



MindMate Champions & MindMate Lessons

 <p>MindMate Lessons</p> <ul style="list-style-type: none"> ✓ Spiral SEMH curriculum from KS1 to KS4 to fit into your PSHE curriculum ✓ Six themes covering all main life issues ✓ Six lessons per year plus extras such as assemblies and focus modules ✓ IMS PowerPoint lessons and Word lesson plans for easy use and edit 	 <p>Champions programme</p> <ul style="list-style-type: none"> ✓ A programme designed to assist settings in quantifying, evaluating and improving their SEMH provision ✓ FREE access to self assessment tools ✓ Subsidised training ✓ FREE SEMH news & resources ✓ FREE consultant support
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We are so proud of the work Leeds Schools and Children's Centres have been doing to improve Social, Emotional & Mental Health (SEMH) provision across the city through the [MindMate Champions Programme](#), which includes access to [MindMate Lessons](#).

MindMate Champions: Over 80% of Leeds Primary and Secondary Schools and 100% of Leeds SILCs and Children's Centres are currently registered on the MindMate Champions programme. Within this, 146 schools have engaged with the SEMH section of the School Health Check, which is used to self-assess SEMH provision. So far, 32 Leeds Schools and 52 Leeds Children's Centres have been validated as MindMate Friendly Settings and two settings have been validated as MindMate Champions.

MindMate Lessons: Written by a range of teachers, mental health professionals and consultants in partnership with other services and groups, MindMate Lessons includes 66 core lessons and a range of focus modules on particular areas of SEMH, all of which are free for Leeds Local Authority schools to download and deliver within their setting. Over 80% of Leeds Primary and Secondary schools and 100% of Leeds SILCs currently have access to MindMate Lessons and the feedback from schools has been overwhelmingly positive, particularly regarding disclosure from pupils after staff deliver the lessons within PSHE.

Both MindMate Champions and MindMate Lessons are helping universal settings to assess and improve their SEMH provision; the high engagement from Leeds Schools and Children's Centres demonstrates the commitment to the health and wellbeing of the children of Leeds.

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