

SCOPES EMIS Template – HIOW Amendments Jan 2025

TEST PATIENT, Sarah (Miss)

Born

06-Aug-1971 (53y)

Gender

Female

EMIS No.

3500000

Usual GP

REFAT, Lamia (Dr)

Template Runner

Pages

SCOPES COPD Template

Exacerbations

Smoking cessation

Pulmonary rehabilitation

Optimise Therapy

Comorbidities

Self management

SCOPES Post COPD Exacerbation Template

Welcome to the

SCOPES

Template

(Version 1.0 10DEC2024)

This template has been developed and adapted as part of the work of the South East Act on COPD regional forum.

SCOPES is a template to be used 2-4 weeks after an exacerbation of COPD in order to assist in with reducing future exacerbation risk.

Please ensure patient has a confirmed diagnosis of COPD before using this template

If you have any questions, please contact Maria Eurton (maria.eurton@nhs.net).

**Please tick below to code usage of this template (for audit purposes)

☒

SCOPES Template

No previous entry

**Please tick the below to record as a COPD QOF review

☐

**Chronic obstructive pulmonary disease review

No previous entry

[Wessex COPD Guidelines](#)

TEST PATIENT, Sarah (Miss)

Born

06-Aug-1971 (53y)

Gender

Female

EMIS No.

3500000

Usual GP

REFAT, Lamia (Dr)

Template Runner

Pages

SCOPES COPD Template

Exacerbations

Smoking cessation

Pulmonary rehabilitation

Optimise Therapy

Comorbidities

Self management

Exacerbation History

E - Exacerbation History

**Please complete the below as part of a COPD QOF review

Please note: The below information can be obtained from the patient's medical record

**Number of chronic obstructive pulmonary disease exacerbations in past year

/year

No previous entry

Text

Number of hospital admissions due to COPD in past year

Text

If 2 or more exacerbations in the last 12 months, consider sputum sample and/or further investigations such as a chest x-ray.

Last CXR

No previous entry

Resources

[Wessex COPD Guidelines](#)

Any pneumonia in last 12 months? Yes / No

If yes was hospital admission required yes / No

Check recent sputum samples for any bacterial growth

Sputum sample requested Yes / No

SCOPES EMIS Template – HLOW Amendments Jan 2025



TEST PATIENT, Sarah (Miss)

Born

06-Aug-1971 (53y)

Gender

Female

EMIS No.

3500000

Usual GP

REFAT, Lamia (Dr)

Template Runner

Pages

SCOPES COPD Template

Exacerbations

Smoking cessation

Pulmonary rehabilitation

Optimise Therapy

Comorbidities

Self management

Smoking Cessation

S - Smoking Cessation

**Please complete the below to record a Smoking QOF review

Smoking status

No previous entry

Nicotine replacement therapy

No previous entry

Referral to smoking cessation service

No previous entry

Text

Resources

[Very Brief Advice on Smoking - Ask, Advise, Act](#)

[Wessex COPD Guidelines](#)



TEST PATIENT, Sarah (Miss)

Born

06-Aug-1971 (53y)

Gender

Female

EMIS No.

3500000

Usual GP

REFAT, Lamia (Dr)

Template Runner

Pages

SCOPES COPD Template

Exacerbations

Smoking cessation

Pulmonary rehabilitation

Optimise Therapy

Comorbidities

Self management

Pulmonary rehabilitation

P - Pulmonary rehabilitation

**Please complete the below as part of a COPD QOF review

[Link to Medical Research Council \(MRC\) Breathlessness Scale](#)

**MRC breathlessness scale

No previous entry

Text

MRC score of 3 & above: Refer to pulmonary rehab if not completed

**Pulmonary rehabilitation

No previous entry

Text

Resources

[Asthma + Lung UK Pulmonary Rehabilitation Information](#)

[Wessex COPD Guidelines](#)

SCOPES EMIS Template – HIOW Amendments Jan 2025

TEST PATIENT, Sarah (Miss)

Born

06-Aug-1971 (53y)

Gender

Female

EMIS No.

3500000

Usual GP

REFAT, Lamia (Dr)

Template Runner

Pages

«

Optimise Therapy

SCOPES COPD Template

Exacerbations

Smoking cessation

Pulmonary rehabilitation

Optimise Therapy

Comorbidities

Self management

Optimise Therapy

Stable eosinophil count - observation

10*9 cells...

20-Feb-2011

0.06 10*9 cel...

»

Inhaler Technique

No previous entry

Inhaler Adherence

No previous entry

Does the patient use a spacer device (for pMDI only)?

No previous entry

Pharmacological Therapy

No previous entry

Text

Refer to Wessex COPD Guidelines for Inhaler Treatment Guide

Vaccinations

Last influenza vaccination

No previous entry

☐ Influenza immunisation advised

No previous entry

Last pneumococcal vaccination

18-Oct-2012

»

☐ Pneumococcal vaccination advised

No previous entry

Secondary care referral

☐ Referral to respiratory physician

Text

No previous entry

☐ Already under care of respiratory physician

No previous entry

Consider referral to Secondary care if patient is having frequent exacerbations (>2 a year) despite smoking cessation, pulmonary rehab and triple therapy

Resources

[Asthma + Lung UK Inhaler Technique videos](#)

[RightBreathe - Inhaler Prescribing Information](#)

[Wessex COPD Guidelines](#)

TEST PATIENT, Sarah (Miss)

Born

06-Aug-1971 (53y)

Gender

Female

EMIS No.

3500000

Usual GP

REFAT, Lamia (Dr)

Template Runner

Pages

«

Comorbidities

SCOPES COPD Template

Exacerbations

Smoking cessation

Pulmonary rehabilitation

Optimise Therapy

Comorbidities

Self management

Comorbidities

C - Comorbidities

Comorbid conditions should be looked for routinely, and treated appropriately if present, in any patient with COPD (GOLD, 2024).

Comorbidities - Cardiovascular Disease

Does the patient have a history of cardiovascular disease (CVD)?

Use the QRISK3 tool below to calculate the estimated CVD risk within the next 10 years for people aged between 25 and 84 without CVD.

You must open the link below to use the QRISK3 calculator.

[Link to QRISK3 risk calculator](#)

QRISK3 cardiovascular disease 10 year risk score

%

No previous entry

Not suitable to complete QRISK3 assessment

No previous entry

Text

NICE guidelines NG238 - Cardiovascular disease: risk assessment and reduction, including lipid modification

Comorbidities - Mental Health Screening

PHQ-2 (patient health questionnaire 2) score

/6

No previous entry

A PHQ-2 score of 3 & above is the recommended cut point to screen for major depressive disorder

[PHQ-2 Score - Brief screening for depression](#)

GAD-2 (generalised anxiety disorder 2) scale score

/6

No previous entry

A GAD-2 score of 3 & above indicates possible generalized anxiety disorder

[GAD-2 Score - Brief screening for anxiety disorders](#)

Resources

[Wessex COPD Guidelines](#)

HIOW Post COPD Exacerbation SCOPES Template V1.0 10DEC2024 - Template Runner