

### How to register:

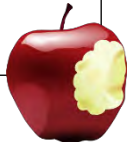
1. Access the website: [www.cdep.org.uk](http://www.cdep.org.uk)
2. Click on the link: SIGN IN/REGISTER
3. Under NEW CANDIDATE REGISTRATION enter your EMAIL address, (this can be work or personal) and click CREATE ACCOUNT.
4. On the next registration page, choose a secure / memorable PASSWORD, then input the REGISTRATION KEY CODE: **SWCVCN** \*If this code is not entered, you will be automatically passed to CDEP's payment page. If this does occur, please contact [CDEP](http://www.cdep.org.uk) for support.

### How long will it take me to complete a topic?

Each topic has a different number of competencies and therefore average length of time differs from 45 mins (Promoting self-care) to 5 hours for Nutrition & Physical Activity, but on average it is 1-2 hours.

### CDEP is designed to do in 'bite-sized chunks'

Just log in when and where you can and do a few competencies within a topic – one can take as little a minute to do. Once a competency is finished, it will automatically be saved, so none of your work will be lost if you dip in and out!



### Where should I start?

CDEP currently offers 15 topics. People may start where-ever they choose as there is no particular order that needs to be followed.

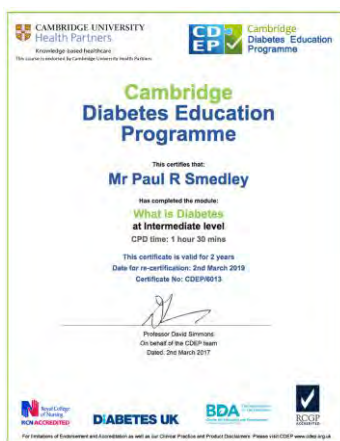
'What is Diabetes' is a good introduction to diabetes.

### Topics include:

- What is diabetes
- Hypoglycaemia
- Hyperglycaemia
- Oral Therapies
- Injectable Therapies
- Foot Care
- Nutrition (TREND)
- Blood glucose and ketone monitoring
- Promoting self-care
- Pre-conception care
- Screening, prevention & early detection of type 2 diabetes
- Nutrition & Physical Activity (QoF DM13 requirements)
- Managing diabetes in hospital
- Managing diabetes in residential or nursing home care
- Carbohydrate counting and insulin injection dose adjustment

### Do I have to complete all the topics to generate a certificate of diabetes competency?

No, once you finish a topic you can generate a certificate of competency for that specific topic.



### Help is always on hand...

There are learning resources available to support you and they can be assessed before, during or after the competency assessments.

Or contact us: [candice.ward@addenbrookes.nhs.uk](mailto:candice.ward@addenbrookes.nhs.uk)