







In 2017 Chilypep worked with young people from STAMP to create a short film around suicide prevention. This film details the lived experiences of young people as well as 'top tips' on how to support a young person at risk of suicide. This work links to the Sheffield Suicide Prevention Strategy 2017.

Do not ignore or dismiss people who self-harm

Young people's 'do's and don'ts' for suicide prevention

Chilypep's STAMP group are a group of young people trained to be **Young Commissioners for**Mental Health Services in Sheffield under the Local Area Transformation Plan.

Visit the link below to watch the suicide prevention film;

https://youtu.be/f1kDo2xDpvo

The film was launched alongside the **Sheffield Suicide Prevention Strategy** which young people's voices influenced. To download the strategy, follow the link below;

https://www.sheffieldfutures.org.uk/wp-content/uploads/2017/03/Suicide-Prevention-Pathway-SML.pdf







