

TEES ESK AND WEAR VALLEY NHS TRUST

Tees Wide Liaison Psychiatry Repeat Attender Process

A collaborative process devised for those who attend A&E on 2 or more occasions within a specified time period for self harm/suicidal thoughts.

CRITERIA FOR INCLUSION

- If open to secondary mental health services attendance twice within a 3 month period
- If not open to mental health services attendance twice within a 12 month period

WHAT HAPPENS

- Staff identify repeat attenders and place on a visual control board
- Huddle takes place within 72 hours to discuss presentations, in attendance at least 2 clinicians, decision made as to whether an MDT meeting would be of benefit to patients care
- Decision based on complexity, history and behaviour within the acute hospital.

THE MEETING

- Multi disciplinary includes all relevant agencies and the patient to ensure they have a voice in their care
- Held within 72 hours where possible
- Led by Advanced Nurse Practitioner (Liaison psychiatry) and supported by psychology – Tees wide Personality and Relational Service
- Formulation and development of individualised plan which improve patients experiences and enhance staff understanding of those who repeatedly self harm

THE PLAN

- Shared with A&E
- Includes summary formulation, description of acute and chronic risk patterns and gives advice on how best to work with the person when in crisis.
- Can be held by the patient as well as services involved which enhances a sense of empowerment and responsibility.

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**Celebrating 70 Years of Progress in
Mental Health across the North of England**