Psychological Care of Patients With Post Traumatic Stress Disorder (PTSD) following Intensive Care Unit (ICU) Psychosis

NHS

Critical Care Rehabilitation and Follow up Team (CCRAFT)

Patients who have had an admission to ICU for more than 3 days are followed up on the ward by the CCRAFT. This team comprises of an outreach nursing sister, Consultant Intensivist, rehabilitation assistant and physiotherapists.

This shows some of the problems patients face post ICU:

This presentation gives an overview of the Patients Journey and was initially delivered to the ICU medical team. http://www.southwestyorkshire.nhs.uk/critical-care-rehabilitation/

Rehab begins during the patient's admission. Following transfer to the ward outreach includes Critical Care Outreach from the Nursing Sister and Rehab Assistant and Physiotherapists.

At **three months post discharge** the patient is invited to a follow up clinic.

This is facilitated by the consultant **intensivist**, **physiotherapy** and **nursing staff**.

The patient may have symptoms of **PTSD** or may be **anxious** and **depressed**.

Recovery may be taking **much longer than they anticipated** and the impact of disability and needing care and support are often very difficult to cope with and adjust to. This leads to a referral to the **psychotherapist** with no waiting list.

The **psychotherapist** is based in outpatients

with a service level **agreement** between the hospital and the mental health trust.

The patient is **assessed** for suitability

and offered **Cognitive Behavioural Therapy** or **EMDR**.

This demonstrates the level of distress caused by PTSD
http://www.southwestyorkshire.nhs.uk/critical-care-rehabilitation/

This gives information about the engagement and recovery of the patients and also includes a small scale survey
http://www.southwestyorkshire.nhs.uk/critical-care-rehabilitation/

A patient support group runs every two months, facilitated by staff from the unit.

A partnership between South West Yorkshire Partnership NHS Foundation Trust and Barnsley Hospital NHS Foundation Trust