

# Moving towards a North East and North Cumbria (NENC) Integrated Care System for Mental Health: Why child health is our priority

**10%** children aged 5-16 years suffer from a clinically significant mental health illness

**25%** of children who need treatment receive it

**50%** of those with lifetime mental illness (excluding dementia) will experience symptoms by the age of 14

**75%** of those with lifetime mental illness (excluding dementia) will experience symptoms by the age of 24

**5 x** maternal depression is associated with a 5 fold increased risk of mental health illness for the child

**1.3 x** boys aged 11-15 years are 1.3x more likely to have a mental illness compared to girls aged 11-15 years

**60%** of looked after children have some form of emotional or mental health illness

**18 x** young people in prison are 18x more likely to take their own lives than others of the same age

**24.9 %** children under 16 in poverty across the North East

**442.9** Hospital admissions as a result of self-harm DSR per 100,000 population aged 10-24 (England 430.5)

Local Authority spend on children and young people's services (excluding education): (£000s)

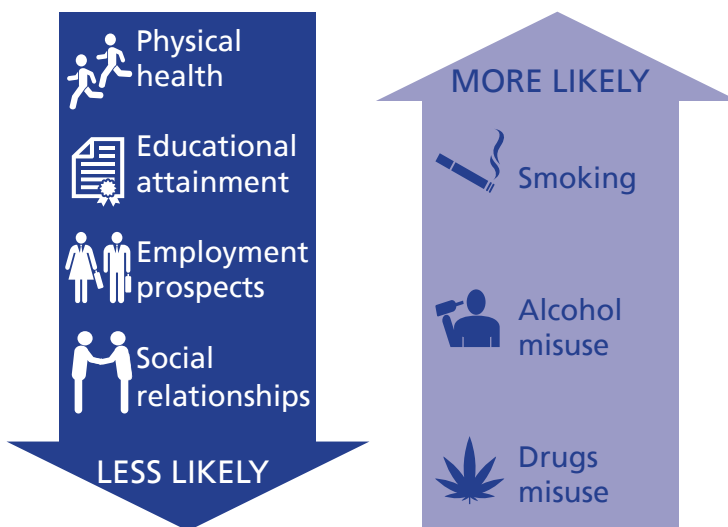
£ per 10,000 aged 0-17: North East 9595 (England 7789)

Spend (£000s) on Youth justice: rate £ per 10,000 aged 0-17: North England: 464 (England 230)



**We need this campaign for better CYP mental health services now!**  
Francesca Reed  
UK Youth Parliament

75% of mental illnesses occur before the age of 18 years. Mental illnesses are illnesses in their own right, and people experiencing them also experience poorer social and physical health outcomes.



About 695,000 children aged 5 to 16 years in England have a clinically significant mental health illness.

- Anxiety**  
39,500 children aged 5-16 years affected
- Depression**  
10,800 children aged 5-16 years affected
- ADHD**  
18,900 children aged 5-16 years affected
- Conduct disorder**  
68,100 children aged 5-16 years affected

