

A summary and overview of the Learning Disability Annual Health Check electronic clinical template (2017)



This document provides a content summary and overview of the new National Electronic Health Check template for people with learning disabilities, agreed as part of the GP contract to be initiated from April 2017. The National Electronic Health Check clinical template for people with learning disabilities is to be made available to GP Practices through their GP IT system provider; work is underway to facilitate such. The template offers GP's a systematic approach to the Health Check which is code based, drawing on the existing patient record. This means that the structure of the template (dependant on IT system) can adjust according to the individual patient, for example screening questions will be gender and age appropriate and will only appear for eligible patients; similarly immunisations will be drawn from the existing record whereby current requirements can be determined.

The template has been designed to cover four screens on most systems (this summary content overview covers more pages due to layout restrictions), the first two screens can be completed by any appropriately qualified non-medical practitioner, the last two screens are to be completed by a GP or other suitably qualified practitioner. Example screenshots from the development and pilot phases of the template (in EMIS) are provided as an annexe to this summary.

The template contains coding options for selection in each section, with clinical judgement being applied as to appropriateness; selected free text boxes and action coded options will be pulled through to appear in an automatically generated Health Check Action Plan upon completion of the Health Check. The template and this summary contain prompts throughout, which appear in Red.

The template has been developed and piloted in practice by GP's, Learning Disability Nurses and technical staff; it has been through a rigorous review as part of the GP Contract negotiations. The template meets the requirements of the Enhanced Service and incorporates all aspects of the recently refreshed Cardiff Health Check; an updated Step by Step guide to the Health Check is due to be published by RCGP that will support this template.

Thanks to contributors from NHS England, Herts Valleys CCG, RCGP, South West Primary Care Liaison Network, Inclusion Gloucestershire and many individuals and organisations who have given of their valuable time and expertise.



Screen1

Consent - Includes coding for:

- Capacity Assessment For Information Sharing
- Consent For Electronic Record Sharing

For SCR with Additional Information

To Share Data with Specified 3rd Party

To Share Data with 3rd Party Details plus free text

Support & Patient Information

Includes coding for:

- Under care of social services
- Social worker involved
- Keyworker Details plus free text

Remember to include any specialist teams e.g. Learning Disability Team

 Has A Carer - Carer's details free text

Remember to record carer demographic details and offer Carer Health Check & Flu Immunisation where appropriate

- Emergency contact details
- Patient Support / accommodation plus free text

Record any recent or planned moves

- Personal Status
- Employment

Disability Details - Includes coding for:

- Disability Severity
- Autism

Specific Syndrome Check - Includes coding for

- :Specific Syndrome Comments plus free text
- Down's Syndrome Diagnosis only appears if the patient has a Downs syndrome diagnosis
- Congenital Heart Disease (P68 Congenital Heart Disease)

Consider specific interventions indicated by syndromes present. If the patient has Down's syndrome please ask other family members, carers or care workers (as appropriate) about any changes that might suggest the need for an assessment of dementia such as:

- Change in behaviour
- Forgetful

14 -17 Years Only

Education, Health & Care Plan (EHC) was formerly known as Statement of Special Educational Needs (SEN) – see RCGP Step by Step guide

Includes coding for:

- Child Status (Looked after child) Child Support
- Education, Health & Care Plan-Based Care
- Education
- Under Care Of (e.g. Paediatrician, Mental Health team etc.)

Immunisations & Allergies

People with learning disability should have the same regimes as others and the same contraindications apply, except for the following, which all people with a learning disability are entitled to. Includes coding for:

- Season Influenza Vaccination
- Pneumococcal Vaccination

Pneumococcal Vaccination as guided by Green Book indications

Hepatitis B Vaccination

Hepatitis B is indicated if patient lives in shared accommodation. A high risk of hepatitis 'B' has been seen in the population of individuals with learning disability living in residential accommodation.

- HPV
- MMR
- Allergies



Free text is provided throughout this section for advice that is to appear in Health Action Plan for the patient - **Use simple text**.

Additional Support Needs and Reasonable Adjustments

- Consider time, environment, communication & additional health needs
- Remember Accessible Information Standards
- Include this information in all referrals

Includes coding for:

- Reasonable Adjustment
- Communication
 - o Level
 - Assistance
 - Details plus free text
- Seen by Speech & Language Therapist

Lifestyle & Health Promotion

Includes coding for:

- Patient Diet Patient advised re diet
- Exercise Level Patient advised re exercise
- Smoking Status Smoking cessation advice
- Alcohol Consumption Patient advised about alcohol
- Substance misuse Lifestyle advice regarding drug misuse

Functional Life Skills

Includes coding for:

Mobility

If the patient is immobile, consider postural care needs – see RCGP Step by Step Guide

- Postural Care Needs (free text):
- Mobility status
- Mobility Support
- Mobility Advice
- Walking Aid Use Details plus free text
- Under Care of physiotherapist

Daily Living Skills

- Eating
- Hydration
- Dressing Ability
- Bathing
- Toilet Dependency
- Seen by occupational therapist
- Daily Living Support



Screen 2

Sexual Health & Contraceptive Advice

Includes coding for:

- Sexually Active
- General contraceptive advice
- Advice given about risks of unprotected sexual intercourse
- At risk of sexual abuse
- At risk of sexual exploitation

Screening - Includes coding for:

Bowel Cancer Screening - Age Range 60 to 75

• Bowel Cancer Screening - Advice given about bowel cancer screening programme including Easy Read Bowel Cancer Screening Leaflet

Female Screening

- Health ed. breast examination
- Mammography Advice given about breast screening programme including Easy Read Breast Screening Guide
- Smear Test Patient advised to have cervical smear including Easy Read Cervical Screening Leaflet

Male Screening

- Health ed. testicular examination
- Latest Aortic Aneurysm Screening Result
- Abdominal aortic aneurysm screening offered

Baseline Assessment

Baseline assessment forms the last part of the Nurse Check or the first part of the GP Check depending on skills available. Free text is provided for advice that is to appear in Health Action Plan for the patient - Use simple text.

Includes coding for:

- Height
- Weight
- Body Mass Index
- Blood pressure reading
- Blood pressure procedure refused

Vision - guidance suggests a person should see an optometrist at least every two years

- Eyesight
- Seen by optometrist

Hearing

- Hearing
- Wax in ear
- Seen by audiologist

Dental - guidance suggests the person should see a dentist at least annually

Seen by dentist



Screen 3 - GP Section - Start of GP Section

Symptoms

Use clinical judgement in completing the template. The symptom areas have the option of 'no symptom' at the end of each section, or in the individual dropdown lists.

<u>General Symptoms</u> Check if patient or their carer has any specific concerns or worries – includes free text box to record for Health Check Action Plan

General Symptoms

Respiratory

Be especially concerned if frequent chest infections occurring - consider aspiration and other causes of excess chest infection e.g. reduced immunity.

Includes coding for:

- Asthma
- Chronic Obstructive Pulmonary Disease
- Persistent cough
- Blood in sputum haemoptysis
- Abnormal sputum
- Breathlessness
- Wheezing
- History of acute lower respiratory tract infection
- No respiratory symptoms

Gastro-Intestinal

Be aware of the possibility of unrecognised reflux oesophagitis as a cause of weight loss, sleep disturbance, undefined pain, behaviour change or dyspepsia.

Includes coding for:

- Dysphagia
 If a patient has a cough or choking during eating, consider a SALT swallow assessment
- Indigestion Symptoms / Dyspepsia
- Constipation Symptom
 Constipation is a frequent cause of unnecessary hospital admission
- Diarrhoea
- Bowel Assessment
- Rectal Bleeding
- Weight Symptom

Women's Health - Female Only

Includes coding for:

- Menarche
- Menstruation disorders
- Menopause symptoms present

Premature menopause is common in Down's syndrome.

Menopause Advice

Bladder

Includes coding for:

- Bladder Continence
- Urinary Symptoms
- Seen by continence nurse

Central Nervous System

It is often difficult and not relevant to perform a full neurological examination, however people with a learning disability are particularly prone to abnormalities in vision, hearing and communication - a change in function would suggest further investigation is necessary.

- Any Neurological Symptoms
- Stroke
- TIA
- Seen in neurology clinic



Epilepsy - Includes coding for:

- Epilepsy
- Seizure Frequency
- Specialist Epilepsy Care (e.g. Under care of psychiatrist /Under care of neurologist)
- Date of last specialist review
- Advice About Epilepsy and monitoring

Includes free text box - record any concerns, medication side effects, increase / decrease or change in seize type.

Cardiovascular System

Includes coding for:

- Chest pain on exertion
- Dyspnoea
- Nocturnal dyspnoea
- Ankle swelling
- Palpitations
- No cardiovascular symptom

Consider implementing Cardio-metabolic pathway (see RCGP Step by Step guide)

Diabetes

Includes coding for:

- Diabetes
 - Follow Diabetes standard monitoring guidance with Reasonable Adjustment
- Latest HbA1c (If not in last 12 months consider test request)
- Latest Diabetic Retinopathy Screening

Musculoskeletal

Remember people with reduced mobility /profound & multiple learning disabilities are at high risk of osteoporosis and may need postural care

Includes coding for:

- Advice about posture
- Musculosketal Symptoms
- Osteoporosis / At risk of Osteoporosis

Foot

Consider condition of feet as indicator of general quality of care provision

Includes coding for:

- Foot Deformity
- · Advice about foot care
- Under care of podiatrist

Additional Symptoms

- Chronic pain
- Dermatology



Screen 4

Behaviour & Mental Health

Consider possible physical causes of changed behaviour such as pain, reflux or sensory changes.

Includes coding for:

- Mental health review / status
- Sleep

Consider sleep apnoea

- Self-harm
- Suicide Risk
- Behaviour
- Dementia

Consider early on-set dementia particularly in Down's syndrome

- Personality Disorders
- Complex Mental Health Conditions
- Under Care of Mental Health or Community LD Team

<u>Examination & Measurements</u> - Includes coding for:

- Examination of respiratory system
- Pulse rate
- Pulse Rhythm
- Heart Sounds
- Exam. of digestive system
- Examination of skin
- Decubitus (pressure) ulcer (M270 Decubitus (pressure) ulcer)
- General observations

General Observations are available so other clinical observations can be recorded e.g. orthopaedic / neurological exam

Latest Test Results

Consider clinically relevant blood tests according to current guidelines. Consider point of care testing as appropriate – see RCGP Step by Step Guide

Remember also:

- Lithium and anti-epilepsy drug levels
- Vitamin D if on AED
- FSH in prolonger amenorrhoea
- PSA (if indicated)
- CRP (if indicated)
- Stool H pylori antigen (if indicated)

The following headings will appear and will be self-populating from the record if blood tests have been done

- Hb1Ac
- Serum Cholesterol
- Full Blood Count
- Serum HDL cholesterol level
- Thyroid Function Test
 Regular thyroid function test required for all
 patients with Downs Syndrome.
- Urea & Electrolytes
- Liver Function Test
- Urine Dipstick

Medication Review - Inc. STOMP

Consider reduction in antipsychotic medication especially if prescribed for behaviour management or where there is no diagnosis of psychosis

Consider additional drug monitoring e.g. Anti-epileptic drug monitoring.

Consider implementing Cardio-metabolic pathway (see RCGP Step by Step guide)

Consider review by pharmacist

Medication Review

Male Examination

Includes coding for:

Examination of testicle

Female Examination

- Breast Examination
- Female Pelvic Examination If Indicated



End of Life Care

Includes coding for:

- Advance care planning
- On Gold Standards Palliative Care Framework

Safeguarding

Try to take a moment alone with patient and ask if they are being hurt by anyone.

- Safeguarding Concerns
- Safeguarding Concerns Comments plus free text
- Is the person subject to DOLS

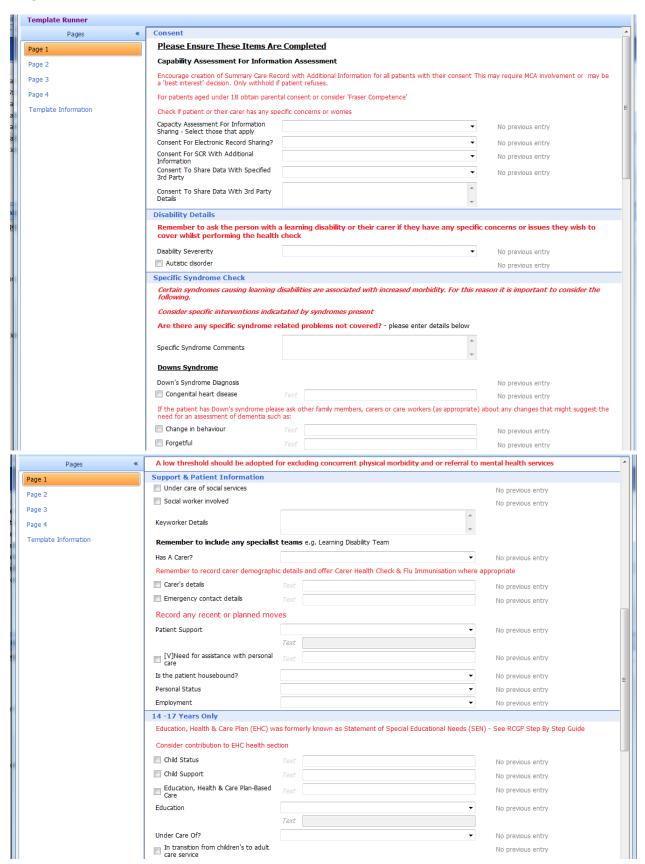


Annexe A

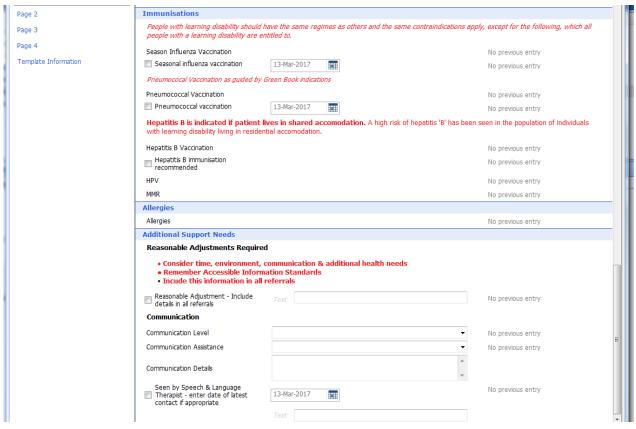
National Electronic Health Check (Learning Disabilities) Clinical Template

Example Screen Shots from Development of the Template (in EMIS)

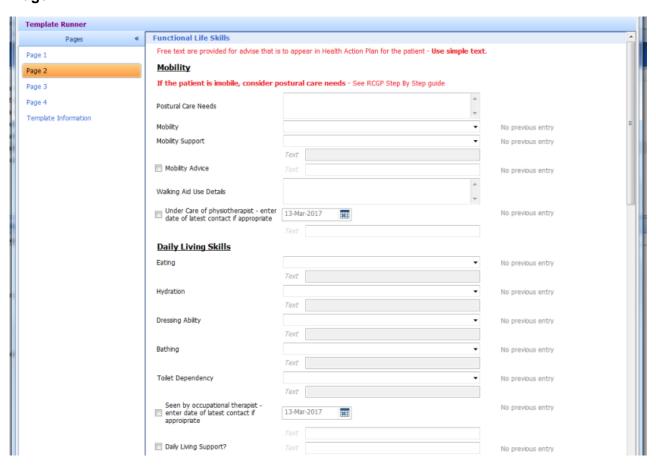








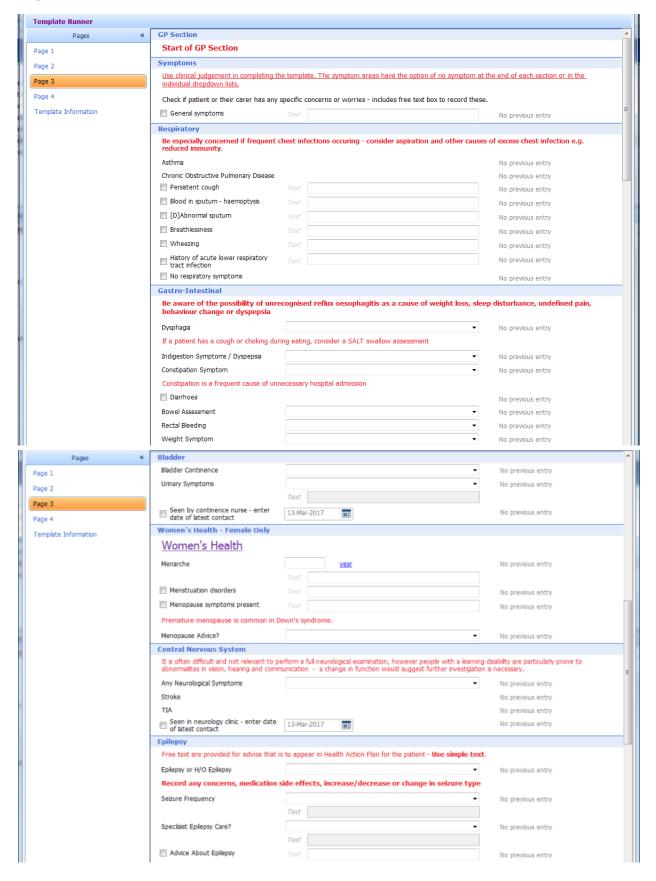
Page 2



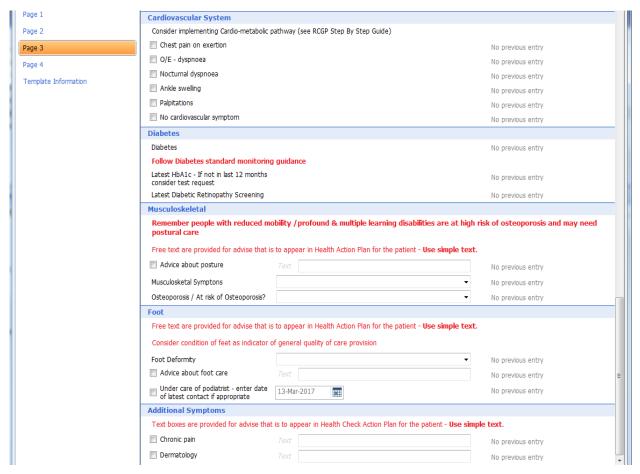


	Pages «	Lifestyle & Health Promotion				^		
Ш	Page 1	Free text are provided for advise that is to appear in Health Action Plan for the patient - Use simple text .						
	Page 2	Patient Diet		•	No previous entry			
		Patient advised re diet	Text		No previous entry			
	Page 3	Exercise Level		▼	No previous entry			
	Page 4	Patient advised re exercise	Text		No previous entry			
	Template Information	Smoking Status		•	No previous entry			
		Smoking cessation advice	Text		No previous entry			
		Alcohol Consumption		U/week	No previous entry			
		Patient advised about alcohol	Text		No previous entry			
		Substance misuse	Text		No previous entry			
		Lifestyle advice regarding drug misuse	Text		No previous entry			
			Text		No previous entry			
		Sexual Health & Contraceptive Advice						
		Free text are provided for advise that is	to appea	er in Health Action Plan for the patient - Use simple text.				
		Sexually Active?		•	No previous entry			
		General contraceptive advice	Text		No previous entry			
		Advice given about risks of unprotected sexual intercourse	Text		No previous entry	=		
		At risk of sexual abuse	Text		No previous entry			
		At risk of sexual exploitation	Text		No previous entry			
		Female Screening		,				
		Free text are provided for advise that is	to appea	ar in Health Action Plan for the patient - Use simple text.				
		Health ed breast exam.			No previous entry			
		Mammography		▼	No previous entry			
		Advice given about breast screening	Text		No previous entry			
		programme Easy Read Breast Screening Guide						
		Smear Test		•	No previous entry			
		Patient advised to have cervical smear	Text		No previous entry			
		Easy Read Cervical Screening Leaflet						
		Baseline Assessment Bseline assessment forms the last part of the Nurse Check or the first part of the GP Check depending on skills available						
		O/E - height	part or t		No previous entry			
		O/E - weight		kg	No previous entry			
		Body Mass Index		Calculate	No previous entry			
		Blood pressure procedure refused			No previous entry			
		O/E - blood pressure reading		/ mmHg	No previous entry			
				er in Health Action Plan for the patient - Use simple text.				
		According to the control of the cont	n should	I see an optometrist ever two years				
		Eyesight	Text	•	No previous entry			
		Seen by optometrist	13-Mar-2	2017	No previous entry			
			Test	-				
		Hearing						
		Hearing		-	No previous entry			
		E 0/5 mm	Text					
		O/E - wax in ear Seen by audiologist - enter date of	Text .	2017	No previous entry	=		
		Seen by audiologist - enter date of latest contact	13-Mar-2	2017	No previous entry			
		Dental - guidance suggests the person si	nould see	a dentist annually				
		Seen by dentist - enter date of latest contact	13-Mar-2		No previous entry			
		- latest contact	Test	, mu		1,12		

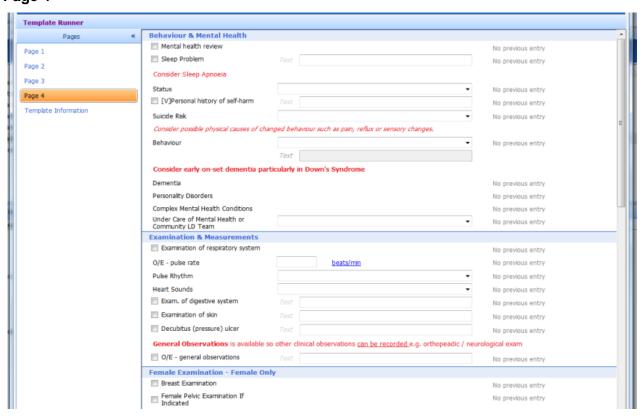








Page 4





Pages «	Latest Test Results	ing Disabilities)	Cililical Template	Guillinary		
		sts according to current gui	delines. Consider point of care tes	ting as appropriate - see RCGP Step By		
Page 1	Step guide					
Page 2	Remember also:					
Page 3	Lithium and anit-epilepsy drug leve Vitamin D if on AED	els				
Page 4	 FSH in prolonger amenorrhoea 					
Template Information	PSA (if indicated)CRP (if indicated)					
	Stool H pylori antigen (if indicated)					
	The following headings will appear an	d will be self-populating from	the record if blood tests have been d	one		
	Hb1Ac			No previous entry		
	Serum Cholesterol			No previous entry		
	Full Blood Count			No previous entry		
	Serum HDL cholesterol level			No previous entry		
	Thyroid Function Test			No previous entry		
	Urea & Electrolytes Liver Function Test			No previous entry		
	Urine Dipstick			No previous entry No previous entry		
	Medication Review			ivo previous elitry		
	Consider additional drug monit	toring e.g. Anti-epileptic dru	ug monitoring.			
	Consider reduction in antipsycles psyshosis	hotic medication especially i	f prescribed for behaviour manage	ment or where there is no diagnosis of		
	Consider implementing Cardio-	metabolic pathway - see RC	CGP Step By Step guide.			
	Consider review by pharmacist					
	Medication Review - Choose all those that apply		▼	No previous entry		
	End Of Life Care					
	Advance care planning	Text		No previous entry		
	On Gold Standards Palliative Care Framework			No previous entry		
	Safeguarding Concerns					
	Try to take a moment alone with the p					
	Safeguarding Concerns		▼	No previous entry		
		Text				
	I		_			
	Safeguarding Concerns Comments					
	Is the person subject to DOLS		¥	No previous entry		
	Learning Disability Claim Section			no previous enuly		
	Tick the box below to indicate the		Ith check has been completed fo	r the claim		
	✓ Learning disability health examination					
	Health Check Action Plan - Co		validate claim	No previous entry		
	The following sections will directly populate an easy-read Health Check Action Plan to be given to the patient					
	Therefore, use simple language and s	hort sentances				
	This demonstrates compliance with th	e Accessible Information Star	dards			
	Health Check Action Plan - For Validation Purposes		•	No previous entry		
		Text				
	Patient Goals - Tick the appropriate by		the "Health Goals For Me To Do' section	on on the Action Plan		
	Setting Patient Health Goals	Text		No previous entry		
	Review of Patient Health Goals	Text		No previous entry		