

## An example of good practice from the Northern England Clinical Networks: Community Eating Disorders Services (CEDS) Network

### Background

In July 2015, the Community Eating Disorder Services Access and Waiting Time Standards for Children and Young People's Services (CEDS AWTS for CYPS) were published. The publication of these standards heralded a change in how services were delivered and funded within CYPS, aligning with the CYPS transformation set out in the government's policy 'Future in Mind'. Funding for the enhanced provision was allocated to CCGs for the commissioning of services in line with the requirements and standards set in the document. A key element within the document is the reporting of progress to NHS England by provider trusts via quarterly data submissions with Key Performance Indicators.

### The CEDS Network

In anticipation of these standards, the Northern England Clinical Networks (NECN) established the CEDS Network in November 2014 which has since met quarterly. This has been carried out in close partnership with national expert Dr Rachel Bryant-Waugh, co-author of national CEDS standards. The Network seeks to ensure all partners within the system, including commissioners and providers, are aligned and hold a shared understanding of the work required to improve AWTS and CEDS more generally. In addition to addressing national standards, the Network has identified regional areas of work, including improved care for the physical symptoms experience by patients with eating disorders in paediatric care, the challenges of delivering care in both urban and rural localities, and working with Public Health England to ensure healthy eating messages consider the potential impact they may have on eating disorders related issues.

### Impact

Since inception, NHS England have observed improvements in the CYP CEDS access and waiting time rates and reporting across North Cumbria and the North East (NECN's regional footprint), and have identified this area of work as an example of good practice to share nationally. A report of this work is available on the NECN's Mental Health Network webpage. To date, we have run four CEDS events, and are currently planning a 'CEDS5'.

### Contact



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