

# Moving towards a North East and North Cumbria (NENC) Integrated Care System for Mental Health: Why improving access to employment is our priority

Unemployment rates by region  
June to August 2017 (%)



Source: ONS

BBC



## Benefits of employment for the individual

- Increases personal satisfaction which contributes to improved mental health
- Part of a mental health self-management plan
- Offers social and practical support
- Increases income which leads to improved social inclusion

Only 8% of people on CPA are in employment

NHS England has committed to doubling reach to Individual Placement and Support (IPS) by 2020/21 enabling people with SMI to find and retain employment.

EIP NICE concordant package of care  
'Service users who wish to find or return to work are offered supported employment'

137.3 million working-days were lost due to sickness or injury in 2016. 11.5% of these working days lost were due to mental health issues (including stress, depression, anxiety and other serious conditions)

410 patients in the region accessed IPS in 2016/17

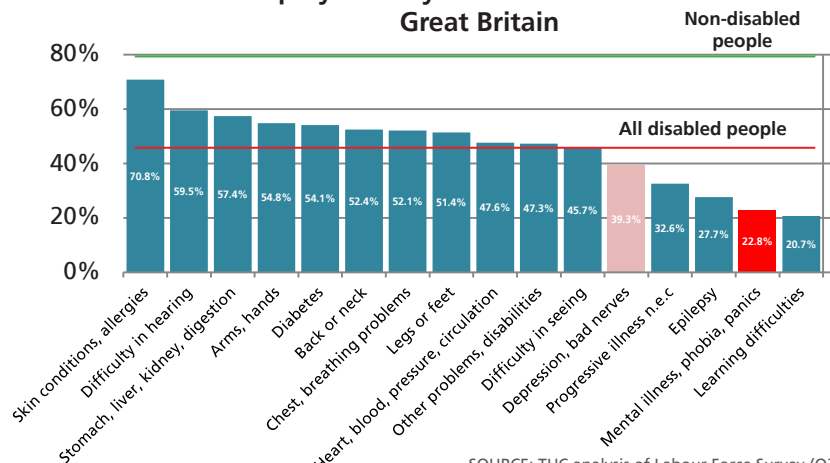
More people being supported for job seeking (59%) than job retention (41%)

UK unemployment rate was 4.4% for Q1 2017/18

## Benefits of employment for society

- Higher rates of recovery from poor mental health
- Lower benefits payments, greater income from taxes
- More productivity, less wasted talent
- Reduction in stigma and discrimination

Proportion of Equality Act core disabled people in employment by main health condition in Great Britain



SOURCE: TUC analysis of Labour Force Survey (Q3 2014)