|  |  |  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- | --- | --- |
| **Medical History**  □ T1DM □ T2DM □ Other  □ Retinopathy □ Nephropathy  □ P.Neuropathy □ PVD  □ ↑ BP □ ↑ ACR  □ IHD □ CVA  □ Previous amputation □ ↑ Lipids  □ Smoker  □ Patient information leaflet given | | | **MDT members present**  Diabetes \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_  Orthopaedics \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_  Vascular \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_  Podiatry \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_  Radiology \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_  Microbiology \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_  DSN \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_  Date\_\_\_\_\_\_\_\_\_ | | | **Patient Details**  Name:  RQ No:  NHS No.  Date of Birth: | | |
| **Medication** | | | **Laboratory results**  □ HbA1c \_\_\_\_\_\_\_\_ □ eGFR\_\_\_\_\_\_\_\_  □ ACR \_\_\_\_\_\_\_\_ □ CRP \_\_\_\_\_\_\_\_  □ Chol \_\_\_\_\_\_\_\_ □ LDL/HDL\_\_\_\_\_  □ Hb \_\_\_\_\_\_\_\_ □ WCC\_\_\_\_\_\_\_\_  □ MRSA colonised □ Y □ N □ NK  □ Ulcer Sig. +ve result \_\_\_\_\_\_\_\_  Sample type **□**Superficial □Deep □Intraop. □Tissue Bx | | | **Foot Assessment**  Ulcer  Deformity Skin/nail abnormal  Footwear assessed  Charcot | **R**  Y N  □ □ □ □  □ □ □ □  □ □ | **L**  Y N  □ □ □ □  □ □ □ □  □ □ |
| **SINDBAD Ulcer Classification**   1. **Site**     1. □ Forefoot    2. □ Mid/Hind foot 2. **Ischemia**    1. □ Pedal blood flow intact: at least one pulse palpable    2. □ Clinical evidence of reduced blood flow 3. **Neuropathy**    1. □ Protective sensation intact    2. □ Protective sensation lost 4. **Bacterial infection**    1. □ None    2. □ Present 5. **Area**    1. □ Ulcer < 1cm2    2. □ Ulcer ≥ 1cm2 6. **Depth**    1. □ Ulcer confined to skin & subcutaneous tissue    2. □ Ulcer reaching muscle, tendon or deeper     **Total Score** | | | | **Score**  **0**  **1**  **0**  **1**  **0**  **1**  **0**  **1**  **0**  **1**  **0**  **1** | **Right** **Left** **Left** **Right**  http://photos.gograph.com/thumbs/CSP/CSP992/k14299997.jpg http://pad3.whstatic.com/images/b/b8/Outline-Step-8-12.jpg  http://pad3.whstatic.com/images/thumb/9/95/Draw-Human-Feet-Step-13.jpg/670px-Draw-Human-Feet-Step-13.jpg http://cdn.imgs.steps.dragoart.com/how-to-draw-an-easy-person-step-12_1_000000035543_3.png  **Medial**  **Lateral** | | | |
|  |
| **Foot Imaging**  X-ray Foot  MRI Foot  Arterial Doppler  CT Angiogram | **R**  Y N  □ □ □ □  □ □  □ □ | **L**  Y N  □ □ □ □  □ □ □ □ | **Comments** | | | **Podiatry/Footwear & other advice** | | |
| **Diabetes & CV management** | | | **Orthopaedic/Vascular management** | | | **Microbiology management** | | |

**Outpatient Record sheet**