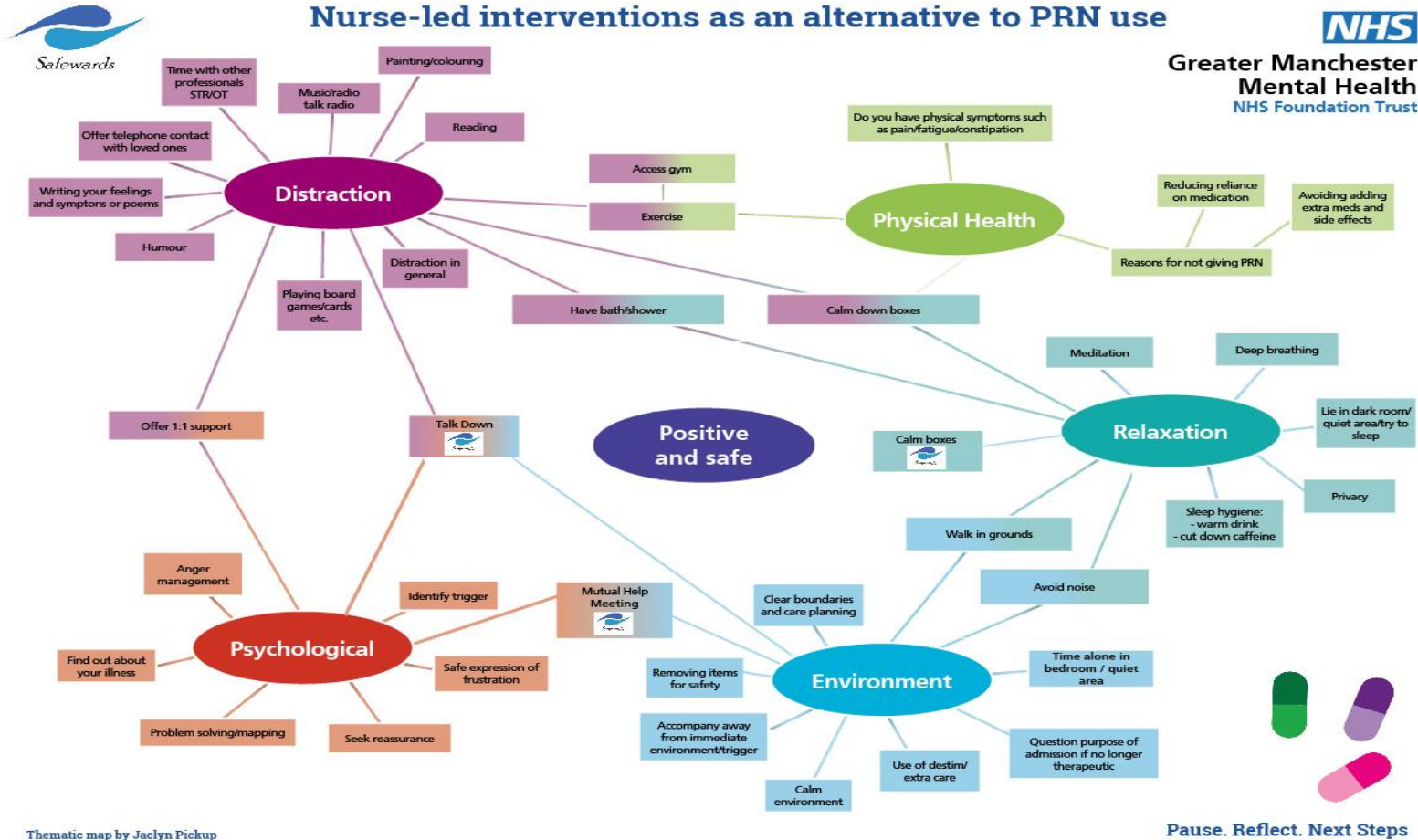


Nurse-led interventions as an alternative to PRN use



Thematic map by Jaclyn Pickup

The project used systematic analysis of results gained from staff consultations to develop a guidance Map for Nurse-led interventions as an alternative to PRN medications. The map promotes nurse-led non-pharmacological interventions to alleviate acute mental distress, as an alternative to administering PRN psychotropic medications.

The objective of the PRN Campaign and the tool is to reduce unnecessary use of PRN medication by training staff, providing service users with information and by promoting alternative interventions when these are likely to be more helpful than PRN medication.

Through the audit process it had been identified that the dissemination of the PRN work and consultation period has made positive changes in clinical practice. The results demonstrate a significant reduction by 34% in the amount of PRN medication administered over the four pilot wards.