Falls prevention: a case for change

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What are the consequences of falls?

**National**
- Annual NHS cost £2.3 billion.
- >4 million beds days (England)
  - Doubles the hospital length of stay
- 70,000 hip fractures
- Unsustainable for health economy

>50% falls are preventable
- Personal injury e.g. osteoporotic fracture
  - 30-73% left with loss of confidence/independence
- Mortality (10% annual, 14000 deaths/year)
- Leading injurious cause of death in elderly

**Family/Carers**
- Huge Pressure
Population growth

A Chart Showing Chiltern CCG’s and Aylesbury Vale CCG’s Population Projection.

Source: Office for National Statistics (2016)
Falls increase with age

Bucks CCGs Falls Age 65+ vs Bucks Registered Population Age 65+

- Bucks CCGs Falls 65+
- Bucks CCGs Reg Pop 65+
Do Nothing Scenario – not an option

Ageing Population

Increase in Falls Activity

Increase in Falls cost
Strategy: Bucks

- Falls Group
- Population Education
- Care Homes
- Vaccines
- QIS: Screening, Meds Opt etc.
Working with organisations in Buckinghamshire to promote falls prevention
A chart showing Bucks CCGs admissions for Falls in any diagnosis position for people aged 65+ with baseline.
A Chart Showing the Number of Calls to SCAS Relating to Falls
Made by Aylesbury and Chiltern CCG
Benefits of a TV wide falls strategy

- Resilience
  - SCAS
  - Cost
  - Capacity in health
  - Social care

- Patient

- Family/Carers
Next steps for Thames Valley

- Raise as a priority
- System Wide Approach
- Commitment from all CCGs