

DEVON CEPN

Tuesday 15th May 2018 9:00 – 16.30

Venue: Main Conference Exeter Race Course – Kennford, Exeter, Devon EX6 7XS

Venue: Galas Awards Dinner – Southgate Hotel - Southernhay – Exeter – Devon EX1 1QF

Chair: Lorna Collingwood-Burke – Chief Nursing Officer, Devon Clinical Commissioning Groups

Agenda and Timings:

- 09.00 – 09.30 Registration and Networking/Refreshments
- 09.30 – 09.45 Welcome by Lorna Collingwood Burke – Introduction and Housekeeping
- 09.45 – 10.30 Karen Storey – Primary Care Nursing Lead for NHSE Nursing Directorate
- 10.30 – 11.15 Devon County Council - Keri Storey (Head of Adult Care Operations and Health)
- 11.15 – 11.45 Refreshments
- 11.45 – 12.15 Dr Ruth Pearce – Gender Re-assignment
- 12.15 – 12.45 Maria Bracey – Cancer across the healthcare community – new approaches to living Well with cancer
- 12.45 – 13.45 Lunch and Networking

Workshops: Please choose 2 workshops to attend at different times

- 13.45 – 14.30 Innovation Workshop – Kurt DeFreitus and Magdalena Wood – SWAHSN
- 13.45 – 14.30 Veterans Health Workshop – Elizabeth Stachow - Surg Lt Cdr RN GP Specialist Trainee
- 14.45 – 15.30 Safeguarding – Identifying the Vulnerable adult – Cate Ellison
- 14.45 – 15.30 Looking After Yourself ‘Good Grief’

Final Presentation

- 15.30 – 16.00 Jono Broad – “What have the Romans ever done for us”
- 16.00 – 16.15 Summary and Feedback

Followed by Gala Awards Dinner at 6.30 pm

This event is sponsored by our partners in the pharmaceutical industry by the provision of trade stands. Company products may be on display. The venue has been chosen for its conference facilities and no racing will be happening on the date of the conference.

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Lorna Collingwood-Burke

Lorna qualified as a nurse in 1982 at the Royal United Hospital School of Nursing, Bath and as a midwife in 1986 at the Peterborough School of Midwifery.



Lorna moved to Canada in 1987 and lived there for nearly 10 years. Midwives were illegal at the time in Alberta and so she worked as a practice nurse in a local GP practice, setting up British-style antenatal clinics for women to increase their support systems and reduce their isolation as many women lived in isolated areas. Lorna also worked in Public Health at that time too, setting up antenatal and postnatal support classes. Working in Canada gave Lorna the opportunity to experience working in a different healthcare setting whilst working in a rural areas with the larger hospitals being at least an hour away.

Whilst in Canada Lorna also set up a cooperative for local artisans to showcase and sell their artwork, pottery, jewellery and other wonderful pieces. The 'Walrus and the Carpenter' is still thriving today as a healthy business.

Before Lorna moved back to Devon had a 'gap year' travelling with her husband Tim and her 5 year old twins across Australia, New Zealand, Fiji, USA and across Canada and finally landing back in the UK.

Lorna moved to Devon with her family where she undertook a 'return to practice' course and started work as a community nurse, working very closely with the practice nurses at the Chulmleigh and South Molton practices. She went on to do a degree in community health, working in the Braunton and Barnstaple practices as part of her degree program. Later she moved into professional management in what was the North Devon Primary Care Trust, responsible for a wide range of community service, working closely with local practices.

Lorna has always been interested in business management and completed an MBA at Exeter University in 2006. Following vertical integration and a short time working in Northern Devon Healthcare Trust she left the NHS to set up her own business and successfully ran her own company for several years.

Lorna has experience of working across both NHS provider and commissioner organisation; working in and for the NHS. Her company took her across the country working with several acute and community providers, including GP practices.

Since December 2013 she has been the chief nursing officer and Caldicott Guardian at NHS Northern, Eastern and Western Devon CCG leading on the nursing and quality agenda; she provides executive leadership to key quality improvement programs of work e.g. Continuing Healthcare. In 2017 Lorna also took on the role of chief nursing officer at South Devon and Torbay CCG. Lorna also sits on the national NHS clinical commissioners' board and is the chair and board representative for the NHSCC nurse forum, representing CCG nurses across the country. She is also an executive director of DELT Shared Services Ltd which is a publicly owned private limited company, currently providing a vast range of IT services to Plymouth City Council (PCC) and NHS as its founding partners.

Lorna is married to a GP and has three children and lives in North Devon.

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Ruth Pearce – Research Fellow in the School of Sociology**Biography**

Ruth Pearce is a Research Fellow in the School of Sociology and Social Policy at the University of Leeds, UK. Her work explores issues of inequality, marginalisation, power and political struggle from a trans feminist perspective. She is currently working on an international project that explores transmasculine people's experiences of pregnancy and childbirth. Ruth's book, *Understanding Trans Health: Discourse, Power and Possibility*, will be published by Policy Press in June 2018. She blogs about her work at <http://ruthpearce.net>.

Talk summary

In this session Ruth will provide an introduction to trans identities and experiences and draw upon her research findings to explore some common problems that occur for trans people in a range of healthcare settings. The theme that links these problems is the way in which trans patients sometimes understand their gender identities, experiences and healthcare needs in a manner that contrasts with received medical wisdom. This can be overcome through sensitivity towards diverse experiences and needs.

Karen Storey – Primary Care Nursing Lead for NHSE Nursing Directorate

Karen is the primary care nursing lead in NHSE nursing directorate, leading on the general practice nursing ten point plan. Prior to this she was primary care lead nurse workforce at Health Education England West Midlands leading on Training Hubs (Community Education Provider Networks). She has held previous positions as Primary Care Nurse Facilitator in a CCG / PCT, Primary Care Access Nurse & Clinical Lead Nurse for an NHS Walk – In Centre. She has a background as a general practice nurse and advanced nurse practitioner she also qualified as an independent nurse prescriber. Karen has an

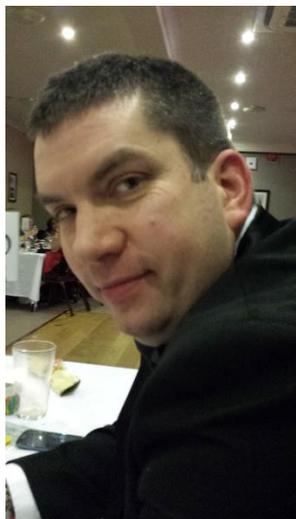
MSc in Health Studies. Karen has held various national roles to develop the HEE GPN career framework, nurse lead on the HEE primary care workforce commission *'The future of primary care creating*

Elizabeth Stachow – GP Registrar

I'm a GP Registrar in the Royal Navy. I'm currently training in an NHS practice in Lichfield (Staffordshire). I have worked as the Medical Officer (Ship's doctor) for three Royal Navy deployments, including the Gulf and South Atlantic. I'm undergoing an Academic Clinical Fellowship with an MSc at the University of Birmingham and will be undertaking research into military sexual health education.

The workshop will be focusing on Military Veterans Healthcare.

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Jonathan Broad (AKA Jono)

Jonathan Broad is patient leader and CEO of QIπ – Quality Improvement, Patient Involvement. Jonathan is himself a long term conditions patient and has many years of experience, from Primary and Secondary care to specialist centres and home care, medical and surgical Jono has seen everything in the NHS from the bed to the Board. Jono has served as an Associate Non Exec director as well as led patient groups and 3rd sector support organisations. Jono uses his personal experiences and knowledge of the health and care system to promote patient centred care and the use of patient involvement in the Trinity of Quality Improvement, Patient Safety and Organisational Cultural Change. Jono is currently a lay advisor for NHS England on Medicines Optimisation and NHS Improvement on the National Patient Safety Alerts Response Panel. Jono works closely with the SW AHSN as a faculty member for Quality Improvement.

Today Jono will share some personal stories about the caring professional he has come across and how they make such a difference to the experience patients across the system have. Nurses, I wouldn't be here without them.

Akex Aylward

Mr Alex Aylward is a business consultant specialising in soft skills required in leading and managing internal and external organisational relationships. He has been supporting doctors as individuals and in their businesses matters for over 12 years, and has visited many GP practices in Devon. He has been a lay member on the board of Devon Local Medical Committee, and been on the Governing body of NEW Devon CCG. In addition he is currently supporting British Medical Association with pilot workshops for Self Care for Clinicians, and is involved in research at Exeter and Plymouth Medical Schools. He has a particular interest in Psycho-neuro-immunology.

Title: Relationship Games.

The workshop covers how our perceptions, experience, and beliefs create psychological contracts and transactions which can have deleterious effects in our relationships. The Drama Triangle model is used to give us insights and explain how transactional relationships can become stressful and damaging with loss and grief. Ways to resolve relationship games and to prevent them are presented.

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Keri Storey

Keri started work in Exeter adult mental health services as a referral co-ordinator in 1994 and continued to work across Devon in finance, operational and commissioning roles.

Since 1998 Keri has held joint posts across health and social care, and most recently as Assistant Director Health and Social Care across Eastern and Northern Devon.

Keri now has responsibility for adult social care operations and delivery. This role also encompasses adult protection and adult in-house services

Maria Bracey

Maria Bracey completing Orthopaedic Nursing Certificate in 1982 and Registered General Nursing in 1986. Keeping abreast of ways to improve patient comfort and experience during their stay in the acute setting has led Maria to undertake further training to become an Independent Nurse Prescriber.

Maria's passion is improving patients experience and her nursing journey has led Maria to work with the Department of Health, focusing on re-designing renal services, which was then shared on her two year nursing assignment in Australia.

Maria continues to strive for ways of how to improve patient engagement, listening to concerns and providing education and information to signpost people to appropriate services across the healthcare community, which she is now achieving as Clinical Lead for *Living with and beyond Cancer* programme at the Royal Devon & Exeter Hospital.

Maria won the 2016 Plymouth University/Royal Devon and Exeter Hospital Clinical School Award for the delivery of Generic Health and Wellbeing Clinics for cancer patient with a vision to deliver care closer to home in local communities. Maria was also a finalist at the 2017 RCNI awards for implementation of Site Specific Health and Wellbeing Clinics for pre-surgical urology prostate cancer patients.

Maria who lives in East Devon with her family and Charlie her dog, is an advocate of kind compassionate care and is grateful for a wide, varied and amazing career in the NHS.