



Knowing Me!

What is Knowing Me!

Knowing Me! offers practical guidance on person centred care for those living with dementia, depression and delirium (3D's). The objectives of Knowing Me! are to raise awareness and understanding of the 3D's, drive improvements in the standards of care, and improve the outcomes that can be achieved for those affected by the 3D's.



Aims:

The objectives of this new Knowing Me! remain the same in that by raising awareness and understanding of the 3D's improvements in the standards of care, experience and outcomes can be achieved for those affected by the 3D's.

Knowing Me! is not however a stand alone resource aimed at a particular staff group or a particular care environment but should be seen as a complimentary resource to raise the awareness and understanding of the 3Ds. Knowing Me! builds on the values and principles of person centred care and support to improve the quality of life and provides useful and practical ways improvements can be made to really make a difference. Knowing the person is the cornerstone of delivering person centred care and support.



QR CODE

