



St Mary's
Hospice



St Mary's Hospice Education Programme



St Mary's
Hospice



To enquire or book a place on any of our courses, please visit
www.stmaryshospice.org.uk or call 01229 580305

CONTENTS

	Who We Are.....	03
	Our Team.....	04
	Advanced Communication Skills..... Two-day Training Course	05
	Care of the Dying Person..... (in the last days and hours of life)	06
	Symptom Management..... (Registered Nurses/ Nursing Associates only)	07
	Mayfly Advance Care Planning.....	08
	Syringe Driver Training.....	09
	Verification of Expected Death.....	10
	Bespoke Education.....	11
	Find Us.....	12

To book a place on any of our courses please email:
education@stmaryshospice.org.uk or call 01229 580305

Why choose St Mary's Hospice?

We provide specialised care and support for individuals and families with life-limiting illnesses in the Furness and South Lakes areas. Our services include an eight-bed in-patient unit, Hospice at Home, bereavement service, dementia service and living well services.

St Mary's Hospice is a local charity that has been operating since 1984 and we currently have a wealth of knowledge and expertise at our disposal that we want to share with others in the health and social care sector.

Our courses and workshops are designed for healthcare professionals, care support staff and volunteers across all care settings, helping to develop, enhance and improve the quality of care provided to patients and their families.

Currently, we are the only hospice in the area that provides in-depth, evidence-based training in end-of-life and palliative care.

All funds raised via our training programmes comes back into the hospice, ensuring we can continue being there for local families in need.



To book a place on any of our courses please email:
education@stmaryshospice.org.uk or call 01229 580305

Our Team

Welcome to Education at St Mary's Hospice. Our Education Team consists of professionals from many different fields that are dedicated to sharing their wealth of knowledge.



Nikki Fisher
Education Facilitator



Katie Eddy
Education Facilitator



Adele Dixon
Advanced Nurse Practitioner



Carol Bradley
Advanced Nurse Practitioner

To book a place on any of our courses please email:
education@stmaryshospice.org.uk or call 01229 580305

Advanced Communication Skills

(Two-day training course)

Course overview:

The training provides a structured evidence based and practical approach to advanced communication skills based on the Connected ACST course.

Over the two days participants are able to refresh and review their current communication skills practice and experience through the use of:

- Scenario based role play using expert actors and video feedback
- Interactive workshops
- Reflective practice discussions
- Experiential learning

Building confidence to deal more effectively with difficult, challenging and emotional conversations. Open to Health and Social Care Professionals who are regularly involved in complex, difficult or challenging conversations with patients, families or colleagues and wishing to practice and enhance their communication skills in a safe and supported environment.

Fee: £560pp

Delivered remotely or at St Mary's Hospice.

*Places are limited to 5 people

Available dates

28th & 29th October 2026 - in person at St Mary's Hospice

Please note: delegates must complete the full two days to receive their certificate of attendance

Care of a dying person

(One-day course, 9.30am - 4pm)

Course overview:

The Care of the Dying Person training day covers the following topics:

- How we would recognise that someone may be dying
- Advance care planning & Mental Capacity Act
- Communication skills at end of life
- Palliative emergencies
- Symptom management
- Essential care in the last days of life
- Bereavement



Suitable for Health and Social care staff working in Acute, Hospice, Care Homes and Community Teams, caring for End-of-Life patients.

Please note: this course is suitable for HCAs and Support workers.

*This course is free to health and social care staff working in South Lakes, Furness and UHMBT Localities

FREE COURSE

Delivered by St Mary's Hospice.

*Places are limited so booking is essential

Available dates

24th September 2026

24th November 2026

2nd March 2027

Symptom Management

(One-day course, 9.30am - 4pm)

Course overview:

The Symptom Management training day covers the following topics:

- Symptom Management:
 - Pain
 - Nausea & Vomiting
 - Secretions
 - Breathlessness
 - Agitation at end of life
- Palliative Care Emergencies
- Care in the Last Days of Life
- Bereavement



NEW FOR
2026!

Suitable for Registered Nurses and Nursing Associates working in Acute, Hospice, Care Homes and Community Teams, caring for End-of-Life patients.

This course is free to Registered Nurses/ Nursing Associates working in South Lakes, Furness and UHMBT Localities

FREE COURSE

Delivered by St Mary's
Hospice.

*Places are limited so
booking is essential

Available dates

7th September 2026
1st December 2026
9th March 2027

Mayfly Advance Care Planning Training

(One-day course, 9.30am - 4pm)

Course overview:

Enables staff to support patients, residents or clients and those important to them to think about their care as they become less well.

- This study day offers the opportunity to gain knowledge and skills, build confidence and develop your practice.
- The day will focus on the principles and benefits of Advance Care Planning, the supporting documentation and associated communication skills.

Suitable for any Health, Social Care or Volunteer staff working with individuals who may benefit from the opportunity to plan for their future care needs.



£50pp

Delivered by St Mary's Hospice.

*Places are limited so booking is essential

Available dates

21st July 2026
10th November 2026
23rd February 2027

Syringe Pump Training

(One-day course, 9.30am - 12.30pm)

Course overview:

This three-hour session gives Registered Nurses the chance to enhance their clinical skills, and refresh their knowledge around the subject of syringe pumps.

You will have the opportunity to learn about the theory behind syringe pumps and why we use them, the practical application of syringe pumps in clinical practice and end of life, and time dedicated to practicing how to set up a syringe pump so that you can feel more confident when using them in your practice.

Training includes:

- What are syringe pumps
- Why and when we would use a syringe pump
- Commonly used medications
- Medication doses
- Converting oral to Continuous Subcutaneous Infusion
- Demonstration
- Practical



£50pp

Delivered by St Mary's
Hospice.

*Places are limited so
booking is essential

Available dates

13th August 2026
16th November 2026
28th January 2027

Verification of Expected Death

(One-day course, 1.5 hours)

Course overview:

The course gives attendees the knowledge and skills to enable them to perform Verification of Expected Death within their workplace.

Our session includes:

- Clarification of 'expected death'
- Legal and professional background
- Coroners' role
- Verification procedure
- After death care



*Please note: Delegates will need to make arrangements in their own work setting to achieve clinical competency

£30pp

Delivered by St Mary's
Hospice.

*Places are limited so
booking is essential

Available dates

22nd July 2026 - 1.30pm - 3pm - online
13th October 2026 - 09:30 - 11:30 - face
to face @ St Mary's Hospice
3rd February 2027 - 1.30pm - 3.30pm -
online

Bespoke Education and Training

Here at St Mary's Hospice we value the importance of education and training for all Health and Social Care staff.

If your care group or organisation requires specific training that is not included in our prospectus we would be happy to discuss developing bespoke courses that are tailored to your training needs.

The training can be delivered here at St Mary's Hospice in our education room or at your place of work.

We have a dedicated clinical skills room here at St Mary's Hospice, which can be used to teach a range of clinical skills.



We have delivered the following bespoke courses:

- Sepsis Training
- Catheter Care
- Stoma Care
- Male Catheterisation

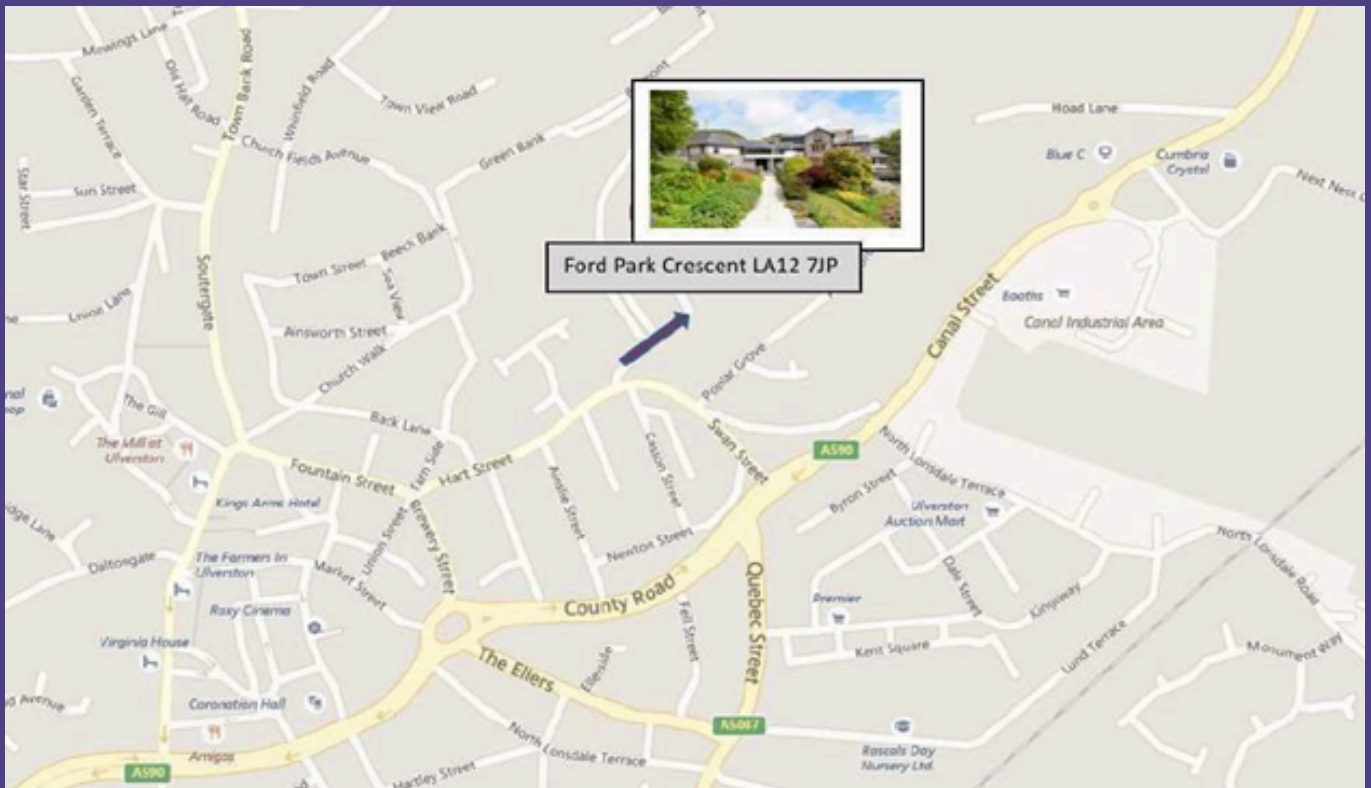


We can also deliver the following courses in person

- Conflict Resolution
- Safeguarding Adults Level 3
- Food Hygiene Level 2

To discuss your training requirements, please contact us:
education@stmaryshospice.org.uk
Telephone: 01229 580305 (please ask for Nikki Fisher)

FIND US



St Marys Hospice, Ford Park Crescent, Ulverston, LA12 7JP

Please note, parking at St Mary's Hospice is limited and so we request that parking space is found in the surrounding area.

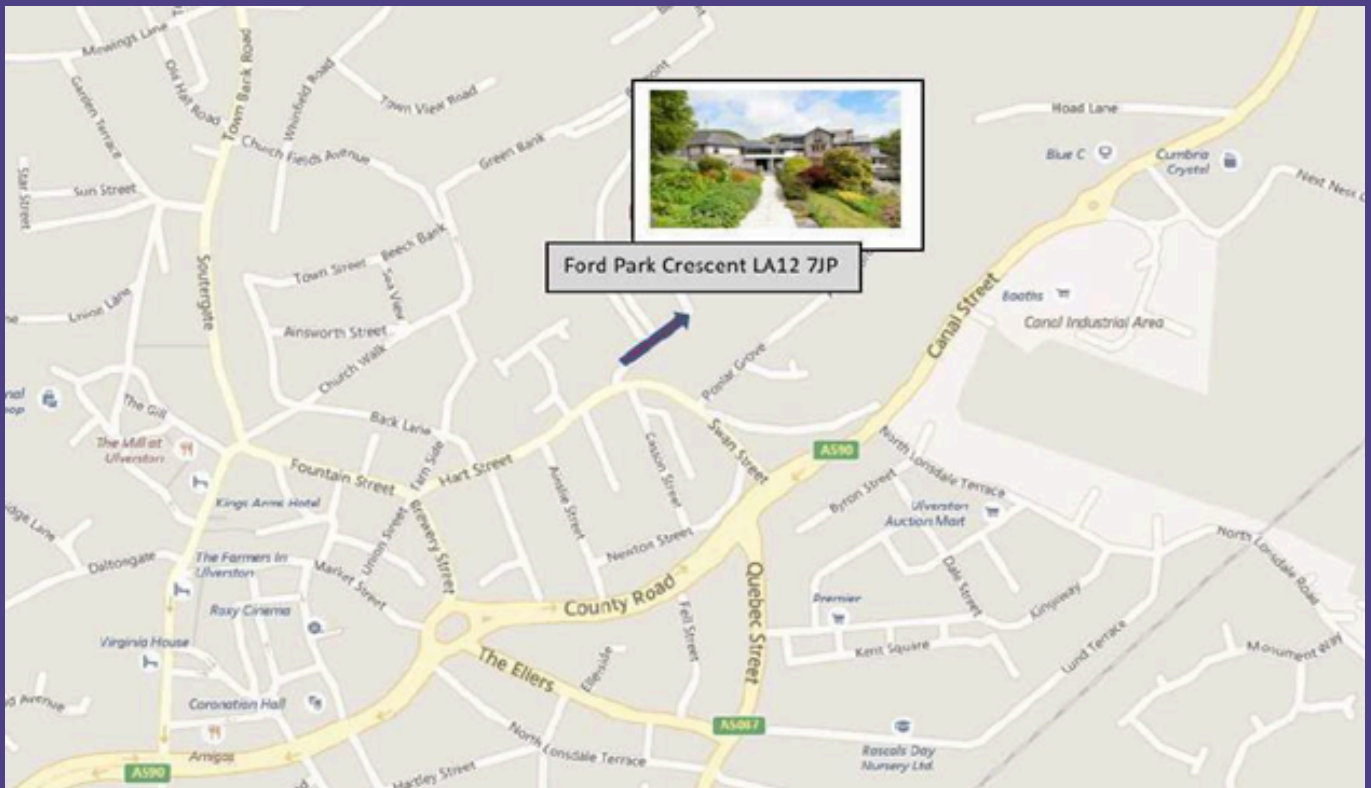


We constantly update our list of courses so please visit our website regularly to keep up to date:

www.stmaryshospice.org.uk-supporting you> professionals> education and training

To book a place on any of our courses, you can book directly via the website. Alternatively, please email: education@stmaryshospice.org.uk or call 01229 580305 and ask for the Education Team.

FIND US



St Marys Hospice, Ford Park Crescent, Ulverston, LA12 7JP

Please note, parking at St Mary's Hospice is limited and so we request that parking space is found in the surrounding area.



We constantly update our list of courses so please visit our website regularly to keep up to date:

www.stmaryshospice.org.uk-supporting you> professionals> education and training

To book a place on any of our courses, you can book directly via the website. Alternatively, please email: education@stmaryshospice.org.uk or call 01229 580305 and ask for the Education Team.