

Sent on behalf of Sandra White National Lead for Dental Public Health, Public Health England

Dear colleague

I wanted to let you know that revisions to DBOH will be published today on:
<https://www.gov.uk/government/publications/delivering-better-oral-health-an-evidence-based-toolkit-for-prevention>

Details of the changes are listed below. In addition, PHE are currently planning to review the methodology of developing the toolkit in preparation for the publication of version 4. We are planning to set up the process during 2017/18 with a publication of version 4 in 2018/19.

In response to recent revised guidance 2 sections of Delivering Better Oral Health (DBOH) version 3 have been updated:

- **Section 4 Healthier eating advice** and relevant summary tables: to reflect the Scientific Advisory Committee on Nutrition (SACN) Carbohydrates and Health report (2015)
- **Section 8 Alcohol misuse and oral health** and relevant summary table: to include The Chief Medical Officer for England guidelines on lower risk drinking. This is further supported by an online training module for anyone wanting the knowledge and skills to deliver very brief alcohol consumption advice: <https://www.alcohollearningcentre.org.uk/eLearning/IBA/>

In addition, **2 NEW DBOH factsheets** will be published which summarise the key actions for oral health improvement for adults and children.

DBOH is a key source of evidence based advice for dental teams and wider professional groups.

Kind regards

Sandra White
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