

TEES ESK AND WEAR VALLEY NHS TRUST

TEES WIDE LIAISON PSYCHIATRY SERVICE FRAILITY TEAM

THE FRAILITY TEAM PROVIDE A RAPID ASSESSMENT OF THE MENTAL HEALTH NEEDS OF PATIENTS PRESENTING WITH SYMPTOMS OF FRAILITY, DEMENTIA AND / OR DELIRIOUS PATIENTS IN AN ACUTE HOSPITAL SETTING.

OFFERING:

- Direct support to acute trust staff
- Rapid mental health assessment
- Formulation and behavioural support plans
- Education of staff around delirium, dementia and depression in older people
- Effective prescribing of mental health medications
- Early identification of cognitive impairment / delirium resulting in early diagnosis
- Non-pharmacological support

STATISTICS:

- South Tees Figures - in the first 4 months of 2018 the Frailty Team assessed 241 patients and supported with rapid safe discharge, compared to 125 patients from the same period in 2017.
- North Tees Figures – in the first 4 months of 2018 the Frailty Team assessed 285 patients and supported with rapid safe discharge, compared with 185 patients from the same period in 2017.

OUTCOMES:

- Patients assessed within 4 hours of referral.
- Patients referred on to the most appropriate secondary mental health services.
- Patients discharged to appropriate destinations.
- Earlier identification of cognitive impairment / memory issues.

QUOTES:

- Charlotte Prior, Occupational Therapist – The Frailty Service is useful for guidance and advice, it helps with Continuing Health Care checklists and the management of delirium, providing practical support and sign posting for further services on discharge. It ensures successful discharges and minimises re-admissions. It also enables a greater understanding of mental health conditions in frailty .i.e. dementia, delirium, low mood /depression.
- Becky Phillips, Discharge Nurse – The Frailty Service is of great benefit, by supporting the morning huddles, enabling them to see patients promptly and improving the patient outcomes & experience.

Liaison Psychiatry Frailty Teams :

South Tees : Dawn Gadd 01642 838201

North Tees : Kim Scarr 01642 624318



**Celebrating 70 Years of Progress in
Mental Health across the North of England**