Perinatal Mother and Baby Unit

In Autumn 2018, the Trust will open a new eight-bed mother and baby unit (MBU) for Cumbria and Lancashire. The unit for mothers with serious mental health problems where they can stay with their babies, and will be located in Chorley.

**What is a Perinatal Mother and Baby Unit?**

Perinatal MBUs provide care for women experiencing severe mental health problems or who may be at high risk of becoming mentally unwell in the perinatal period, including very serious conditions such as postpartum psychosis.

Treatment and recovery will be provided for mothers while allowing their relationships with their babies to develop. The unit will be staffed by multidisciplinary teams across psychiatry, nursing, nursery care, psychology and OT. Perinatal mental illnesses are a major public health issue.

**Where is it located?**
- Central Lancashire

**Who will it support?**

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