



July 2019

Reflect on your ten 30 day challenges as part of your REVALIDATION



This is the last 30 day challenge!
How did you get on?

Here's a recap of some of our highlights...

After being short-listed in the national hackathon led by Horizons at the RCN Congress in May 2018 **we changed circulation of our Care Together Share Together newsletter from bi-monthly to monthly to promote the 30 day Challenges across health and social care.** We used the newsletter to encourage ambassadors to sign up. **Did you?** You still can join via facebook link and Twitter link here: <https://horizonsnhs.us18.list-manage.com/subscribe?u=b48003ef85ed66462c015a486&id=829d76a63a>

Breaking the Rules: A team of care home managers and proprietors, CCG and NHS England colleagues talked about **how social care colleagues can demonstrate they improved services** after attending conferences, meetings and shared learning events. A suggestion was to adapt the NMC reflective account form to share with CQC and others assessing their service. [See the back page for our example](#)

How to contact us

Our team of NHS England (North) Care Sector Leads support the Independent Care Sector and encourage quality improvement initiatives, preventing delayed transfers of care and improving the flow of care sector clients through hospital systems. **Contact any of us to share your news highlights:**

Lancashire & South Cumbria:

Annlouise Stephens

annlouisestephens@nhs.net

Cheshire, Merseyside, Warrington &

Wirral: Suzanne Noon

suzanne.noon@nhs.net

Humber, Coast & Vale, West Yorkshire and South Yorkshire & Bassetlaw:

Stephen Stericker

Stephen.stericker@nhs.net

North region: Gil Ramsden

gil.ramsden@nhs.net

Greater Manchester Health and Social Care Partnership:

Janine Dyson, janine.dyson@nhs.net

Durham, Darlington, Easington, Sedgefield & Tees,

Hambleton, Richmondshire & Whitby, Northumberland,

Tyne and Wear and North Cumbria:

Ken Haggerty and Kathryn Dimmick

k.haggerty@nhs.net &

k.dimmick@nhs.net

Are you GDPR ready?

You can demonstrate you are by completing the data security and protection toolkit (DSPT)

If you want to know more about it contact our DSPT Team:

DSPT Team email for the North region: England.DSPTNorth@nhs.net





Queen's honour for our Chief Nurse North

Margaret Kitching, Chief Nurse for the North, was awarded an MBE for her services to Nursing in the New Year Honours list for 2019. Margaret's investiture took place in May, recently our NHSE comms caught up with her to find out about the big day.

Margaret said: "I am truly honoured to receive an **MBE for my services to Nursing**, I am very privileged to be a Nurse and proud of the profession. I had a fantastic day at Buckingham Palace, made more memorable by receiving my MBE from Prince William. The whole experience was amazing and I would like to thank everyone for their lovely messages."



Congratulations Margaret; we are thrilled to bits for you!

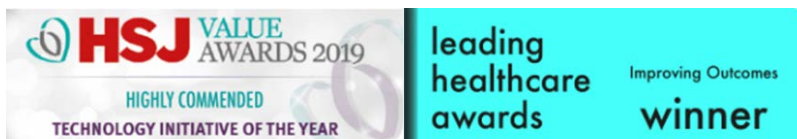
Alison Redhead, Home Manager at Minster Grange, York would like to acknowledge the immense hard work put in by the team at NHS Vale of York CCG and achieved 100% sign up to the Capacity Tracker.

Sarah Fiori, Senior Quality Lead and Sam Vero, Business Support Administrator have worked so hard to push, pull, persuade, convince, coerce and drive this project with great charm and to great effect.

The Capacity Tracker team here at NHS England and North East Commissioning Support Unit (NECS) wholly agree.

Great team effort Sam and Sarah!

The NECS Capacity Tracker was **highly commended at the HSJ Value awards** in the category of **Technology Innovation of the Year 2019**



Thank you to all those who have and continue to support this work



Is **March 2020** in your diary?

Get it in there now and be ready for

Axe the fax

THINK:

How will you communicate with discharge teams, hospital colleagues, pharmacies GPs and others..?



Join these webexes to get started

Watch a presentation showing how to complete your Data Security Protection Toolkit and learn about the benefits of NHS Mail

Already started and ready for more?

We'll re-cap Entry Level questions, help you set up your organisation's profile and go into detail about the Information Asset Register (IAR) and Record of Processing Activities (ROPA)

Book directly onto our events here:

Introduction to DSPT webex

July 5th 9.30am – 11.00am [Click here](#)

July 11th 9.30am – 11.00am [Click here](#)

July 18th 9.30am – 11.00am [Click here](#)

July 24th 9.30am – 11.00am [Click here](#)

Advanced DSPT webex

July 5th 1.00pm – 2.30pm [Click here](#)

July 11th 1.00pm – 2.30pm [Click here](#)

July 18th 1.00pm – 2.30pm [Click here](#)

July 24th 1.00pm – 2.30pm [Click here](#)

For hands on support join us at a Roadshow

To book your place on our interactive sessions contact our team at England.DSPTNorth@nhs.net

Contact us - we're here to help



Liz



Angela



Peter

Have you been working with Stuart Flanagan and wonder *who is that man?*

Here's some insight into Mr Capacity Tracker himself!

Why is Capacity Tracker so important?

Once it has been established that a person cannot return to their former home, and need either short or long term care home support Capacity Tracker is very often the ~go to system~ for health and social care professionals to identify vacancies. For me, this is important on a number of levels, it:

Helps get the right person to the right place in a timelier manner

Is part of a wider toolkit that impacts positively on delayed transfers of care

Removes a lot of the leg work for families and professionals

At a time when some families are in distress it provides a list of care homes that have suitable vacancies so friends and family members don't need to make what can feel like endless phone calls

What's the best part of your job working with the Capacity Tracker?

Meeting and collaboratively working with new people want to make a difference and have a positive impact on the lives they touch. Helping to facilitate this with the Capacity Tracker and seeing its adoption at pace across the North Region has been very rewarding.

White or Red	Has to be Red, being a life long Liverpool FC supporter
Sun or Snow	Sun, love that vitamin D boost
Chips or Roast	Crispy roast potatoes win every time, especially with beef or chicken roast
Who's your best friend	Andy Stevenson; he's a teacher in Abu Dhabi so excellent free accommodation all year around!

If you could give one piece of advice, what would it be?

DANCE

as though no one is watching

LOVE

as though you've never been hurt

SING

as though no one can hear you

LIVE

as though heaven is on earth

We all met at
North Ferriby Nursing Home for a
DSPT toolkit demo
Many thanks to Lucy Holden for setting up
and hosting the session



We've put a roller-blind over the list of resident names in the office – not only does it cover vital information when we hold meetings with different people, but it cheers up our office space too!

Should we do something different with the sign-in register?

We've replaced our sign-in register with a single page-a-day sign in sheet. It gives our guests and residents more privacy!

We've started putting the list of resident dietary requirements in a folder in the kitchen – we know where to find the information and respect our resident's right to privacy!

Wondering what happens at a DSPT Roadshow?

We share ideas

I'm glad I joined a webex before this – it's all making much more sense now!

I think we could work on this a bit more at our forums! Everyone is really keen to make this work!

Ah... they're going to record webexes – I'll be able to play one back in my own time so I can go over some of the things we talked about today as I complete the toolkit – live!

I need to know more about the asset register...

How would I manage a data breach...? Ohhh, that's how!!!

Hmmm; we've had lots of questions about the Information Asset Register (IAR) today. Lets create some new webexes – specifically about that!



Contact us: England.DSPTNorth@nhs.net

Care Together – Share Together

Skills for Care Workforce Development Innovation Fund



Want to claim funding towards the cost of qualifications and learning programmes completed between 1 January 2019 and 31 March 2020?

You can apply to cover the cost of **course fees** (or employer contributions) **and associated costs**, such as employees' salaries whilst undertaking training, coaching and mentoring costs, venue costs for the training and wage replacement costs.



Adult social care is an ever-evolving sector; this fund supports organisations to be innovative and think differently in the way they deliver their services and supports innovative projects which increase the skills and knowledge of workers to improve the quality of care provided.

Find out more about the key priorities for 2019-20 WDF at www.skillsforcare.org.uk/wdif

Priority 1	Test an approach to develop capacity for Registered Nurses to support and supervise pre-registration nursing associates and return to practice nurses, within an ethical and safe learning culture (Please note: we will accept partnership applications only for this priority)
Priority 2	Enhance the impact of your registered manager network
Priority 3	Developing future registered managers: support deputies and aspiring managers to progress
Priority 4	Improve working practices between social care and health workforces in support of integrated working

Want to sign up to the Digital Nurse Network?

Go to www.source4networks.org.uk and click [Register here](#)

Network Together

A place to enable relationships, interactions and develop your networks



Tip

Click here then type Digital Nurse Network

Proud member of the Digital Nurse Network





Care Together – Share Together

Thinking space



This month's contribution is offered by Gil Ramsden, Care Sector Lead, NHS England (North)

On 12 May, International Nurses' Day thanks are offered to all nurses for their care, compassion and commitment to our profession. At this time each year a ceremony is held at **Westminster Abbey** paying tribute to the inspiration and example of **Florence Nightingale, our founder of modern nursing**. This year **Edith Cavell** was also recognised for saving the lives of soldiers in WW1 from all sides, without distinction.

I was fortunate to attend this year's event. It was a profoundly humbling experience and I asked myself - **if I was to be presented to either of these phenomenal nurses today, how would I account for myself and how would I be received?** Have I delivered care with courage, and have my contributions to nursing honoured their memory? I think it would take much longer than my career allows to answer that question, but it is important to think carefully about my legacy.

If I was asked by either Florence Nightingale or Edith Cavell what I wanted to **celebrate** the most it would be the fact that every single day I have loved my career. I have never regretted my choice, no two days have ever been the same and **I have cared for and worked with the most remarkable people, across health and social care**. My legacy then is to inspire and ignite the next generation, after all, they will be the ones delivering my care in years to come!



Celebrating all that is good about nursing

on 12 May 2019 and throughout 2020

To become an Ambassador visit:

<https://horizonsnhs.us18.list-manage.com/subscribe?u=b48003ef85ed66462c015a486&id=829d76a63a>

The Cavell Nurses' Trust is there for nurses, midwives and healthcare assistants across the UK, both working and retired, when they are suffering personal or financial hardship. This is often due to illness, disability, older age and domestic abuse. **For help and advice contact them on 01527 595 999**

<https://www.cavellnursesrust.org/>

Working in partnership



Healthcare is complex and challenging, so **The Florence Nightingale Foundation** committed to invest in nurses and midwives, to develop them as leaders, impact change and most importantly ignite their love for the profession and do the very best for the people they care for

<https://florence-nightingale-foundation.org.uk/>



What's happening?



Dementia awareness e-learning course

This e-learning course aims to raise the awareness and skills of care staff who work with people with dementia. It aligns with Tier 1 of the [National Dementia Training Standards Framework](#), which is a requirement for all staff working in social care. It will also allow you to collect evidence towards the relevant section of the [Care Certificate](#). The course seeks to improve the wellbeing and experience of people with dementia and of the care staff working with them. It should improve your confidence in managing situations you find challenging



Check out this video featuring children asking curious questions to people living with dementia, and getting honest answers. The Alzheimers Society made it for Dementia Action Week https://youtu.be/YYnI_L3mH00

Improving Quality of Life in Care Homes South Yorkshire and Bassetlaw Integrated Care System

South Yorkshire and Bassetlaw
Integrated Care System



<https://www.healthandcaretogether.syb.co.uk/about-us/whychange/latest-news/improving-quality-life-care-homes>

Care home residents across South Yorkshire and Bassetlaw are being given specialist help to make sure they have the best possible quality of life by ensuring that the medicines they take are working for them as well as they should be. A new team, set up by the South Yorkshire and Bassetlaw Integrated Care now makes regular visits to care homes to talk to residents about their medicines and where necessary makes changes to help them get maximum benefit and minimise unwanted side effects. **The team also works with care home staff, giving them training and support to make sure medicines are given at the right time, in the right dose and for the right reasons.**

Introducing a “Compassion Meeting” for end of life care

Living well



Thinking and planning for
the end of your life

The Registered Nurse at **Brendon Care**, a registered charity dedicated to improving the quality of life for older people, led a programme to improve awareness, understanding and **use of advanced care plans with residents** in the home. The programme has resulted in improved experiences for staff, residents and their families.

Prior to the change, advanced care plans were mainly discussed and reviewed at the home's clinical team meeting which involved the resident's General Practitioner, at shift handover, and with various discussions between the resident and their family.

The registered nurse **identified the need for all staff, including agency staff and new staff, to be aware of these needs and preferences**, to fully support them in delivering compassionate, consistent care to residents, with flexibility in responding to changing needs. The registered nurse identified the opportunity to introduce a **“compassion meeting”** into daily practice. This would mean staff could discuss the needs and care of all residents at the end of their life – standardising practice to make improvements across the organisation.

https://www.england.nhs.uk/atlas_case_study/introducing-a-compassion-meeting-for-end-of-life-care/

Tweets of the Month



Share your thoughts on Twitter and we'll share them here!



#careandshare



Digital Pete @peter_grace3 · May 24

What a privilege to win this award for our Digital Health Team, and all our partners and teams that have made it possible to deliver a service that has improved access and quality for all the patients that access us. #proud @SaraDerbs15 @tandgift @tgicfnursing 🙌🙌



Dawn Orr

16 May at 19:29

Some of the highlights from our dying matters awareness week at QE Gateshead. A Celebration and Presentations of prizes for our staff who have been nominated by their colleagues for making a special contribution to patient and their loved ones care at end of life 🌟👍



+12



Bev Matthews shared a link.

Admin · 24 May at 15:43

A double celebration in 2020 ...

"WHO has announced that 2020 will be the Year of the Nurse and the Midwife. This is a once in a generation opportunity for governments to really show nurses and midwives how much they are valued, not by empty words, but by effective, decisive action to give us the human and physical resources needed to get the job done."



Lord Nigel Crisp
Co-Chair, Nursing Now and Co-Chair, UK All Party Parliamentary Group on Global Health



Annelouise Stephens @Annielou66 · May 24

HSJ Highly commended capacity tracker team #CapacityTracker



Lynsey Oates @OatesLynsey

"Why settle for being the best ambulance service in your patch when we could be the best ambulance service in the world" Please find the blog on the brilliant Ambulance QI event held in Edinburgh on the 15th May bit.ly/2McooQP 🇬🇧🇨🇪🇪🇵🇸 @ihbaines @horizonsnhs @aparker2SAS



We look forward to sharing next time...



Sharing best practice so we care better together

We are currently recruiting ambassadors for Nursing Now England

Our ambassadors are helping us to celebrate the fantastic work nurses deliver throughout the country and **encourage young people who are considering entering the profession.**

We have many exciting challenges coming up and we look forward to working with you and sharing your nursing progress.

If you would like to sign up to be an ambassador sign up here

<https://horizonsnhs.us18.list-manage.com/subscribe?u=b48003ef85ed66462c015a486&id=829d76a63a>

For more information on the Nursing Now England campaign please visit our website

horizonsnhs.com/NursingNowEngland or [#NursingNowEngland](https://twitter.com/NursingNowEngland)

On 10 September, Secretary of State for Health and Care, Matt Hancock launched 'Talk health and care'. He has invited anyone working across health and care settings to share their blogs and tell him about what you do... Help him to understand what a vital role we play and how he can help too.

Use this link to join in the conversation...

https://dhscworkforce.crowdcity.com/?utm_campaign=761943_End%20of%20week%201%20-%20workforce%20engagement&utm_medium=email&utm_source=Department%20of%20Health&dm_i=3ZQO,GBX3,26DZHX,1QQSU.1

We want to celebrate International #Hellomynameis... day on

23 July 2019

Email your ideas to help raise awareness of the campaign



or suggest fund raising activities to gil.ramsden@nhs.net



Tell us how you are working with GPs, pharmacists, hospices and hospitals to plan the end of the fax we'll share your ideas here!

Email our DSPT Team
England.DSPTNorth@nhs.net

[#careandshare](https://twitter.com/careandshare)



Reflective accounts form for health and social care colleagues

More information about Registered Nurse Revalidation can be found at <http://revalidation.nmc.org.uk/download-resources/guidance-and-information>

Registered nurses must use the mandatory Nursing & Midwifery Council reflective account form to record your reflections and how they relate to the Code, but this template is a useful reminder of thoughts and ideas triggered at learning events for all health and social care colleagues.

What was the nature of the learning activity and / or feedback event?

What did you learn from this activity?

How did you change or improve your way of working as a result?
Think about yourself, the people you care for, the people you work with and the organisation you work in

How is this relevant to the NMC Code or your own organisational philosophy?

Select one or more themes:

Prioritise people - Practise effectively - Preserve safety - Promote professionalism and trust

Follow up
Keep reviewing your pledges and improvements and make comments below about how they impacted change