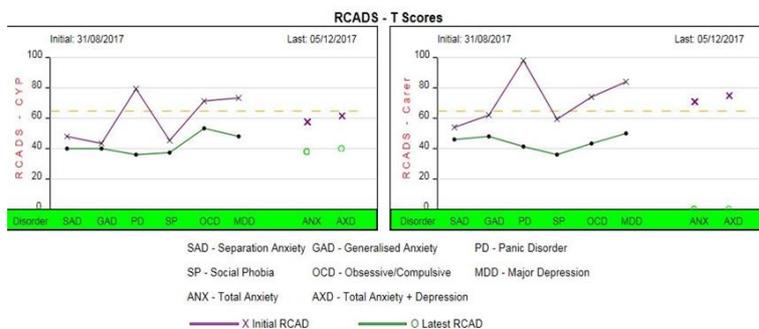


## CAMHS Children's Psychological Well Being Practitioners

### Case study: RCADS outcomes



### Case study: Goal-based outcomes



PWP's offer assessment to children and young people who are experiencing: Mild to Moderate anxiety symptoms, Mild to Moderate low Mood Symptoms and parents whose children are experiencing Mild to Moderate behavioural/self-regulatory difficulties.

**Working in partnership with other services is key.**

### Improving Access to Psychological Therapies

- 171 referrals over the past year
- 107 referrals directly into PWP from external sources
- 64 referrals from internal teams
- 0 rejected referrals
- 17 cases escalated for further work in mainstream community CAMHS

In April 2017 Children's Psychological Well Being Practitioners (IAPT) were introduced nationally into CAMHS services initially for one year. The trainees attend Northumbria University for 12 months one day a week and have a further study day once a week. They offered clinical time into the CAMHS Community team for 3 days. On course completion they will receive a Post- Graduate Diploma in Low Intensity Psychological Interventions. Sheffield Community CAMHS secured 5 trainee positions.

**We are proud to employ all three remaining trainees into qualified positions in Sheffield Community CAMHS**

#### Comments from Young People

"The therapist I saw was comforting, easy to talk to; she listened and made my time explaining the worries I have worry-free. She took my concerns seriously and that has benefitted me greatly"

"I feel like the people here have listened to me and are trying to help me to the best of their abilities"

Can any improvements can be made?

"Everything seems fine to me"

#### Comments from Parents

"Being listened to and hopefully on our way to getting P better"  
"I have felt from the start of the process that the situation has been handled very professionally"

"My daughter was given the chance to speak, not rushed and listened to, not judged; she seemed really at ease"



**Team Patient Experience Award Runners Up at Sheffield Children's Star Awards!**