Every person working in the NHS has a duty to reduce risks which could harm patients. Staff, leaders and managers can work together to devote resources for continual learning and the improvement of patient care.

Join sign up to the campaign and set out the actions that you and your organisation will take.

The five pledges are:

1. **PUT SAFETY FIRST**
2. **CONTINUALLY LEARN**
3. **HONESTY**
4. **COLLABORATE**
5. **SUPPORT**

By working together we can potentially reduce the risk of avoidable harms by 50% and save 6,000 lives over the next three years.

To find out more, you can visit www.england.nhs.uk/signuptosafety or follow us on Twitter @SignuptoSafety and #SignuptoSafety
**Venous thromboembolisms**

Every new *venous thromboembolism* increases a hospital stay by around 8 days*.

£2,888 (average cost per patient)

1 year of savings could mean:

More time for you to care

Up to 1,030 more nurses

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**Pressure ulcers**

Every new grade 2-4 *pressure ulcer* increases a hospital stay by around 12 days*.

£2,549 (average cost per patient)

1 year of savings could mean:

More investment in training

Up to 950 more nurses

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**Urinary tract infections**

Every catheter-induced *UTI* increases a hospital stay by around 10 days*.

£2,523 (average cost per patient)

1 year of savings could mean:

A better workplace for you

Up to 1,300 more nurses

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**Hospital falls**

Every *hospital fall* increases a hospital stay by around 3 days*.

£1,215 (average cost per patient)

1 year of savings could mean:

More equipment on wards

Up to 690 more nurses

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Sources: The figures used are estimates for illustrative purposes based on the prevalence of harm included in the NHS Safety Thermometer, England 2013-14 which provides patient harms across a wide range of care settings. They are based on snapshot prevalence rather than the incidence of harm. Cost of harm: NHS reference costs 2012-13. Nurses’ salary: Unit cost of health and social care 2013.

*Hospital stays: Spyropoulos et al 2006; Raleigh et al 2008; Lagoe, Johnson & Murphy 2011; and NHS Safety Thermometer 2013/14.