**YOUR ANNUAL HEALTH CHECK LETTER**

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|  | Hello, my name is K and I work at your doctor’s surgery  I would like to meet you and complete your annual health check |
|  | Annual health check is when we talk about your health  You can ask someone to join a health check with you; a carer or a friend |
|  | You can prepare for a health check by completing a form I sent with this letter  If you need support with the form, ask someone you trust to help  If you cannot complete the form, that’s OK. |
|  | Annual health check will last about 1 hour |
|  | At the end of the health check, I will tell you what happens next |
|  | Please contact me to make an appointment.  My email:  My phone number:  *(This number will not cost you more than usual)* |
|  | I look forward to hearing from you.  Thank you. |