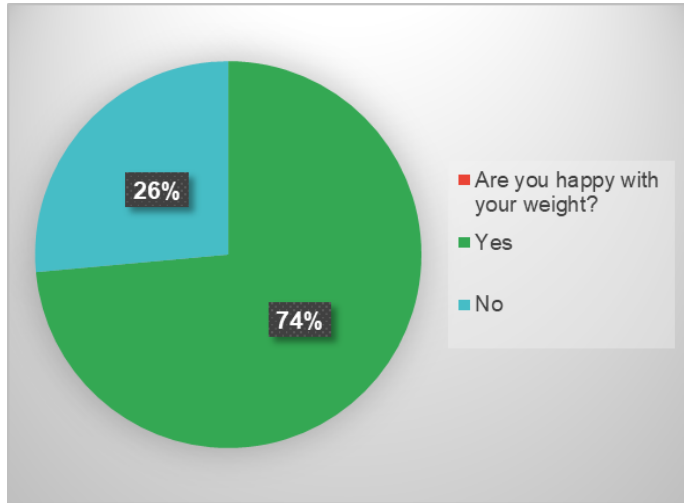
**Question 6 Do you eat takeaways? How often?**



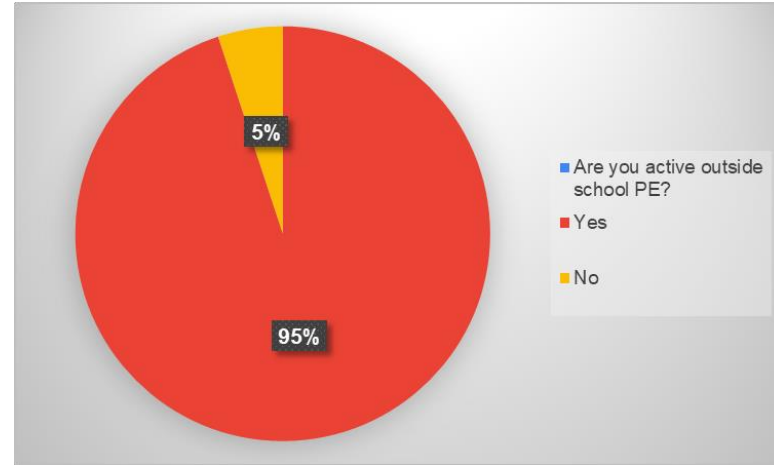
**Question 7 Have you tried alcohol?**



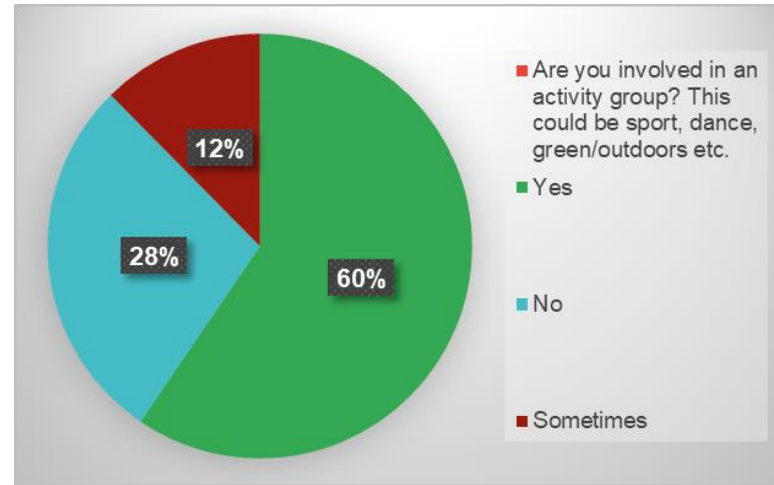
**Question 8 Are you happy with your weight?**



**Question 9 Outside of School PE are you active?**



**Question 10 When walking upstairs or doing PE, do you get out of breath?**



**Question 11 Are you involved in an activity group? This could be sport, dance, green/outdoors etc.**

Question 12 What activities would you like to try?

