

YOUTH IN MIND

Children and Young People's Integrated Mental Health Service

Bradford City, Districts, Airedale, Wharfedale and Craven

This integrated, community-based mental health service is a partnership between health, local authority and voluntary & community sector services:

- **Bradford District Care Foundation Trust** – Specialist CAMHS
- **Bradford Council Youth Service** – Buddies, 1to1 for 12 weeks
- **Barnardo's** – WRAP 10-Week Programme, peer support model
- **Yorkshire Mentoring** – Volunteer Mentors, 1to1 for 6 months
- **MYMUP** – Digital Platform, self help tool, 12 months access



In 2017-18 Youth in Mind supported 480 young people through a mix of one to one, group work and digital support. Youth in Mind was offered to young people who were on the waiting list for Specialist CAMHS or who required low level support to step down from Specialist CAMHS. Consequently, the number of young people on CAMHS waiting list, and the average waiting time from referral to treatment have reduced.

In 2018-19 Youth in Mind will be accessible for young people with lower level needs, who do not meet the threshold for Specialist CAMHS. School Nurses and Children's Social Care will be the primary referral routes for this cohort.

Please follow this link to an online presentation about Youth in Mind <https://1drv.ms/p/s!AvAmkfvqB4SscJqO02mTqzQrtZU>



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Celebrating 70 Years of Progress in Mental Health across the North of England