**YOUR ANNUAL HEALTH CHECK LETTER**

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|  | Hello, my name is K and I work at your doctor’s surgeryI would like to meet you and complete your annual health check  |
|  | Annual health check is when we talk about your healthYou can ask someone to join a health check with you; a carer or a friend |
|  | You can prepare for a health check by completing a form I sent with this letterIf you need support with the form, ask someone you trust to helpIf you cannot complete the form, that’s OK. |
|  | Annual health check will last about 1 hour |
|  | At the end of the health check, I will tell you what happens next |
|  | Please contact me to make an appointment.My email: My phone number: *(This number will not cost you more than usual)* |
|  | I look forward to hearing from you.Thank you.  |