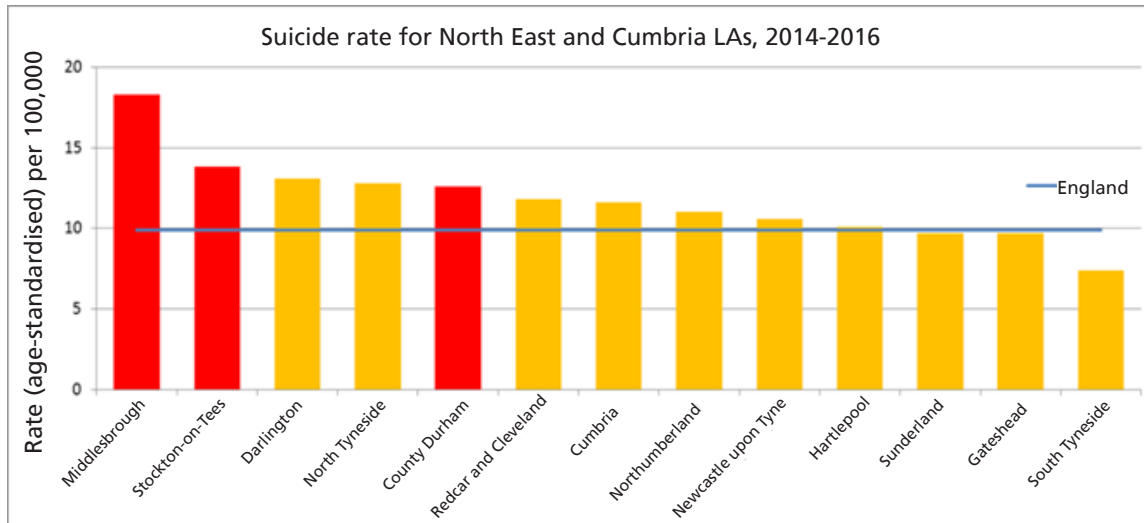


Moving towards a North East and North Cumbria (NENC) Integrated Care System for Mental Health: Why suicide zero ambition is our priority



Suicide rates are highest among ages 40-54.

North East has highest suicide rates in Britain.

In 2015, there were 6,188 deaths in the UK where the cause was determined as suicide. The suicide rate in the UK has fallen by 26% since 1981. The rate has not changed substantially since around 2003, though it is slightly higher now than its lowest point in 2007.

847 – the total number of people in the North East who lost their lives to suicide between 2013 and 2015



Among men aged 20-29, suicides make up over 30% of avoidable deaths.

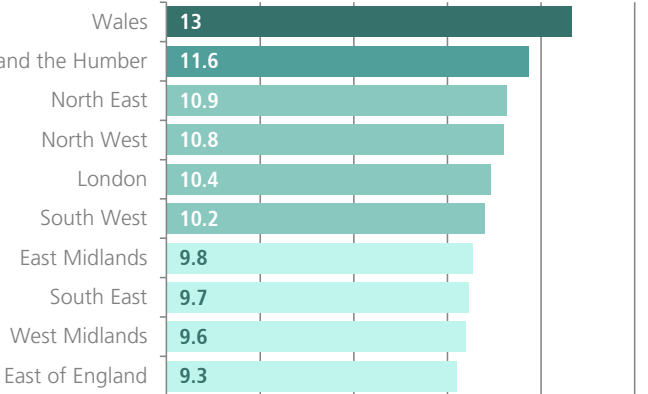
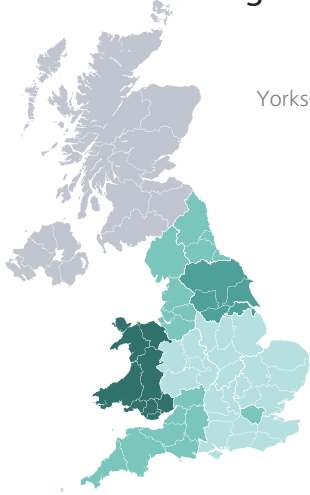
Among women aged 20-34, suicide is the most common cause of death.

Among men aged 20-49 suicide is the most common cause of death.

Excluding mental disorders and diseases of the nervous system, the highest relative rates of death in mental health service users compared to the rest of the population, are due to external cause, this includes, injuries, burns, substance misuse, hypothermia and suicides.

11.7 times higher in males, 7.1 in females

Within England and Wales rates of suicide were highest in Wales and Yorkshire and Humber



Source: <http://ow.ly/33eN3040FO0>